

Rent Wise

This is a six module program that encourages renters to take care of and maintain their rental unit. Unlike other tenant education programs that only cover legal rights, Rent Wise teaches skills that can help tenants avoid legal confrontations. It stresses tenant responsibilities and the benefit of positive landlord-tenant relationships. The nine hour program has six modules that focus on the following:

- Communicating with landlord and neighbors
- Managing money
- Finding a place to call home
- Getting through the rental process
- Taking care of home
- When you move out

Love & Logic Parenting Program

Care Corps is happy to help provide parents with additional tools to strengthen their parenting & communication skills the Love & Logic way.

Through this program parents will become equipped with practical techniques that are easy to learn, will change their lives, & help them raise responsible children in a well structured environment.

For over 20 years, parents all over the world have enjoyed great success with the techniques of Love & Logic.

Principles and Objectives

- Creating home environments that stimulate responsibility, resiliency, & academic achievement.
- Preventing misbehavior
- Avoiding power struggles while setting limits.
- Teaching healthy problem-solving skills.
- Staying calm in stressful parenting situations.

MAKING HEALTHY DECISIONS CLASSES

- Self-Affirmations
- Handling Guilt & Insecurity
- Stop Jumping to Negative Assumptions & Handling Irrational Beliefs
- Goals for “Making Healthy Decisions” to deal with Anger Issues
- Develop a More Flexible & Versatile Emotional Response System
- Building Trust & Accepting Personal Responsibility
- Stress Reduction & Relaxation Technique

EMPLOYMENT SKILLS DEVELOPMENT CLASS

This program design combines classroom instruction with individual coaching. The course meets once a week for one hour. It repeats every 8-10 weeks, so clients can join the class at any point and continue until they have completed all the material. The curriculum is very interactive. The goals are:

- To enhance or establish Job Skills.
- These skills involve getting ready for Job Search, Actual Job Search, & Job Application.

These combined goals will greatly improve the client's abilities and chances to land employment as well as maintaining their job.

As well as helping them to gain a better understanding of a living Budget based on income verses expenses. This includes decisions on how best to budget their money. This will help them grasp the importance of proper budgeting.

Other classes offered at Care Corps include:

- STD classes and testing
- N/A
- Spirituality
- Children's Group
- Family and Food
- Impact Services
- MCC Workshops
- Therapy Groups
- Three Rivers Vaccination Clinic
- Budgeting
- GED
- Summer Reading Program
- Positive Aspects of Change

Please contact Robin Ritter, Family Life Educator, to register, for the current class schedule or if you have any questions.

402-721-3125 or
robin@care-corps.org

The mission of Care Corps is to provide a place of shelter, support, and services for homeless individuals and families by empowering them to achieve independence and lifelong enrichment.

www.care-corps.org



Care Corps, Inc.
Homeless Services

Helping families and individuals in need.....

Fremont, NE 68025
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Life Skills Opportunities



For Parents



Curriculum



Resources



Reading