

# STRONG START

## NEW GROUP CURRICULUM



## WEEK 1

This Facilitator Guide will help you lead conversation.

[Brackets] indicate simple cues for you, as a facilitator, not intended to be read aloud.

[Play Week 1 Video, then move onto the Discussion Questions.]

## KEY POINTS

LIFE Groups at LCBC are about connecting with God, each other, and the community as we grow to be more like Jesus.

A LIFE Group is a place to remind each other that we are accepted, cared for, and loved.

## DISCUSSION QUESTIONS

[This week is about getting to know one another, so use the bulk of your time to share stories, laugh, and find common ground. Don't worry if the conversation leads into topics different from the discussion questions. As long as the group is learning about each other, it is time well spent. The goal is to help people share and learn about one another. Encourage conversation by asking open-ended follow-up questions that can't be answered with a simple yes or no.]

- 1: What three words describe your childhood and teenage years?
- 2: If you could eat only one meal for the rest of your life, what would it be?
- 3: What is a "normal day" for you?
- 4: What is your "perfect" day?
- 5: How do you see your future playing out?

## PRAYER

End the group's time by just the leader praying for the group. Ask God to guide your time together and build relationships.