

# Gergelim & Baru

*Carrier Oil*



## Product Information

Sesame oil may have antioxidant properties as a result of the presence of sesame lignans, such as sesamin and sesamol, which may have a synergistic effect with tocopherols and subsequent enhancement of vitamin E activity. It is this effect that is thought to offer benefit in cardiovascular disease risk, hypercholesterolemia, hypertension, cancer, and immune system disorders. Chemopreventive properties of lignans have been shown in vitro. Sesamin, a lignan constituent of sesame, has shown antihypertensive, antihyperlipidemic, and anticancer activities in animal and in vitro research. Lignans have also been shown to be phytoestrogens (plant compounds that exert estrogenic or female hormonal effects). The antibacterial and antidiabetic effects of sesame oil have also been studied in vitro, animal, and early human study.

## How to Use

Use as a replacement for cooking oil or in recipes. Use topically for skin nourishment and tissue repair. Store tightly covered in a cool, dry, and dark environment.

## E.O.B.B.D. Guarantee

E.O.B.B.D stands for Essential Oils Botanically and Biochemically Defined. It is one of only 2 recognized global standards for evaluating the quality and content of essential oils used by health and wellness professionals. In fact it is the ONLY protocol that's suitable to determine the therapeutic benefit of an essential oil. E.O.B.B.D. includes not just one, but an entire sequence of tests and evaluations conducted strictly by third party experts professionally trained for the evaluation of essential oils.

In the United States, governmental agencies have virtually no standards when it comes to claims about the quality of the essential oils. As a result of these lax standards, U.S. manufacturers/distributors of essential oils are permitted to label their essential oil products as "100% Pure" with as little as 2% of essential oil content, and without any regard to the quality or type of essential oil that makes up that meager requirement. This has enabled manufacturers to distribute lower quality and less expensive essential oils in a wide variety of unregulated combinations. This presents a great deal of risk to individuals seeking quality essential oil products to benefit their health and wellness.

 **Oral**  
Taken orally or by capsule

 **Neat**  
No dilution required

 **Dermal**  
Applied topically

Sharing Partner Info

Gergelim & Baru 4oz

Retail \$20.00

Wholesale \$16.00

Item # **1500**