



working together to  
improve lives for older  
in Wales

## Age Alliance Wales Manifesto 2016



**Age Alliance Wales (AAW) is an alliance of 21 national voluntary organisations committed to working together to develop the legislative, policy and resource frameworks that will improve the lives of older people. Collectively AAW member organisations possess extensive service development and service delivery knowledge and provide direct support to older people across Wales. Members act at a strategic as well as an operational level and many are membership based.**

The demographic of Wales is changing. Population projections estimate that by 2030, the number of people aged over 65 living in Wales will increase by 34%. The largest increase will be in the number of people aged over 85 which is forecast to rise by 80%. As a consequence of this change, the numbers of people living with sensory loss, dementia and other life limiting conditions are likely to increase.

Wales is working towards becoming a good place to grow old; we have an older people's strategy, a commissioner for older people, new legislation for social services and legislation to protect the wellbeing of future generations, which all demonstrate that, at a strategic level, we are fully committed to achieving our goal.

Age Alliance Wales believes that the focus now needs to shift towards implementation. The Welsh Government needs to support the development of social networks and preventative initiatives that can underpin and stimulate community activity and enable all older people to live a full and active life.

## **The following 21 organisations represent Age Alliance Wales;**

Action on Hearing Loss Cymru  
Age Connects Wales  
Age Cymru  
Alzheimer's Society Wales  
Arthritis Care Wales  
British Lung Foundation  
British Red Cross in Wales  
Care & Repair Cymru  
Contact the Elderly Carers Trust  
Carers Wales  
Cruse Cymru  
Deafblind Cymru  
Disability Wales  
Learning and Work Institute  
Prime Cymru  
Royal Voluntary Service  
RNIB Cymru  
Sense Cymru  
Stroke Association  
Volunteering Matters

AAW believes that older people must have access to the health and social care they need, be active and engaged and financially secure. The actions below show how Welsh Government can ensure that these aspirations become reality.

## **1. All older people should have access to high quality health and social care. The Welsh Government can achieve this by:**

- Ensuring national third sector organisations are fully represented on and involved with the work of regional partnership boards.
- Ensuring that members of regional partnership boards have clear governance and accountability arrangements.
- Protecting local services that are successful in supporting older people to live well and maintain independence.
- Developing, promoting and supporting preventative actions to reduce the long-term reliance on formal care.
- Ensuring that mechanisms are put in place to enable older people to be involved in the design, planning and delivery of services.
- Addressing the current inequality in access to services for older people living with life limiting conditions.
- Ensuring that assessments for care focus on getting the appropriate support to people and delivering the best possible long-term outcomes.
- Developing a range of new approaches that extend the reach and scope access to and availability of reablement in helping older people to recover; rehabilitation in helping older people meet the challenges of physical impairment; the recovery model to assist older people with poor mental health to support their independence.

## **2. All older people should be active and engaged. The Welsh Government can achieve this by:**

- Ensuring that local authorities and local health boards fully consider the impact of cuts to public services on the lives of older people today and on future generations.
- Supporting legislation that underpins the preventative agenda by building local community and social networks that allow older people to take control of their well-being.
- Ensuring public and community transport systems are widely available, accessible, affordable and integrated to enable participation and access to vital community and hospital services.

- Encouraging people approaching retirement age to make social connections that promote volunteering and civil engagement.
- Addressing inequality in access to digital services.
- Making appropriate housing available to all, including the provision of sheltered and extra care housing options or appropriate adaptations made to an existing property.
- Developing mechanisms that enable older people to be actively engaged in shaping all decisions that impact on them.

### **3. All older people should be financially secure. The Welsh Government can achieve this by:**

- Ensuring that older people are fully involved in decisions relating to paying for care
- Ensuring that apprenticeships are available for people of all ages.
- Ensuring that older people have access to information and advocacy services. Services must be fully accessible to people with sensory loss and other life limiting conditions.
- Working with all sectors to ensure collective accountability for cold calling and junk mail.
- Supporting local credit unions.

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