

# IFOBT TEST

## TEST TO DETECT BLOOD IN STOOL



1 Take the sampling kit out of its bag.  
Read the instructions.  
Check that your name is on the label of the vial or write it on the label.



2 Warning: the stool must not come into contact with urine.  
If necessary, urinate first and flush the toilet.  
Lay the collection paper flat in the toilet.



3 Collect some of your stool and take the vial out of the green plastic bag.  
Carefully remove the green lid.  
The green lid has a small stick attached to it.



4 Swipe the stick twice along the stool or prick it into the stool five times.  
Check that there is a small amount of stool on the stick.



5 Put the stick back into the vial and press until you hear a click.



6 Put the vial back into the green bag and close the bag.  
The collection paper can be flushed away with the stool as it is biodegradable.



7 Put the green bag containing the vial into the transparent bag  
and take it to your doctor as soon as possible!  
Your doctor will notify the lab and prepare the sample  
and the completed request form for the pick-up service.