

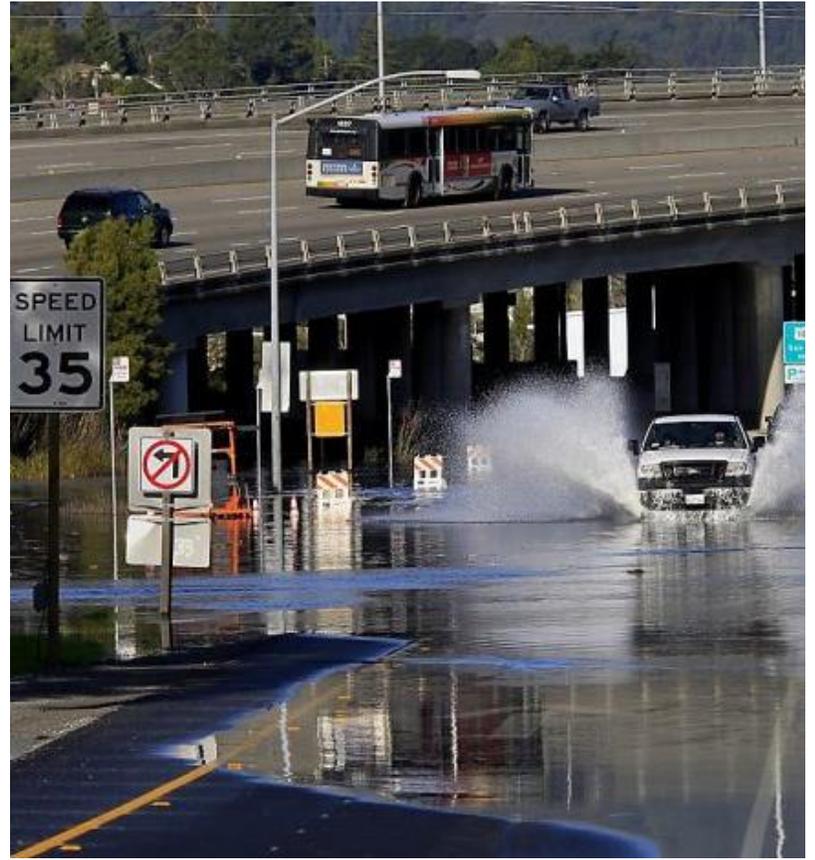
# 1 HOUR 2 GET READY

60 minutes to improve  
personal and community  
preparedness



# Objectives

- Understand why individual preparedness is essential
- 60 minutes here + 60 minutes at home = more prepared.
  - Be informed and engaged
  - Have a plan
  - Have supplies



# Hazards

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# Emergency vs. Disaster

- Emergency Management works to supplement the day to day systems when large events overwhelm
- Limited first responders mean YOU must be ready and able to help neighbors
  - “...first responders will be overwhelmed. Most victims will be rescued by their neighbors”  
- Dr. Lucy Jones , *The Big Ones*



# San Rafael Emergency Management

- Emergency Operations Center (EOC)
- Incident Command System (ICS)
- Collaboration with County and other jurisdictions
- Emergency Operations Plan (EOP)

