

SMART, GREEN PLANTING CHOICES

Please help to keep California green! It is important to continue creating healthy green habitats for our small animals, our birds, butterflies, and other critters ...especially the bees! Any amount of outdoor space, whether a tiny condo yard or a 2 acre lot will benefit all of us and our communities. Making smart planting and watering choices will also help in mitigating dust in the air, soil loss from erosion, and death to critical microbes in the soil while increasing overall soil health and the well-being of the inhabitants. This includes the health and well-being of all of us!



Salvia leucophylla

How do we do this?

Please, please keep your trees alive with minimal watering. There are many ways to save water at home to continue watering a tree, shrub or your vegetable garden. Get rid of your lawn (if you haven't already), take shorter or fewer showers, collect water while showering with a bucket or, better yet, install a greywater system for your yard. See these websites:

- <http://oasisdesign.net/>
- <http://www.slocounty.ca.gov/planning/Permits/greywater.htm>
- <http://www.slogreenbuild.org/#!at-guides/cile>

These are all smart ways to conserve water and thus allow the watering of water-smart plants. We need to save our green environments to be healthy!

Sierra Club recommends:

- Make sure you have a low-flow toilet; toilets use 40% of indoor water.
- Turn off the water while brushing teeth and shaving.
- Rinse fruits and veggies in a bowl instead of under the tap.
- Wash less, rinse less ...dishwashers should be full before running them.

San Luis Obispo Botanical Garden recommends:

Remove plants in crowded beds or low-priority plants competing for soil moisture. **Mulch, mulch, mulch!** A 3" to 4" layer of mulch reduces water evaporation and weeds. Mulch protects roots from heat and reduces weeds who compete for water. Avoid heavy pruning. Do not overuse fertilizers, which increase growth and water demands. Infrequent deep watering encourages deeper root growth, and results in plants with greater drought tolerance. Use a drip irrigation system, grouping plants with similar water needs together on one drip irrigation line. <http://newspapers.littlethings.com/newspaper-garden-mulch-weed-killer/>



Salvia spathacea

What do we plant?

Growing Grounds recommends these plants: Artemisia, Salvia, Eriogonum (Buckwheats), deer grass, Manzanita, yarrow, Epilobium (California fuchsia) and many more. We can help you with planting ideas at GGD so please come by for a visit. Also, please check out the Growing Grounds Farm web site (www.growinggroundsfarm.org) to access their weekly availability list. The farm grows CA native plants, drought tolerant plants and succulents. They are a wholesale enterprise but we at GGD will be happy to order and obtain any of the plants you need. Call GGD at 544-4967 if you have questions. (<http://cnpslo.org/2015/05/california-native-plants-for-your-garden/>)



Eriogonum angulosum

Happy Smart Gardening!

Growing Grounds Downtown Store

956 Chorro Street
(Across from the Mission),
San Luis Obispo
805-544-4967

Hours

10am-5:30pm, Mon.- Sat.
11am-5pm, Sunday

One hour FREE Parking at
the Palm St. Garage!

Like us on Facebook!
Review us on Yelp!

Growing Grounds Farm and Nursery, San Luis Obispo

3740 Orcutt Rd.
San Luis Obispo
805-543-6071

Hours

11am-4pm, 3rd Tuesday of
each month

Growing Grounds Farm, Santa Maria

820 W. Foster Rd, Santa Maria
805-934-2182

Farm Stand Hours

Thursday, Noon-Dusk

Want to get involved?

Become a Volunteer!

Call: 805-540-6534



**Transitions-Mental
Health Association**

www.t-mha.org
805-540-6500

JUNE

Artist: Sally Lamas
Music by Alek Speck
and Jeff Keanaaina



JULY

Artist: Sara Schultz
Music by STONE