



REDESDALE NEWS

Friday 20th January 2017

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Valentine Disco

FORPS are organising a **Valentine Disco** that will take place on **Tuesday 14th February** at 4.00pm to 5.00pm for Reception, Year 1 and Year 2 then at 5.15pm to 6.15pm for Year 3, Year 4, Year 5 and Year 6. Nursery children will have their Valentine Disco during their morning and afternoon sessions on Tuesday 14th February. Information has been sent out in this week and there are posters all around school. If any parents, grandparents or carers can help with the disco please speak to Miss Anderson. Any support would be greatly appreciated.

A New Arrival

We are delighted to share with you that Mrs Armstrong had a lovely baby girl last week. Both mother and baby are doing well even though Baby Lily Armstrong came early. I am sure you will all join us in congratulating Mrs Armstrong and wishing her and her family all the best.

Mrs Ankers will continue in Year 2 and Mrs Tyler and Mrs Thompson in Year 1 while Mrs Armstrong is on Maternity Leave. If you have any queries or concerns please do not hesitate to contact us.



Water Bottles & Be Food Smart Campaign

We always encourage children to bring a water bottle into school every day to allow them to drink water regularly. We have the water dispenser in school for children to refill their bottles. This isn't used as much at this time of year but if children have been doing PE, or have been very active at break times, they do like to be able to refill their bottles. Can we ask that parents ensure the bottles are taken home regularly to be washed and that they also **only contain water**. This is so that the children get used to drinking water for its health benefits and avoids them drinking sugary drinks except at mealtimes.

Change4Life are raising awareness about the amount of sugar, saturated fat and salt in products in the **Be Food Smart Campaign**. All the children from Reception to Year 6 will have received a **Be Food Smart pack** which helps children and families to learn more about healthy eating. We hope you will find these packs useful and that you will have a look at the **Change4Life website** and download the **new Food Smart app**.



Sainsbury's Active Kids Vouchers 2017

Sainsbury's Active Kids 2017 launches on **25th January 2017** and we hope you will help us to collect vouchers for school again. In Sainsbury's Supermarkets and online you'll be given one voucher for every £10 you spend and in Sainsbury's Local stores you'll get one voucher for every £5 you spend. Our collection box will be just outside the main office. We would be really grateful for your support in collecting the vouchers which we can use for equipment for school. Thank you.

