

# Running in **CIRCLES** LIFE GROUP CURRICULUM

## Week 4

This Facilitator Guide will help you lead conversation with your LIFE Group.

[Brackets] indicate simple cues for you, as a Facilitator, not intended to be read aloud.

### Conversation Starter

Tell about a time in Middle School when you did the wrong thing just because everyone else was doing it.

[Play the Recap Video, then move into Discussion Questions.]

### Discussion Questions

**Question 1:** Who was someone from your past who tried to change you through criticism? How did you respond?

**Question 2:** Which of the 4 categories of people pleasers best fits you:

1. You are the emotional caregiver for everyone around you; you feel you own how everyone is doing.
2. You have a hard time saying no
3. You overanalyze looking for hidden meanings
4. You feel you need to be nice to everyone

**Read:** Galatians 1:10

**Question 3:** In a situation when someone is critical of you, how could you stay on mission instead of being a people pleaser?

**Question 4:** In what relationship in your life are you following the tug on the nose ring instead of leading where God would have you go? What step can you take this week to correct that?

**Pray:** God, help me to follow your lead instead of being a people pleaser.

