INSTALLATION INSTRUCTIONS

37029 & 4125

99 – 03 Ford F-150/F-250LD Super Cab 4 Dr. (04 Heritage old body style)

Parts List :

QTY

(1) Sidebar set
(Driver & Passenger)
(2) Front mounting brackets
(2) Front auxiliary mounting brackets
(2) Rear mounting brackets
(2) Rear auxiliary mounting brackets
(4) Large bolt plate

(1) Hardware kit including :
(4) 1/2 x 2 1/2” Hex head bolts
(4) 1/2 x 1 1/2” Hex head bolts
(12) 1/2” Flat washers
(8) 1/2” Lock washers
(4) 1/2” Hex nuts
(8) 3/8” Flat washers
(8) 3/8” Lock washers
(8) 3/8” Hex nuts

Tools Required :

3/4” Socket
9/16” Socket
3/4” Wrench
Ratchet

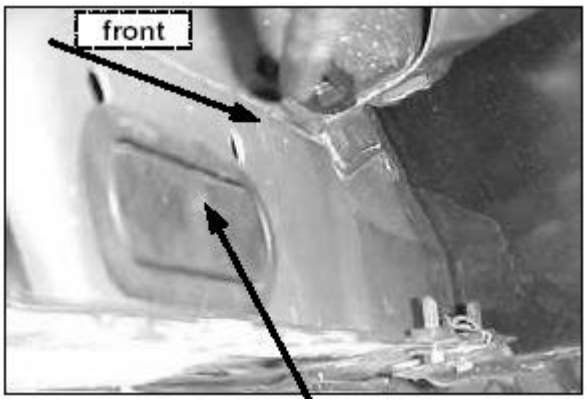
Approximated installation time: 30 min.

Instructions :

1. Read and understand instructions completely before beginning installation.
2. Sidebar set consist of a driver and passenger side. Be sure to determinate the correct side before installation.
3. Locate and remove the rubber plugs at the front and rear of vehicle on the inside of the vehicle rocker panel, as shown in Picture 1. Then insert a large bolt plate into the obround holes exposed.
4. Bolt front mounting bracket to the bolt plates using 3/8” flat & lock washers and hex nuts. Place front auxiliary mounting bracket as shown in Picture 2. Bolt to the vehicle using a 1/2 x 1 1/2” hex head bolt, flat & lock washers and hex nut. Leave loose.
5. To install rear mounting bracket, secure the bracket to the bolt plates as mentioned in the step 4.
6. To install rear auxiliary mounting bracket, insert a 1/2 x 1 1/2” heax head bolt through the square hole as shown in Picture 3, place the 1/2” bolt in the existing hole as shown in Picture 4. Secure to the vehicle using 1/2” flat & lock washers and hex nut. Leave loose.
7. Place the sidebar up to the front and rear mounting brackets. Bolt front/rear mounting brackets and the ends of front/rear auxiliary mounting brackets to the sidebar using the 1/2 x 2 1/2” hex head bolts, flat and lock washers. Leave loose.
8. Make any final adjustments to the alignment of the sidebar and tighten all bolts. Repeat for the opposite side.
9. You may need to re-tighten the bolts periodically.

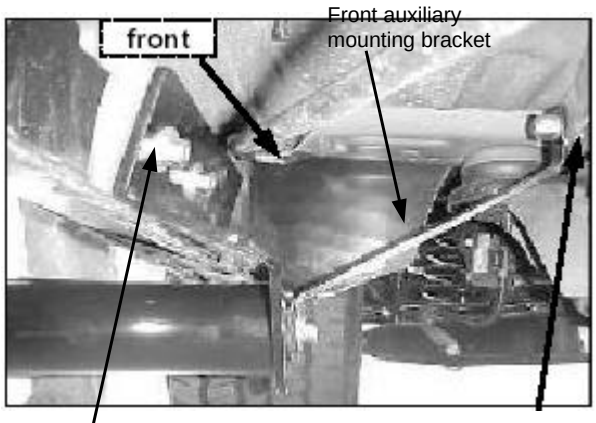
Assembly Diagram :

Picture 1



Remove rubber plugs

Picture 2



Firmado digitalmente por E. Arana
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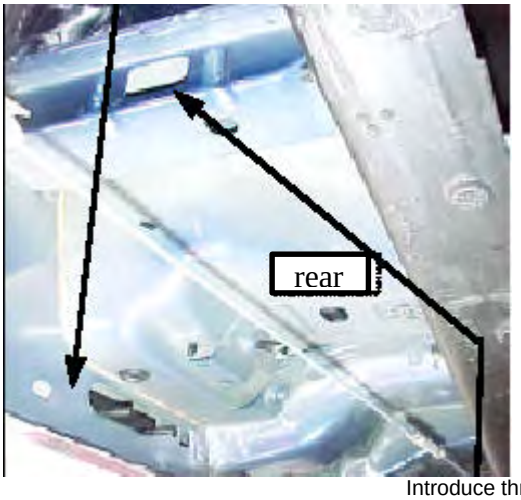
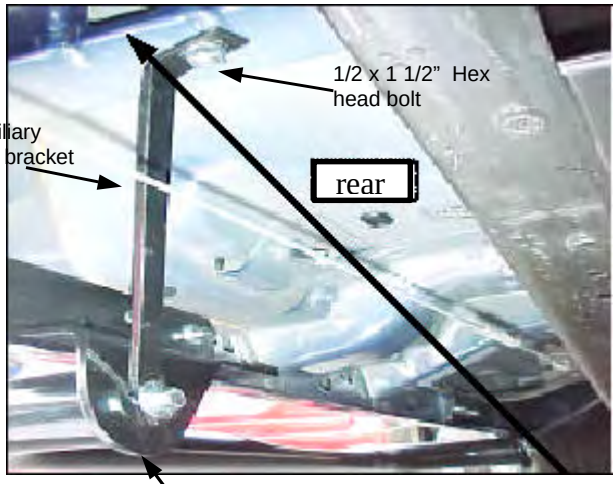
Picture 3



Introduce through here the 1/2 x 1 1/2" hex head bolt

Picture 4



Rear mounting bracket (Driver side)

Cleaning and care instructions :

Protect the finish with a non-abrasive automotive wax, (e.g. Pure Carnauba) on a regular basis. The use of any soap, polish, or wax that contains an abrasive is detrimental to the finish, as the compounds scracht the finish and cause corrosion.

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