Lead

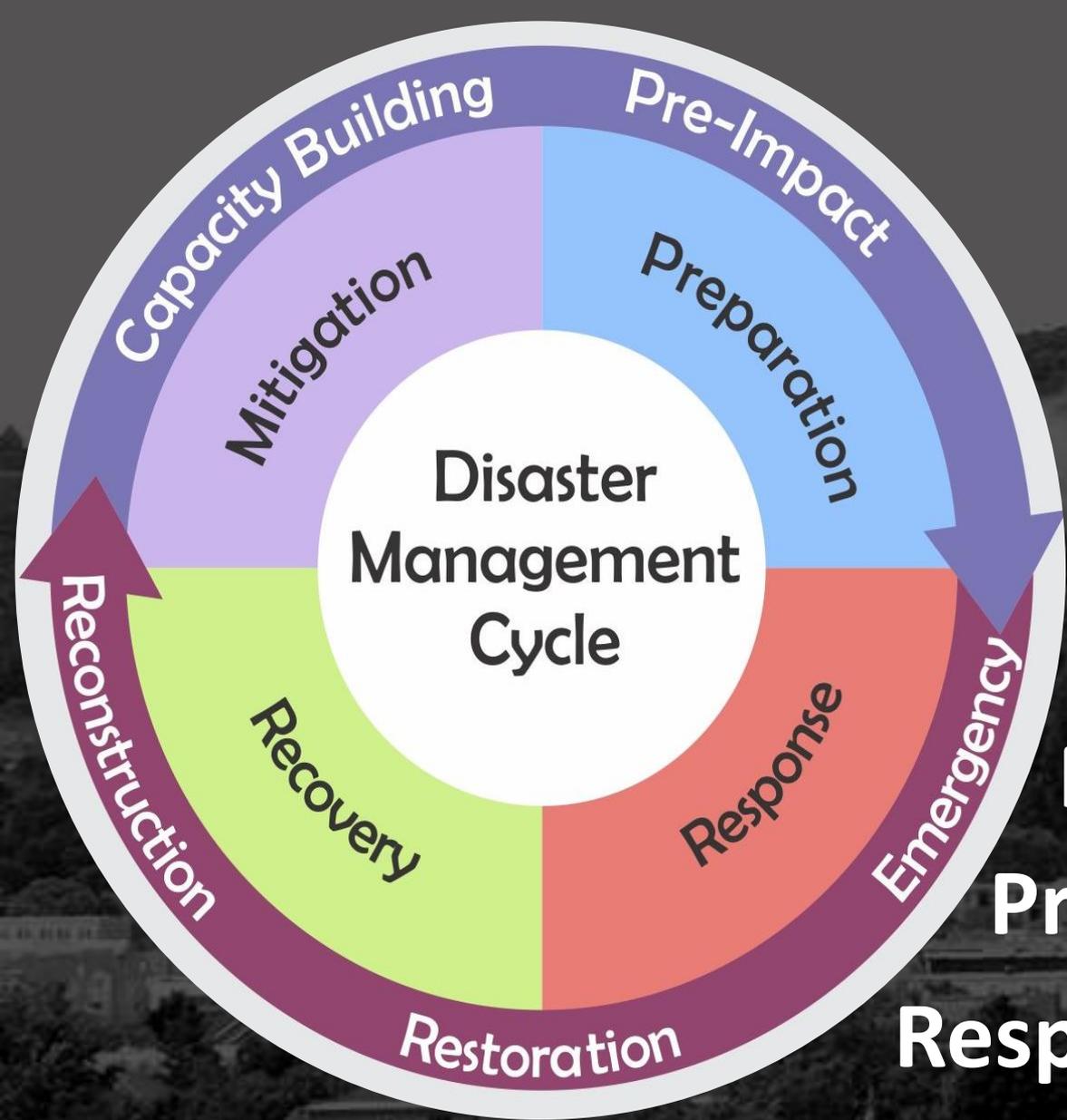
OPS

PLN

LOG

FIN





**Mitigation:** Minimize impacts

**Preparedness:** Plan & practice

**Response:** Stay, Go, Help

**Recovery:** Find new community normal

# 3 steps to Preparedness

1. Be informed & engaged
2. Have & practice a plan
3. Gather & organize supplies



# 1. Be informed & engaged



**Nixle: Text zip code to 888-777**  
(SRPD)

**Alert Marin: alertmarin.org**  
(SRFD & Marin County)

**PG&E Alerts: PGE.com/wildfiresafety**



The graphic features the Nixle logo at the top left, with the tagline "Being Smart. Connecting. Caring." below it. To the right is a circular seal with a checkmark and the text "3 Easy Ways". Below the logo is a green button that says "Resident Sign Up" and "any one of these ways". A numbered list follows: 1. Text Zip Code to 888777, 2. Sign up at www.nixle.com, and 3. Download Nixle Mobile App. On the right side, there is an image of a hand holding a smartphone displaying the Nixle app interface, with a laptop screen visible in the background.

## •Alerts

Sign up for all areas  
you live, work, & play

Be Informed and Engaged



Be Informed and Engaged

- Alerts
- **Rumors**

Share only verified info

911 is not an info hotline



Be Informed and Engaged

- Alerts
- Rumors
- Engage

CERT  
ReadyMarin.org

# Engage *your* Neighbors

- Who will need help
- Who has resources
- Meeting place

\*Neighborhood  
Response Teams\*



## 2. Have & practice a plan



- Create
- Share
- Practice

# DISASTER PLAN

1.

# Sheltering in Place

- Why Shelter in Place
  - Outside more dangerous than inside
  - Hazardous material spill
  - No/Minimal damage
  - No safe egress
  - Order issued
- Disaster Kit
- Stay informed

**If you feel unsafe evacuate**



# Evacuating

- Why/When Evacuate
  - Fire
  - Tsunami threat
  - Structure unsafe
  - Predicted flooding
  - Order issued
- 2 ways out
- Leave early
- ID Meeting Place



# Create

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- Roles & Responsibilities
- Communication Plan
- Meeting locations



# Share

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- Local & Out of State
- Where items are
- Roles & Responsibilities
- Know School Plans

A group of people are practicing CPR on a mannequin lying on a blue mat. One person is performing chest compressions while others observe. The scene is brightly lit, suggesting an indoor training environment.

