

CRUCIAL CONVERSATIONS

LIFE Group Curriculum Week 1



This Facilitator Guide will help you lead conversation with your LIFE Group.

[Brackets] indicate simple cues for you as a Facilitator, not necessarily to be read aloud.

Play the Recap Video when your group is ready to begin.

CONVERSATION STARTER

The three aspects of a crucial conversation are:

- Opinions vary
- Stakes are high
- Emotions are strong

When are these types of conversations happening most often for you?

With extended family? Co-workers? Your spouse? A roommate?

DISCUSSION QUESTIONS

Question 1: If our human instinct is fight or flight, which one is your natural response in confrontation? Why do you think that is? Give an example.

Question 2: The fatal decision in crucial conversations is the Fool's Choice, thinking that our **only** options are:

1. Speak the truth = Lose a friend
2. Keep silent = Keep a friend

How do these options set us up for disaster in future crucial conversations?

Question 3: Read Ephesians 4:15. The options in a Fool's Choice leave us in a lose/lose situation every time. But Jesus guides us to a better option. How would your relationships be different if you chose to speak the truth in love?

Next Steps: Who do you need to call, connect with, respond to, or visit?

- Make a reminder in your phone, or write their name on your hand.
- Tell friends or family about the practical life lessons we're learning and invite them to LCBC.
- Invite someone to join your LIFE Group for this series.

PRAY

In light of Easter weekend—when Jesus died to restore a relationship with us—thank God for His love. Thank God that He sent Jesus to show us a better way to live. Ask God to help you restore your relationships through truth, love and respect.