



Campaspe Downs Activities

Abseiling

Determination and courage are rewarded with an overwhelming sense of achievement for the student who manages to walk backwards over the edge of a climbing tower. In addition to learning a new skill, abseiling enables students to understand risks and how to control them.

Archery

Our archery ranges teach basic archery skills - children will need accuracy, control and a steady hand. Qualified instructors encourage children to develop their technique and show awareness of all safety measures. Groups can progress to "Target Archery Award" to develop and test skill levels.

Bush Walk

Taking a hike in the bush is often the best way to make the most of the surroundings.

Climbing Wall

Qualified instructors teach children how to recognize and control risks before learning the basic skills and techniques of climbing with a top-rope belay.

Crate Stack

Working in teams, children use crates and teamwork to try and construct the highest crate stack while stood on the top of it!

Flying Fox

Travelling at high speed suspended and harnessed from an overhead cable isn't something forgotten easily! Determination, courage and exceeding limitations are qualities often observed.

Giant Swing

The ultimate test of nerve and joint decision-making! Members of the group haul the Giant Swing 10 metres into the air with two people in the harness. When both participants agree, they pull the ripcord and swing towards the ground at high speed. The question is...how high will you go?

Initiative Exercises

Working in small teams, this is a fantastic way for students to solve puzzles, make decisions and communicate with each other in order to accomplish a set task. Teamwork, planning and strategies are all skills required to meet the various challenges.

Leap of Faith

This is an individual challenge that requires determination and courage to climb a 6 metre pole. Each student can succeed within their own parameters - even if they don't make the final dive for the Trapeze.

Low Ropes Course

Less than a metre off the ground, this exercise lowers the degree of physical difficulty but promotes the role of teamwork and communication. Students must negotiate a series of obstacles and challenges which do not prove as easy or straightforward as they appear!

Open Canoeing

Experience one of our most popular activities and take to the water in a canoe. Challenging and fun, students learn and develop paddling techniques, teamwork and communication skills using a combination of games and instruction both on land and afloat.

Orienteering

A basic on-site course introduces children to practical map reading. Working in small groups, the development in map reading skills is gained by locating control points within the boundary of our centre. Decision-making, symbol recognition and judgement of distance travelled are all required.

Possum Gliding

The team on the ground pull on a rope, raising the participant almost 15 metres off the ground and up into the tree canopy. This activity is designed to put the participant outside their comfort zone as they swing around freely, and encourages communication and teamwork amongst the rest of the team.

Raft Building

Build it well or you are likely to get wet! Promoting teamwork, planning and communication skills, students work together to build a raft from different components that will float and steer.

Rope Climb Challenge

Students belay and encourage each other as they negotiate their way up suspended obstacles which can include ropes, climbing walls, crates and cargo nets.

Survivor

Learn how to build a shelter in an on-site 'wilderness' environment and operate as a team. Basic navigational and meteorological skills are developed by the group during the design of their camp layout. Key responsibilities will be identified and shared by the team who will work together to get the most from the 'wilderness' experience.

Swimming

Supervised by qualified lifeguards, our swimming pool hosts games and small team activities that enable children to enjoy being in the water, develop confidence and build swimming, life-saving or personal survival skills.

Team Games & Ballsports

Traditional games including cricket, Basketball, 5-a-side Soccer and Volleyball can be played to develop skill, learning and the use of tactics in a small team environment.

Yabbing

Catching the common yabby, a species of crayfish, is a popular activity. Grab a net and see how many you can catch!