

## Kansas Diving Parents Handbook

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## **1. About KANSAS DIVING**

Kansas Diving is a year-round, lessons and competitive diving program which trains at several locations in Kansas City and Eastern Kansas. Kansas Diving strives to instill safe, proficient diving skills in divers throughout the Kansas City metropolitan area and eastern Kansas. Please note that due to NCAA Rules restrictions all participants must reside within a 50 mile radius of the University of Kansas main campus in Lawrence.

## **2. Coaches**

The Kansas Diving coaching staff has extensive diving backgrounds, working with athletes of all ages and abilities, from Olympic Trials competitors to very beginners. The coaching staff takes pride in teaching diving in a safe, supportive manner, and utilizes a levels-based approach to insure that each diver properly develops requisite skills prior to advancing to more difficult skills. All of our coaches undergo Background Checks, are members of USA Diving, are US Olympic Committee (USOC) SafeSport Certified, have Concussion Protocol training, are USA Diving Safety Certified, and have been trained to teach the Kansas Diving Levels System. Our coaching staff collaborates with experts in diving and other fields to evaluate and implement best practices in diving specific technique, training program structure, and youth development. Furthermore, all coaches undergo on-going continuing education and collaborate to maximize fun while promoting safe, technically sound teaching.

## **3. General Practice Rules**

- a. Please insure that the diver is on-time, and ready to begin participating when the practice is scheduled to begin. This means that the diver should be dressed out and ready to begin dryland at the designated time, not merely entering the front door.
- b. Dryland and water equipment can only be utilized when a coach is present and supervising.
- c. Parents and siblings may watch the water portion of practice, but only from the bleachers. Parents and siblings are not allowed on the pool deck. At facilities where the pool deck is attached to the bleachers parents must remain in the bleacher area.
- d. At Central, parents and siblings are not allowed in the dryland area. Provided there are no other groups in the ROTC area, parents and siblings may sit in that area. At Robinson, provided there are no other groups in the gym area, parents and siblings may sit in the east half of the area.
- e. Please reserve any questions for outside of the practice times.
- f. At all times, divers, parents, and siblings should be mindful of other school classes, groups, and activities to insure that we are not disrupting those students and entities.
- g. Divers must listen and adhere to coaches' instructions at all times. If a diver has to be asked to follow directions more than twice, the diver will sit out of practice for 5 minutes or longer. Continued disruptions and inattentiveness will result in removal from the day's practice.

#### **4. Make-Up Policy**

Due to coaching staff and facility availabilities there are no make-up practices offered. Where possible and space allows, divers may be allowed to come to an alternative practice group for a make-up practice.

#### **5. Insurance**

Upon the first practice all divers will be registered with USA Diving. USA Diving is the National Governing Body for diving, which supports all levels of diving and competitions including selection of World Championship and Olympic Teams.

#### **6. Athlete Safety and Well-Being**

As in any sport there is risk of serious, even potentially fatal injury; however, the experienced, highly trained coaching staff puts safety first in all of our activities. In accordance with USA Diving practices, staff members are USA Diving certified, which requires Safety Certification, Background Checks, and US Olympic Committee Safe Sport training which insures proper and healthy coach/athlete relationships.

As outlined above in the 'General Practice Rules', safety is of paramount importance to Kansas Diving. While many parents express concerns about the safety of diving for an athlete who is properly trained by a safety certified coach, diving is an extremely safe sport. "Diving Safety, A Position Paper" published by United States Diving reports on a study conducted by the Consumer Product Safety Commission which found that there were fewer accidents related to diving and diving boards than to golf, bowling or bleachers. A second study conducted by the "National Spinal Cord Injury Data Research Center" found that half of all diving injuries occurred in rivers, lakes and oceans and that most diving injuries "result from horseplay and injudicious behavior." As Olympic Coach Ron O'Brien has explained: The sport of diving has suffered a poor image through association with accidents involving a dive into water, but having no connection to the sport of diving itself. These accidents occur in the shallow end of the pool, not the deep end, and they usually involve people who are not divers, have received little instruction and whose activities are not properly supervised.