# Practice

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- Engage everyone
- Create a ready culture
- Review & update

# Practice Earthquake Safety



### 3. Gather & organize supplies



- 
- Go Bag & Kits
  - Grab & Go List
  - Home Safety

Prepare what you'll need,  
so you have time to find  
what you want

# Go Bag

vs

# Survival Kit

- Short-Term survival & comfort
- Easy to transport
- Multiple bags
  - Work
  - Home
  - Car

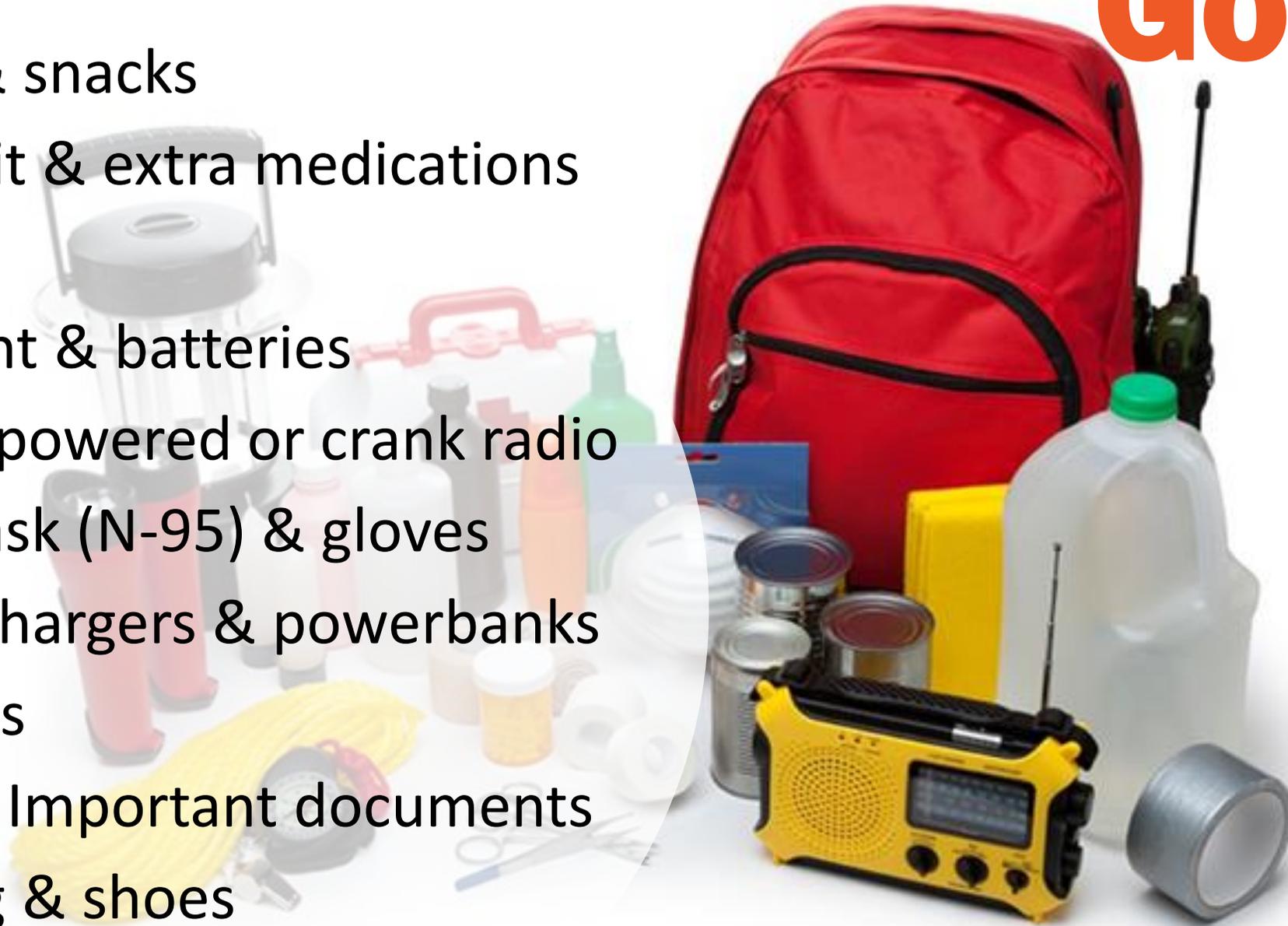


- Long-Term survival
- Bulky
- Stored at home



# Go-Bags

- Water & snacks
- 1<sup>st</sup> aid kit & extra medications
- Cash
- Flashlight & batteries
- Battery powered or crank radio
- Dust mask (N-95) & gloves
- Phone chargers & powerbanks
- Toiletries
- Maps & Important documents
- Clothing & shoes



