

## LIFE Group Curriculum Week 5

This Facilitator Guide will help you lead conversation with your LIFE Group.
Review the Guide beforehand, and test your audio/video setup if you plan to show the Recap Video.
Note: [Brackets] indicate simple cues for you as a Facilitator, not necessarily to be read aloud.
When you're ready, begin with the Conversation Starter.

## CONVERSATION STARTER

What do you have the least patience for?

- A. Waiting in traffic
- B. Waiting for food/restaurant service
- C. Waiting for an online order/shipping
- D. Waiting for an answer/text response

Play the **Recap Video**. If you are unable to do so, move to the Discussion Questions.

## **DISCUSSION QUESTIONS**

Question 1: What is something you love to do?

[playing an instrument, building/assembling things, cooking, singing, reading, etc.]

When did that start for you? How have you fed your love for that over time?

**Question 2:** What you love to do today started somewhere, and you intentionally helped it grow over time. But what seed have you been unintentionally sowing, while expecting a different result?

- 1. Having a short temper, but hoping patience will grow
- 2. Spending recklessly, but expecting self-control (and hoping your savings will grow)
- 3. Being hostile toward him/her, but wondering why there is no peace in that relationship
- 4. Holding onto bitterness, but desiring forgiveness and freedom

**Question 3:** Read Galatians 5:22. What kinds of attitudes or decisions—what everyday actions—can help you become more patient, kind, or self-controlled? Pick one of the fruits of the Spirit that matters to you and talk about what simple steps you can take to become more like that.

**Question 4:** Read Galatians 6:9-10. Jason said that the key to simplifying our relationship with God is not to focus on the final outcome, but to do good *whenever you have the opportunity*. So when will you have your next opportunity to do good? With what person? In what place?

## **CONVERSATION WRAP-UP**

**Challenge:** How can you as a group encourage and challenge each other to not give up or give in, but to keep doing good? Spend time praying together. Be an encouragement right now.