

# OUR WEEK AT A GLANCE

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|------------------|-----------------|---|---|
| <b>Sunday</b>    | <b>Sept. 25</b> | 3:30 P.M.<br>3:30 P.M.<br>4:00 P.M.   | Chapel Chat and Chew - Fellowship Hall<br>Chapel Choir Practice - Wright Memorial Chapel<br>Vespers: Grace UMC - Chapel   |
| <b>Monday</b>    | <b>Sept. 26</b> | 8:00 A.M.<br>9:30 A.M.<br>10:00 A.M.<br>1:00 P.M.<br>2:00 P.M.<br>4:00 P.M.<br>6:30 P.M.                | Ladies Water Aerobics - Club House<br>Ribbons in Motion - Wellness Center<br>Gentle Yoga - Wellness Center<br>Euchre - Fellowship Hall<br>Balance Class - Wellness Center<br>Pickle Ball - Brookside Tennis Court<br>Men's Bridge - Art Studio  |
| <b>Tuesday</b>   | <b>Sept. 27</b> | 8:00 A.M.<br>8:30 A.M.<br>9:00 A.M.<br>9:30 A.M.<br>10:00 A.M.<br>10:15 A.M.<br>10:45 A.M.<br>1:30 P.M. | Men's Free Swim - Club House<br>Men's Water Aerobics - Club House<br>Men's Free Swim - Club House<br>Painting - Art Studio<br>Bible Study - Century Room<br>Pilates - Wellness Center<br>Zumba Gold - Wellness Center<br>BINGO - Fellowship Hall  |
| <b>Wednesday</b> | <b>Sept. 28</b> | 11:00 A.M.<br>12:30 P.M.<br>1:00 P.M.<br>2:00 P.M.<br>2:00 P.M.<br>2:45 P.M.<br>6:30 P.M.               | <i>**Men's Club Officers' Meeting - Gold Room**</i><br><i>**Greeting Card Design Class - Art Studio**</i><br>Ladies Water Movement - Club House<br>Yoga & Meditation - Wellness Center<br><i>**Trip Orientation: Seattle, WA - Fellowship Hall**</i><br>Line Dancing - Wellness Center<br>Open Pool Game - Recreation Room, Gardens Mem. Care |
| <b>Thursday</b>  | <b>Sept. 29</b> | 8:00 A.M.<br>9:00 A.M.<br>9:30 A.M.<br>10:00 A.M.<br>10:00 A.M.<br>10:00 A.M.<br>1:30 P.M.<br>6:30 P.M. | Ladies Water Aerobics - Club House<br>Hymn Sing - Library Apts., West Dining Room<br>Sculpting with Dick Foltz - Art Studio<br>Balance Class - Wellness Center<br><i>**Fall Prevention Seminar (Until 4:00) - Comm. Center**</i><br>Writers in Residence - Burton Lounge<br>Tai Chi - Wellness Center<br>Bridge - Pearl Kaelin Lounge         |
| <b>Friday</b>    | <b>Sept. 30</b> | 8:00 A.M.<br>8:30 A.M.<br>9:00 A.M.<br>9:00 A.M.<br>10:00 A.M.<br>11:00 A.M.<br>1:00 P.M.               | Men's Free Swim - Club House<br>Men's Water Aerobics - Club House<br>Men's Free Swim - Club House<br>Balance Class - Wellness Center<br>Fit & Strong - Wellness Center<br><i>**Luncheon Trip: The Season's - Nashville, IN**</i><br>Ladies Water Movement - Club House  |
| <b>Saturday</b>  | <b>Oct. 1</b>   | 1:30 P.M.   | <i>**Popcorn &amp; a Movie - Library Apts., West Dining Room**</i>  |

