



Arugula Salad with Penne, Garbanzo Beans and Sun Dried Tomatoes

3 cups baby arugula

2 tbsp balsamic vinegar

6 oz penne pasta

salt and fresh ground pepper to taste

1/4 cup sun dried tomatoes, chopped

1 cup canned garbanzo beans (chick peas), rinsed

2 tbsp extra virgin olive oil

4 tbsp Parmigiano Reggiano, freshly shaved

Boil pasta in salted water according to package directions for al dente. Drain and run under cold water to stop the cooking.

Toss the pasta with baby arugula, sun dried tomatoes, chick peas, oil, vinegar, half of the cheese, salt and fresh cracked pepper to taste. Divide between 4 plates and top with remaining shaved parmesan cheese. Makes 8 cups.

