

SARAH SHOOK & THE DISARMERS



Sarah Shook & The Disarmers are a country band with a sneer, a bite, and no apologies. Shook's original songs take on the usual country spin on shitty relationships, bad decisions, and excessive alcohol consumption for damn good reasons.

When Shook's first band, Sarah Shook & the Devil, broke up after a solid three year plus run, Shook and her guitarist, Eric Peterson, continued to meet, practice, and plan. In late 2013 they put together brief stint called The Dirty Hands which ended after a handful of shows. The project they were looking for soon arrived with the addition of former Two Dollar Pistols frontman, John Howie Jr., (now frontman for John Howie Jr. & the Rosewood Bluff) as drummer. Sarah Shook & the Disarmers was born.

Shook and chief engineer of Manifold Recording Studios, Ian Schreier, had worked together some years before when he supervised intern Mario Bianchi recording the Devil's seven song EP simply titled, *Seven*. Shook and Schreier had been discussing creating a full length album together for an age and, finally, during the first weekend of April, 2015, it happened. After nearly a decade of playing solo or fronting a band, Shook released her first full-length album, *Sidelong*, on October 16, 2015, at the Cat's Cradle Back Room in Chapel Hill, North Carolina.

"...a sneer, a bite, and no apologies."

Sarah Shook - 9.15.1985
Chapel Hill, NC

Sidelong named one of 12 "Most Essential" albums of 2015 by *Saving Country Music*

<http://www.savingcountrymusic.com/saving-country-musics-50-essential-albums-for-2015/>

Sidelong ranked #2 in The Triangle's 25 best albums of 2015 by *The Independent Weekly*

<http://www.indyweek.com/indyweek/listen-up-the-triangles-25-best-albums-of-2015/Content?oid=4958928&showFullText=true>

Sidelong makes *The Troubadour Show's* top 20 albums of 2015

<http://www.troubadourshow.com/#!/The-Troubadour-Show-Top-20-Albums-2015/cnbc/56793b9a0cf28854b38f9809>

"...America has expressed a growing interest in outlaw country upstarts, from the hirsute Chris Stapleton to the metaphysical man Sturgill Simpson. But Sarah Shook's brilliantly written and rendered *Sidelong* boasts more attitude and aplomb than works by either singer.

- Grayson Haver Currin, *The Independent Weekly*

<http://www.indyweek.com/indyweek/listen-up-the-triangles-25-best-albums-of-2015/Content?oid=4958928&showFullText=true>

"Twangy, aching, and true—that's what you find on *Sidelong* in ample portions..."

"...an album with some piss and attitude on it, so be forewarned."

"The title track "Sidelong" is arguably the album's best with such incredible heart-wrenching emotion strained out through Sarah's broken yodel."

- Trigger, *Saving Country Music*

<http://www.savingcountrymusic.com/album-review-sidelong-by-sarah-shook-the-disarmers>

"With the various facets of Country music these days Sarah Shook seems to have a firm grasp on the gritty, salt of the earth genres within it. Shook, an angelic singer with bruises and scars on display, sings with a soft huskiness and a burning twang."

- Brian Tucker, *Star News Online*

<http://wae.blogs.starnews.com/35101/top-shows-6-13-6-19/>

"With Sarah Shook in the mix, hard core country is alive and well, and dangerous as all get out."

- Grant Britt, *No Depression*


<http://nodepression.com/album-review/hard-core-shook-country>

"...country gem, *Sidelong*, captures Shook's wild, reckless energy and wide-open, raw dejection..."

"Pent-up anger and drunken frustration power these songs. At moments, they threaten to burst apart from emotional pressure."

- Corbie Hill, *The Independent Weekly*

<http://www.indyweek.com/indyweek/sarah-shook-is-a-single-mother-and-a-tough-country-singer-with-a-reckless-side-she-is-keeping-both-ends-up/Content?oid=4813996>



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<http://www.disarmers.com/>

Email:

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Sidelong on Bandcamp:

<http://sarahshookthedisarmers.bandcamp.com>

Facebook:

<https://www.facebook.com/sarahshookandthedisarmers>

YouTube:

https://www.youtube.com/channel/UCDmaGUdQb_-tX-qaCCwbZig

Instagram:

<https://instagram.com/s.s.disarmers>

ReverbNation:

<https://www.reverbnation.com/sarahshookthedisarmers>

Sidelong on SoundCloud:

<https://soundcloud.com/sarah-shook-143567554>

Hi-res photos for press:

<https://goo.gl/FbGXkW>

db2014



A DECADE OF CRED.

Local 506, Chapel Hill, NC

Cat's Cradle Back Room, Chapel Hill, NC

The Cave, Chapel Hill, NC

Nightlight, Chapel Hill, NC

Haw River Ballroom, Saxapahaw, NC

The Station, Carrboro, NC

The Garage, Winston Salem, NC

The City Tap, Pittsboro NC

Motorco, Durham, NC

The Whiskey, Wilmington, NC

The Pourhouse, Raleigh, NC

Southland Ballroom, Raleigh, NC

Kings, Raleigh, NC

The Coffee Pot, Roanoke, VA

Schooners, Roanoke, VA

Capital Ale House, Richmond, VA

The Pinhook, Durham, NC

The Tap Room, Providence, RI

Bynum Front Porch Music Series, Bynum, NC

Heavy Rebel Weekender, Winston Salem, NC

Peakfest, Apex, NC

Carrboro Music Festival, Carrboro, NC

Shakori Hills Grassroots Festival, Silk Hope, NC

Fingerlakes Grassroots Festival, Trumansberg, NY

Bull City Rumble, Durham, NC

Smokeout Rally, Rockingham, NC

The Thirsty Beaver, Charlotte, NC