

Use the One Planet Living[®] framework to create better, more sustainable places



One Planet Living is a vision of a world where we can live happily within the Earth's resources, and a straightforward framework to achieve this.

Our vision: living within the means of our one planet

Globally, we consume around 50% more natural resources than the planet can handle, in terms of being able to renew these resources or absorb the resulting waste and pollution.

To conserve resources and tackle the emerging climate and ecological crisis, we urgently need to develop ways to help people live fulfilling lives within the means of our one planet. Integrating sustainability into development projects is key to this.

Bioregional's vision is of thriving regional economies that enable people to live happy, healthy lives within the natural limits of the planet, leaving space for wildlife and wilderness. We call this One Planet Living.



If everyone in the world consumed resources like a European, we would need 3 planets to sustain us.

The One Planet Living framework

We created the One Planet Living[®] framework following our involvement in developing the iconic BedZED eco-village in South London in 2002. It takes a comprehensive approach to sustainability and focuses on how we all live our lives.

At its core are ten simple principles that cover all aspects of social, environmental and economic sustainability, ranging from 'health and happiness' to 'zero carbon energy'.

The principles are backed up by detailed guidance documents that provide advice and ideas on the goals, actions, targets and indicators you could set to enable you to achieve One Planet Living.



Whereas other sustainability frameworks tend to concentrate on architecture and construction, they rarely integrate lifestyle choices, public health, transit options... It's really the combination of all these aspects in One Planet Living that makes a big difference.

Ashley Graham,
Sustainability Project Manager at Zibi

The ten One Planet Living principles:

-  **Health and happiness**
-  **Equity and local economy**
-  **Culture and community**
-  **Land and nature**
-  **Sustainable water**
-  **Local and sustainable food**
-  **Travel and transport**
-  **Materials and products**
-  **Zero waste**
-  **Zero carbon energy**

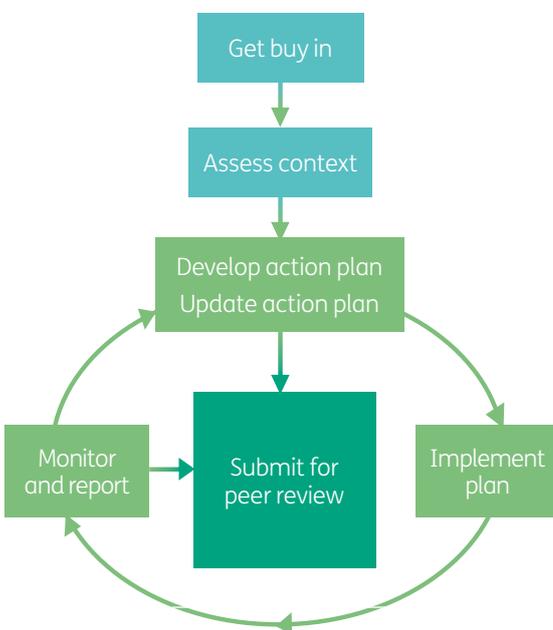
Note: Anyone is free to reproduce the One Planet Living principles subject to signing an open licence with Bioregional.

How to use the One Planet Living framework

The One Planet Living framework is truly cross-sector. Anyone can use it to plan, implement, monitor and communicate their progress – and have fun along the way.

We recommend following a three-step process to using the framework, resulting in a cycle of continuous improvement:

- **Co-create** a One Planet Action plan through an engaging workshop process
- **Publish** the Action Plan
- **Implement** your plan, monitor and report on progress to update the plan



Peer review

Once you have created your Action Plan, we recommend that you reinforce your commitment to transparency by getting your Action Plan 'peer reviewed'. A peer reviewer is a suitably qualified expert

Committing to transparency - publishing your plan:

Transparency is key to making progress in achieving One Planet Living. To make this as easy as possible we've been supporting the development of an innovative digital platform to make creating, collaborating, and sharing One Planet Action Plans as easy as possible. It's then important to publish regular progress reports and share what you've learned. Set up an account and publish your One Planet Action Plan at oneplanet.com

who provides detailed comments on the quality of the action plan or report. The peer reviewer provides an additional expert view, and external verification of the quality of the Action Plan. This can be crucial in the planning process. Bioregional can recommend a peer reviewer.