Thusly, in accordance with best practices and extensive coaches' education, Kansas Diving takes every step to establish and maintain a safe training and competitive environment. As outlined above, our athletes learn based upon established skill-progression methods, and train extensively in our dryland training environment, allowing divers to hone particular skills before progressing to the pool.

#### **7. Diving Competitions Philosophy**

Diving meets are a critical element to proficient athlete development. Competitions are the best method for measuring progress, and provides a fun, rewarding experience for a diver's hard work throughout the season. Diving meets are typically one or two day weekend events, where divers compete in the 1-meter, 3-meter, and often platform events. At the beginning stages

divers will typically compete in the 'Future Champions' events which are more skill based, eventually progressing to the 'Junior' level events where divers compete within the 9 & Under, 10-11, 12-13, 14-15, and 16-18 events. Age groups are determined based upon the diver's age as of December 31<sup>st</sup> of that year. Divers at the highest performance level also compete at the 'Senior' level, which removes age restrictions, competing against the top divers in the nation, often including past and future Olympians.

Throughout the school year Kansas Diving team members attend competitions approximately every 6 weeks. As there are limited numbers of divers within the metropolitan area, many of these competitions require travel throughout the Midwest. Kansas Diving works diligently in planning these traveling competitions to minimize individual costs, allowing every athlete critical opportunities to compete. The competitive calendar for the 2015-2016 season is listed below in this handbook. Please note that the costs listed are approximate and can alter based upon the numbers of participants at each meet. The meet schedule is subject to change; please consult with the coaching staff before making any advance travel arrangements.

## **8. Diving Meets Overview**

As touched upon above, there are several types of diving meets, and several levels of competitions, but generically, a diving meet consists of several events with divers competing on different levels against a number of other athletes of varying abilities.

At nearly all diving meets athletes will have an open warm-up, with all divers warming up in the morning, this is a group practice time. Immediately prior to their event (at the conclusion of the previous event) divers will typically have 30-45 minutes to their event warm-up which will lead directly into their competition.

Diving meets consist of rounds, wherein the divers are ordered and perform one dive each round of divers. Diving meets are judged, typically by the coaches from the competing teams. Occasionally at smaller meets experienced parents may judge; however, per USA Diving requirements family members are prohibited from judging events in which their family member is participating. The judges score each dive from 0 (lowest) to 10 (highest) at ½ point increments.

Diving meets will have 3, 5, 7, or 11 judges (synchronized diving only for 11 judges).

With 3 judges all 3 scores are summed and multiplied by the degree of difficulty to determine the dive's overall score. Each dive has a set degree of difficulty ranging from 1.0 to over 4.0 at .1 increments.

With 5 judges the highest and lowest scores are removed and the remaining 3 scores are summed and multiplied by the degree of difficulty. With 7 judges the 2 highest and 2 lowest scores are removed and the remaining 3 scores are summed and multiplied by the degree of difficulty. Determining the role of the 11 judges for synchronized diving judging is a bit like the scoring on 'Whose Line is it Anyway'.

Ultimately each dive's overall scores is summed to get the diver's total score for the event. The diver's total scores determine their place finish. For Future Champions events ribbons are customarily awarded to the top 3, top 6, or top 12 finishers. For Junior and Senior events medals are customarily awarded to the top 3, top 6, or top 12 finishers.

More detailed information on diving competitions and specific dives is available at: [www.usadiving.org/about/diving-101/](http://www.usadiving.org/about/diving-101/)

Please note that diving scoring can seem complex and arbitrary especially to inexperienced divers and parents; however, at competitive diving meets the overwhelming majority of judges are highly qualified and unbiased. What may seem like an improper score is almost always justified, and USA Diving rules prohibit negative activity directed at or about judges and can result in dismissal from a meet.

## 9. Dive Numbers

Dive numbers are essentially codes to represent each dive. These will be sent to each family prior to registering for a meet (more below). Dive numbers consist of 3-4 numbers followed by a letter. In short they represent the following:

The 1<sup>st</sup> number is:

- 1 for front dives or somersaults
- 2 for back dives or somersaults
- 3 for reverse dives or somersaults
- 4 for inward dives or somersaults
- 5 for twisting dives or somersaults
- 6 for armstand (handstand) dives or somersaults (platform events only)

The 2<sup>nd</sup> number is typically a 0 except for twisting and armstand dives. For twisting and armstand dives the 2<sup>nd</sup> number is 1, 2, 3, or 4, representing front, back, reverse, or inward as listed above.

