

# Running in **CIRCLES** LIFE GROUP CURRICULUM

## Week 6

This Facilitator Guide will help you lead conversation with your LIFE Group.

[Brackets] indicate simple cues for you, as a Facilitator, not intended to be read aloud.

### Conversation Starter

Where is the furthest place you've been from home?

[Play the Recap Video, then move into Discussion Questions.]

### Discussion Questions

**Read:** Daniel 1:3-15

**Question 1:** List some emotions Daniel and his friends might have been feeling after watching their homes destroyed and being taken away as captives.

**Question 2:** How have you seen emotion alter your perceptions and did you make a bad decision as a result?

[Print off and Hand out the [\*Who I am in Christ\*](#) sheet to your group or click on the provided PDF]

**Question 3:** Scott said "I keep these truths accessible all the time and it makes a huge difference in my life." Which 2 or 3 of these truths would make a huge difference in your life?

**Question 4:** Pull out your calendar and look for situations or opportunities this week where you can pre-decide how you will react.

**Pray:** God, remind me who I am, so when faced with decisions, I can make God honoring choices.

