












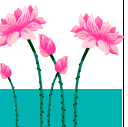



Santa Maria Recovery  
 Learning Community (RLC)  
 225 E. Inger Drive Suite 101 A  
 (805) 928-0139



# April 2017

Mon	Tue	Wed	Thu	Fri
3 Open Hours 8-4 10am Basic Word 11am Women's Group 12pm Media 101 	4 Open Hours 8-4 10:30-12:30pm Food Bank Members Only 2:45pm Hearing Voices Support Group	5 Open Hours 8-4 11am Yoga with Colleen 12pm Lunch Program-RSVP Bratwurst Sandwich 1pm Walking for Wellness 	6 Open Hours 8-4 11am Anxiety & Depression Support Group 1pm Spring Crafts 	7 Open Hours 8-4 10am Book Club 12-2pm Coffee with Friends You Must Sign Up! 
10 Open Hours 8-4 10am Basic Word 11am Women's Group 12pm Media 101 	11 Open Hours 8-4 10:30-12:30pm Food Bank Members Only 2:45pm Hearing Voices Support Group	12 Open Hours 8-4 12pm Lunch Program-RSVP Chicken Tacos 1pm Walking for Wellness 	13 Open Hours 8-4 11am Anxiety & Depression Support Group 1pm Open Art Studio 	14 Open Hours 8-4 10am Book Club 12pm Spring Luncheon You Must Sign Up! 
17 Open Hours 8-4 10am Basic Word 11am Women's Group 12pm Media 101 	18 Open Hours 8-4 10:30-12:30pm Food Bank Members Only 2:45pm Hearing Voices Support Group	19 Open Hours 8-3 11am Yoga with Colleen 12pm Lunch Program-RSVP Swedish Meatballs 1pm Calendar Planning 	20 Open Hours 8-4 11am Anxiety & Depression Support Group 1pm Open Art Studio 	21 Open Hours 8-4 10am Book Club 11-1pm Stakeholder Meeting 
24 Open Hours 8-4 10am Basic Word 11am Women's Group 12pm Media 101	25 Open Hours 8-4 10:30-12:30pm Food Bank Members Only 2:45pm Hearing Voices Support Group	26 Open Hours 8-4 12pm Lunch Program-RSVP Club Sandwiches & Birthday Celebrations 1pm Walking for Wellness 	27 Open Hours 8-4 11am Anxiety & Depression Support Group 1pm Open Art Studio 	28 Open Hours 8-4 10am Book Club 12-2pm Movie of the Month "Dr. Strange" 

If you are interested in attending any of our groups & becoming an RLC member, please contact staff to schedule an orientation.