

Ospa


franco's



the difference is the experience

Throughout history, in every culture around the world, spas have been a place for healing and purification of mind, body, and spirit, reflecting a holistic approach to health.

The O Spa represents a full circle of time, the blending of past and present. The O Spa promotes balance, wholeness, and embraces all aspects of health and wellness.

O Spa members and guests have full access to Franco's Health & Lifestyle Club, offering world-class facilities and amenities. Enjoy sauna, steam rooms, jacuzzi, swimming pools, tennis courts, group exercise classes, yoga and pilates, as well as many social and recreational activities.

The O Spa invites you to come and experience your own personal spa journey, or choose from an array of distinct spa rituals that help you escape the world and return renewed, refreshed, and balanced.

welcome

O Spa welcomes members and guests.



spa experiences

O Spa Signature Package 3 - 4 hours \$280

Come spend the day at the O Spa. Let us pamper you from head to toe. Your experience includes: O Spa Signature Facial, O Spa Signature Massage, and O Spa Signature Manicure & Pedicure. A spa lunch and all gratuities are included.

Spa Sampler 1 hour 45 min \$125

The perfect spa sampler package is ideal for those who want to experience a little bit of everything the O Spa has to offer. Your experience includes: Mini-Facial, 30 Minute Massage, and Express Manicure and Pedicure.

Red Carpet Ready 3 hours \$250

Be ready for the beach or that special event with a package that will leave you smooth and glowing from head to toe. Your experience includes: O Spa Signature Facial, Body Polish, Versaspa Tan, and O Spa Signature Manicure & Pedicure.

Warm Stone Package 2 ½ hours \$160

Escape to the east. Soothe your body and calm your spirit with warm stone therapy. Your experience includes: Warm Stone Massage and Warm Stone Manicure & Pedicure.

Mommy-to-be Package 2 ½ hours \$150

A pampering package designed for the expectant mother. Your experience includes: Prenatal Massage, Paraffin Manicure & Paraffin Pedicure.

Spa for a Year \$900

Receive a spa treatment every month for a year! Choose from any of our services including, but not limited to: massage, facials, manicures, pedicures, VersaPro® Spray Tan, and body polishes.

Bridal and Special Events are available.

O Spa and Lifestyle Store gift cards available, call 985 792-0250.



Gift cards are sold in any denomination to be used for spa services or in our Lifestyle Boutique.



massage

O Spa Signature Massage

60 min \$ 75 / 75 min \$95/ 90 min \$ 115

Traditional Swedish massage techniques are incorporated into this full body massage to release tension, improve circulation, and restore a sense of well-being. Express Massage also available: 30 min \$45

Deep Tissue Massage 60 min \$85

Firm pressure is applied throughout this therapeutic massage to eliminate tension and reduce muscle tightness, fatigue, and pain. Express Deep Tissue Massage: 30 min \$55.

Stress Reliever 45 min \$65

This therapeutic massage targets areas where stress and tension accumulate—head, neck, shoulders, and back—resulting in a relaxed and renewed sense of well-being.

Warm Stone Massage 60 min \$95

Warm stones are glided over the entire body incorporating Swedish techniques.

Reflexology For Feet 30 min \$45

Reflexology stimulates the nerves of the feet using specific techniques that influence other areas of the body to relieve stress.

Pre-natal Massage 60 min \$90

Gently ease the muscle aches of pregnancy. A treat for both mommy and baby! Not recommended in the first trimester.

Couples Massage 60 min \$150

Enjoy a romantic massage together, or with a friend, in a deluxe suite for two. Your experience includes complimentary champagne.

Essential Oil Upgrades \$10

Available for all massages or body treatments.

- Eucalyptus herbal remedy / sinus relief
- Lavender herbal remedy / balancing
- Melissa herbal remedy / stress or migraine

body treatments

Organic Body Polish 45 min \$65

A decadent full body scrub using organic brown sugar which provides a gentle exfoliation to remove the top layer of dead skin cells. Aloe Vera gel and nutrient rich Shea Butter nourish, soften, and revitalize skin for a radiant, healthy glow. Well suited for even the most sensitive skin.

