## Why Wheat, Corn, Soy and By-Product Meal is BAD for your dogs to eat

**Wheat** Is the most common allergy for dogs. Dogs cannot digest wheat and it has been found that wheat causes epileptic seizures and celiac disease (an abnormal immune response that attacks the small intestine) in dogs. Wheat is gluten. It is filler which allows less real meat in the ingredients.

**Corn** is similar to wheat; corn is actually harder for your dogs to digest. It passes right through their system, no nutrients are picked up and you then see why your dog is still hungry after feeding. It has been proven that Corn causes swelling, bloating and other major health issues in dogs after long use. Corn is highly susceptible to mold. In all, corn is the worst ingredient you could be feeding your dog. Just like Wheat it is also cheap and usually a part of the first 5 ingredients in grocery brand dog food.

**Soy** can be digested by dogs, its gives them gas. Soy also causes bloating and here's a tip: Bloating can kill you dog.

Soy naturally contains plant estrogens which act like the hormonal animal estrogens and can interfere with reproduction and normal growth in dogs. Just like Wheat and Corn, Soy is also used as a protein in grocery brand dog foods because it is cheap.

**By-Product meal** is a major component in some pet foods. It is made from grinding clean, rendered parts of poultry carcasses and can contain bones, organs and undeveloped eggs, and also contains feathers that are unavoidable in the processing of the poultry parts.

Other side effects from food with grains are dry, itchy skin, excessive shedding, and bad breath.

Dogs need protein from real MEAT and FISH sources like deboned cage free chicken, turkey, lamb, venison, duck and deboned salmon and white fish. (Fish proteins are used for a lean diet for dogs to prevent obesity) You can also mix a can of tuna in oil with your dog's dry food for dinner.

What are BETTER options? Anything made WITHOUT Wheat, Corn and Soy.

Examples: Natural Balance, Blue Buffalo, Wellness, Nutro Ultra, Merrick, Halo, etc. Just look for "grain free" on the bag.

Also at Tractor Supply, you can buy 4 Health, Diamond, and Wholesomes Salmon. These are more affordable and are grain free.

Just because a dog food is less expensive doesn't make it cheaper in the long run. If your dog eats foods that are not easily digestible and causes allergies or other health issues, vet bills can become expensive. Grain free food will end up less expensive in the long run because your dog will eat less and be healthier with good skin and less shedding.

Start taking a look at the ingredients on the side of the bag. If the first ingredient isn't the MAIN protein, it may not be healthy for your dog.