# Disaster Kits



- Long term survival
- 3+ days of food and water
  - 1 Gallon/person/day
- Include PET supplies (food, water, medications, leash, ID, etc.)
- Child needs (diapers, toys, formula)
- Change of clothing & shoes
- Can opener & items to prepare food

Kelley [REDACTED] I grabbed an entire container of zip ties... 🙄

"My GameCube."

Carole [REDACTED] Crazy, but after I got my 2 dogs and two cats in the car, the dogs brush, God forbid the dogs needed their grooming! Nuts huh?

Dave [REDACTED] An antique potato peeler. I have two new ones that aren't worth anything... They just don't make things like the used to.

Briana [REDACTED] My four year old took his T-ball trophy ❤️

Jury Duty notice paper work for next day

Brent [REDACTED] Daughters piggy bank. Like \$2.35 in it. Lol

Kristen [REDACTED] My husband packed all our wine and his beer. Lol.

"My dirty laundry!"

Kāran Angell My husband grabbed a Frisbee 🙄

Jen [REDACTED] My camo painting pants and heels- you know in case I needed to paint a house and dash off to a dinner.

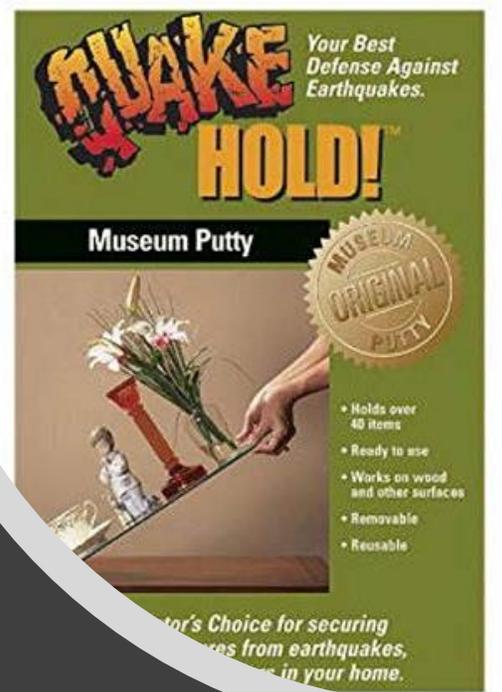
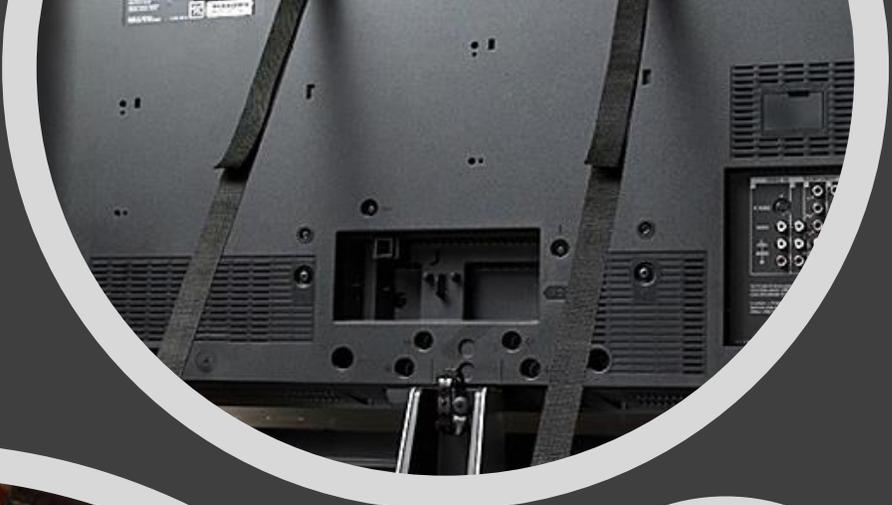
Ginger [REDACTED] The keys to my sons car that we left parked in front of our house!

Laura [REDACTED] All of our raincoats ???

# Grab & Go List

- “Need” items should be in Go Bag & kit
- Establish list of “Want” items
- Organize by priority or location
- Practice loading into car
  - Does it all fit?
  - How long did it take?