Healing Hydrating Body Wrap 75 min \$125

This indulgent full body treatment will leave your skin as soft and supple as the day you were born! Your treatment begins with a full body polish to exfoliate and prepare your skin. Warm towels cocoon and comfort tired skin and muscles. A deeply moisturizing blend combines properties of organic Aloe Vera gel, organic green tea, shea butter, and mango butter to heal and rejuvenate. Antioxidants help skin fight off the effects of aging. Includes a glass of organic green tea to complete the detoxification process.



facials

All facials include cleansing, exfoliation, customized mask, steam and upper body massage.

O Spa Signature Facial 60 min \$75

A customized facial treatment designed to address one's specific skin care needs. Relaxing and result driven.

Aromatherapy Facial 75 min \$105

This aromatic transformation unites five treatments in one: aromatherapy, cleansing enzymes, acupressure massage, a customized mask, and renewing care of the delicate eye area. A gratifying spa journey that promises meaningful results.

Microdermabrasion Facial 60 min \$130

A fully customized facial with accompanying Microdermabrasion treatment. Leaves your skin radiant and smooth.

Refining Facial 60 min \$115

A facial treatment that resurfaces the skin. This superior anti-aging treatment combines cosmeceutical methods and spa wellness to provide relaxation and visible results like no other.

Gentleman's Facial 60 min \$75

The gentleman's facial is a unique facial treatment that utilizes an exclusive skin care product created "just for men" and their specific skin care needs.

Back Facial 45 min \$65

This treatment is designed to deep cleanse, exfoliate, and treat the specific needs of the back for a radiant complexion.

Microdermabrasion

30 min \$80 series of 3 \$210

A revolutionary skin resurfacing treatment that is quick, non-invasive and painless. Your skincare professional uses a handheld device to blast away dead skin cells with tiny microcrystals that thoroughly exfoliate the skin's surface and stimulate cellular renewal.

Multivitamin Peel 30 min \$55

This active treatment delivers a formulation of pure, concentrated vitamins A, C, and E to help reverse the signs of aging.

Micro Zone Eye Rescue

\$45 alone / \$20 add on treatment

Awaken tired eyes so they instantly look and feel years fresher. This cooling treatment targets signs of age and stress around the eye contour. Rewarding enough to be offered alone, or as an added indulgence to any facial.

Dermaplanning \$60 min \$75

This effective exfoliation uses a fine blade to remove the dead skin cells from the epidermis. Along with exfoliating, dermaplanning also helps remove the unwanted velus hairs from the face. Enjoy a noticeable smoothness after the first treatment.



nails

O Spa Signature Manicure 45 min \$35

The perfect manicure includes an almond essence exfoliation, hydrating massage, cuticle treatment, and nail shaping. Hands are enveloped in a hydrating mask and cocooned in warm towels. Polish is applied.

O Spa Signature Pedicure 60 min \$55

A pedicure guaranteed to revive, smooth and heal. Feet are pampered with a Thalassotherapy foot bath and an almond-infused exfoliation, massaged with a hydrating lotion, and cocooned in warm towels. Calloused areas are treated, cuticles perfected, and polish is applied.

Classic Manicure 30 min \$25

Treat yourself to a refreshing, all natural manicure that includes a lavender sea salt exfoliation, hydrating massage, cuticle treatment, and nail shaping. Polish is applied.

Classic Pedicure 45 min \$45

Pamper your feet with a relaxing Thalassotherapy foot bath followed by a lavender sea salt exfoliation and hydrating massage. Feet are left smooth and invigorated. Feet, toenails, and cuticles are beautified and polish is applied.

Gel Polish Manicure 60 min \$40

Long lasting gel polish creates beautifully manicured nails. Gel polish promotes strong nails, reduced chipping and zero dry time.