Leadership recognition

Bioregional provides leadership recognition for peer-reviewed 'One Planet Action Plans' that demonstrate an ambitious response to the challenge of achieving One Planet Living.

Action plans that demonstrate an exceptional, world-leading response to the challenge of achieving One Planet Living will be recognised as 'Global Leaders in One Planet Living'.

We will showcase and celebrate these organisations to inspire others to follow suit.



WGV at White Gum Valley © LandCorp

Why use One Planet Living?

The One Planet Living framework was created based on the reality of how people live their lives. It aims to make it easy to 'do the right thing'.

One Planet Living is not a certification or accreditation system - there is no test to pass or fail. Complementing and enhancing other sustainability frameworks, it enables a culture of innovation, creativity and collaboration.

One Planet Living is also:

- **grounded in science** and based on the needs of the planet – avoiding greenwashing
- **easy to understand**, with a common language that works for both upstream and downstream operations, and with other stakeholders
- **proven to increase sales** and reduce costs
- **flexible** – our guidance documents recommend long-term sustainability goals, but you will know what works best for your own organisation. They are also designed to respond to our complex and ever-changing world
- **a tool to reach hearts as well as minds** – the One Planet Living principles provide a simple way to engage and inspire staff, customers and other stakeholders

One Planet Living around the world

One Planet Living has been used in more than \$30bn worth of real estate development around the world, as well as by global businesses, cities and municipalities, schools and community groups. This includes:

Elmsbrook, the exemplar phase of the UK's first eco-town led by A2Dominion, where access to plenty of green space, local food growing and a Brompton bicycle-sharing scheme all help keep residents fit and happy.

WGV at White Gum Valley, a diverse and vibrant community in Fremantle, Western Australia, is set to become a net zero energy development, with solar panels reducing its operational building carbon emissions by 98%.

One Brighton, a highly sustainable apartment complex in the heart of the UK city, was developed by Crest Nicholson and Bioregional Quintain and completed in 2010, proving a commercial success despite the global recession.



One Planet Living opened my eyes to the breadth of sustainability issues and how it relates to all aspects of our daily lives. This made it easier for us to engage with residents, construction contractors and other stakeholders.

Tao Bourton, Director at York Property Group, the developer leading Evermore WGV

Get started on your One Planet Living journey

You can start making progress towards achieving One Planet Living today.

There are a variety of ways that you can start using One Planet Living:

- **Get trained:** Bioregional offers training for people wanting to develop an action plan for their own, or another organisation or project
- **Use our resources:** Find goals and guidance documents, case studies and other resources at bioregional.com/one-planet-living
- **Find someone to help you:** trained and assessed One Planet Living consultants can be found on: oneplanet.com/consultants
- **Go digital:** you can use oneplanet.com and its tutorials to get started

Bioregional can help

At Bioregional we can also support you at different stages on your journey. This could involve facilitating the workshop process, working with you to create your One Planet Action Plan, conducting a peer review of your One Planet Action Plan, or subsequently supporting its implementation.

Contact us to find out how we can help you use the One Planet Living framework in your organisation or project.

Nicole Lazarus

Head of One Planet Living, Bioregional
Nicole.lazarus@bioregional.com

Ben Gill

One Planet Living Manager, Bioregional
Ben.gill@bioregional.com



© Les Villages Nature Paris

About Bioregional

Bioregional champions a better, more sustainable way to live. We work with partners to create better places for people to live, work and do business.

www.bioregional.com

[@bioregional.com](https://twitter.com/bioregional)

facebook.com/oneplanetliving

“““

Since the inception of the project, One Planet Living has helped us design and fine-tune a unique concept for a tourism resort based upon sustainability.

Marie Balmain, CSR and Foundation Director at Group Pierre & Vacances Center Parcs



One Planet Living®

A framework by Bioregional