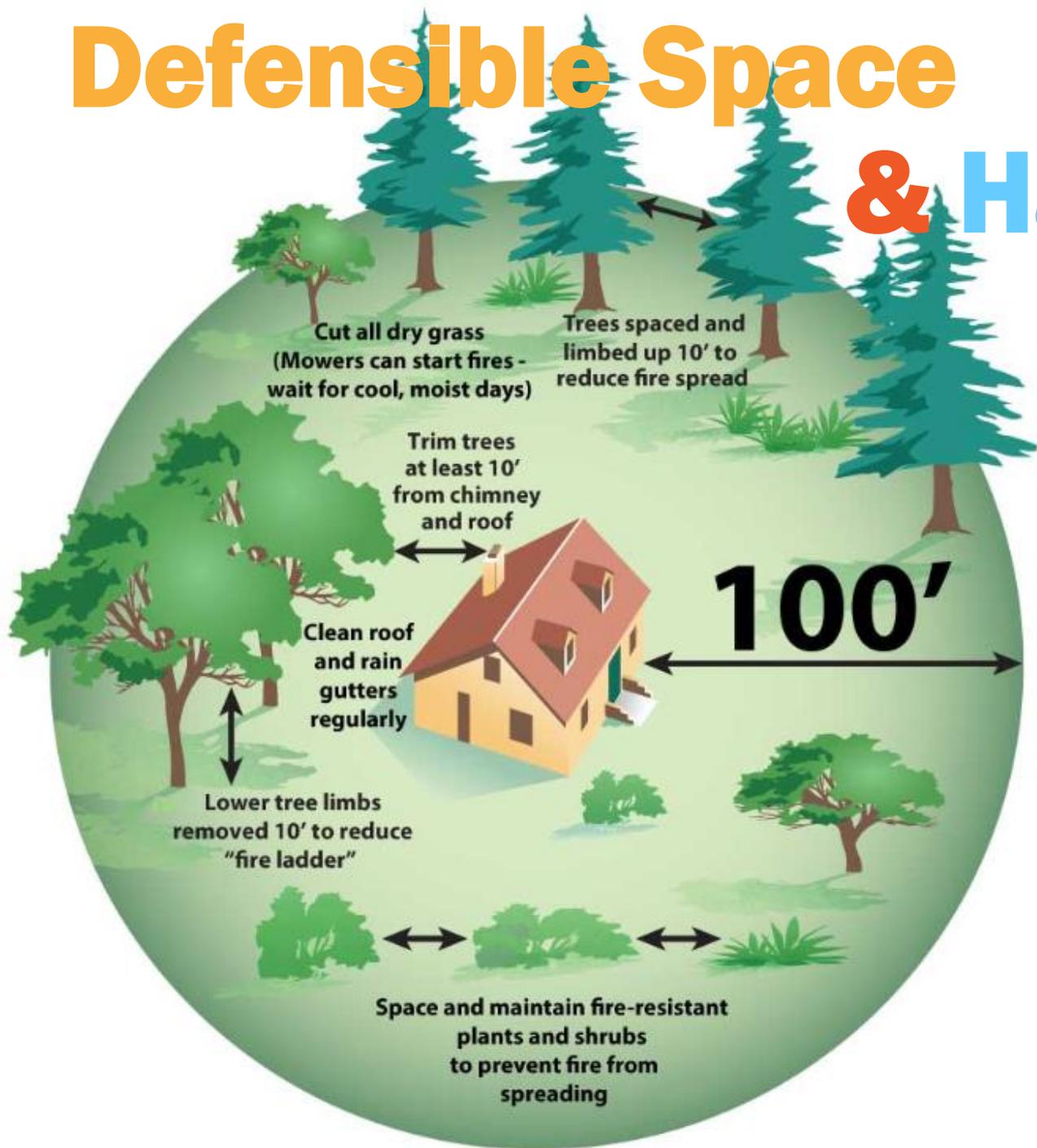




# Home Safety

# Defensible Space

# & Hardening Your Home



## Harden Your Home



**FLYING EMBERS CAN DESTROY HOMES UP TO A MILE FROM A WILDFIRE.**

**HARDEN YOUR HOME BY USING FIRE RESISTANT BUILDING MATERIALS.**



# 3 steps to Preparedness

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# Resources

- SROES.org
- ReadyMarin.org
- Ready.Gov
- Earthquakecountry.org
- Firesafemarin.org
- OES@cityofsanrafael.org



@SRFD

@SanRafaelOES



/sanrafaelfd



@sanrafaelfd



# 1 HOUR 2 GET READY

60 minutes to  
better disaster preparedness