Express to Impress 30 min \$20 hands

30 min \$30 feet

A quick clip and polish is perfect maintenance between manicures and pedicures.

Perfect Paraffin Treatment \$15 hands or feet

PerfectSense paraffin by Spa Revolutions offers the most luxurious paraffin treatment, the only safe and sanitary treatment available in premium spas. The paraffin uses 11 vitamins including A,C,E,D, B-5 and B-12 to provide exceptional nourishment, hydration and protection.

Polish Change 15 min \$10

Nail Enhancements

- French nail polish for hands and feet \$7
- AHA callus remover for feet \$5
- Warm Stones \$10
- Gel Polish removal \$15



makeup

Makeup Application 45 min \$40
Full face of makeup for a special occasion.

Makeup Lesson 75 min \$75
Our aestheticians will demonstrate how to apply your foundation, blush, lip color, and eye color.

Tint \$25 Brow or \$30 Lash
Let us enhance your brows and/or lashes with semi-permanent color.

waxing

Please note that waxing cannot be performed on anyone using prescription or over the counter products containing Retin-A, Green Cream, Glycolic, AHA (Alpha Hydroxy Acid), or derivatives of those products.

Hair Removal
\$20 Brow / \$32 Brow & lip
\$15 Chin or nose
\$10 Ear
\$30 Full face / \$45 Full face w/brow
\$12 Lip

Bikini waxing
\$35 Bikini and up / \$45 Extended bikini

Body waxing
\$25 Abdomen
\$30 Half arm or Under arm
\$40 Back or Half leg
\$35 Chest
\$10 Feet
\$45 Full arm
\$70 Full leg
\$95 Full leg w/bikini

sunless tanning

Take the uncertainty out of sunless tanning with the VersaPro® Heated Sunless Spa Series. This cutting-edge technology gives you flawless results in the privacy of an automated spray tan booth. VersaPro® offers graduating levels of color and hydration treatments that allow you to extend the life of your sunless tan.

VERSASPA®
SUNLESS SKIN CARE SYSTEM



the lifestyle boutique upon arrival

The Lifestyle Boutique at Franco's offers an array of products to accommodate every lifestyle. Fashion apparel, accessories, spa products, and cosmetics are among the genres we offer at the lifestyle store. Mingle amongst walls of home décor, luxurious bedding, unique gift items, and travel must-haves that enhance a healthy lifestyle. The Lifestyle Boutique aims to elevate the convenience and variety of your shopping experience. **You can contact The Lifestyle Boutique at 985.792.0270.**

For your enhanced comfort and relaxation, we suggest that you arrive 20 minutes prior to your scheduled treatment. This will allow you time to relax in our adult-only locker rooms. We invite you to enjoy our complimentary sauna, steam room, whirlpool, or cold plunge before or after your service.

The spa is located on the second floor of the club, adjacent to the library lounge.

To ensure a tranquil environment for all of our spa guests, we ask that cell phones be turned off or silenced during your treatment.

making your appointment

We encourage you to make reservations in advance by calling 985.792.0250. Our Spa Coordinator will be happy to assist you in the selection of your service.

Your spa appointment is a time for when spa rooms and personnel are reserved just for you. Please respect our schedule by keeping appointments. Should you need to cancel or reschedule your appointment, please give us at least 24 hours notice to avoid a cancellation fee equal to 25% of the price of your service(s).

comfort

Spa attire is what is most comfortable for you. For spa treatments, we provide a luxury robe and sandals. Therapists are highly trained professionals and you will be draped throughout your treatment.

This is your time – delight in the experience to the fullest. Whether it's the temperature of the room, the amount of massage pressure or the volume of the music, please notify us of your preferences. We offer 7 distinctly designed treatment rooms, a choice of aromatherapies, luxury linens, and a beverage menu to help you customize your spa experience.

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clarisonic



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