



Requirements to Participate in the Interactive Vaulting Program

- Must be a current student in the therapeutic riding program for at least one session.
- Needs to be evaluated by an interactive Vaulting instructor.
- Acceptance is dependent on availability of space and a successful evaluation.



Professional Association of Therapeutic Horsemanship International



1721 Blue Banks Farm Rd.
Greenville, NC 27834
252-752-0153
www.rhrnc.com



Rocking Horse Ranch Interactive Vaulting

Interactive Vaulting Lessons

Interactive Vaulting is an activity in which the students perform movements on and around the horse. These movements can be very simple, such as sitting without holding on or a more elaborate move, such as kneeling or standing on the horse. It all depends on the individual needs of the vaulter. Interactive vaulting provides an energetic atmosphere where students can develop their awareness of the horse, themselves, and others, while increasing their strength and balance.



Who can Vault?

Interactive vaulting is a group activity for individuals who are ambulatory and cognitively capable of following directions. Individuals with learning disabilities, ADHD, or social weaknesses, are just some of the individuals who could potentially benefit from participation in interactive vaulting.

Must be a current student in the therapeutic riding program for at least a session.



Benefits

Interactive Vaulting fosters teamwork, teaches respect for the horse, fosters independence, builds confidence, encourages social interaction, and offers individualized instruction while mounted.

Interactive Vaulting introduces all gaits of the horse in a short period of time.



*In riding a horse, we borrow freedom. –
Helen Thompson*