The 3<sup>rd</sup> number is the number of ½ somersaults being performed.

- 1 = a dive
- 2 = a somersault
- 3 = a 1½
- 4 = a double
- ...and so forth

The 4<sup>th</sup> number (for twisting and armstand twisting dives) is the number of ½ twists being performed.

- 1 = ½ twists
- 2 = 1 twist
- 3 = 1½ twists
- ...and so forth

The letters, A, B, C, or D represent the dive positions

A = Straight, in which the diver is straight at the hips and the knees are locked

B = Pike, in which the diver is bent at the waist with the knees locked (the tighter the pike, the better)

C = Tuck, in which the diver is bent at the hips and the knees (essentially a small ball shape)

D = Free, a combination of pike and straight which is only used in twisting dives with 2 somersaults or less

**At most meets only the dive number (and letter) are announced, not the dive description (i.e. 101c will be announced, not 'Front Dive Tuck'), so it is important that divers know and understand the dive numbers.**

## **10. Coaching Staff's Role for Diving Meets**

Approximately 6 weeks prior to each Team competition (excluding qualifying meets when the subsequent meet is inside of 6 weeks) the coaching staff will send out a list of divers that are expected to participate in the meet. Parents are expected to 'RSVP' shortly thereafter so that coaches can prepare travel arrangements and to properly prepare the athletes for the upcoming competition. As stated above if a diver is selected for a competition that is considered mandatory; however, we are aware that on rare instances other circumstances may conflict, so communication is critical at this stage.

For traveling meets, about 1 month prior to each competition the coaching staff will outline the team travel plans. In an effort to minimize costs carpooling and parent chaperons may be utilized. Most commonly, we will simply identify a primary hotel with when possible, a discounted group rate for rooms. Typically each family is welcome to determine their own individual travel plans, and further travel details will be determined on a situational basis.

About 2 weeks prior to each competition the coaching staff will provide a list of dives for the upcoming competition. At this point divers (and/or parents) will register for the meet online at [www.divemeets.com](http://www.divemeets.com). If this is an athlete's first competition they will need to obtain a free divemeets ID. This is found on the upper-right hand portion of the screen, when you hover over the 'Login' link it will say 'Get a DiveMeets ID'. Select that link, then fill out the information below. For 'Organization Membership' select 'USA Diving' (diver). Next, from the upper-portion hover over 'Meets' and select 'Upcoming' then 'USA Diving'. Then select the appropriate meet and enter the dive lists that have been provided. Dives may be edited after entry, so while accuracy matters, it is not critical or absolute. Please note that most meets have an entry deadline after which a late fee is incurred. Some late fees can be VERY expensive, so don't delay in registering for meets.

1 week prior to the meet the coaching staff will provide a rough schedule for when athletes should arrive and be prepared to practice at the competition site. Full meet details timelines will be provided at this point when available, but often this information is not available until we reach the meet. In all cases we will have a brief team meeting at a predetermined time each day of a competition to review the timeline for the next day of competition. Attendance at the team meeting is mandatory to insure that all athletes are properly prepared.

For Lessons divers it is assumed that all divers will compete in all regular meets. As addressed below, it is Parents' responsibility to let the coaching staff know if their diver will not be attending a meet. For the session ending Team meets the above rules will apply for Lessons divers.

## **11. Parents' Role for Diving Meets**

### **a. Prior to the Meet:**

Make sure your child gets a good night's rest and a healthy meal prior to the competition. However, avoid eating anything heavy within an hour of the start of the diver's event warmup.

Be sure that you know what time your child is expected at the pool. Especially when out of time please allot extra time.

USA Diving regulations require that parents remain in the stands at competitions unless they are officially helping to run the meet.

Find the registration table, this is where each diver checks-in for the meet prior to their first warm-up. There they will review their lists of dives and makes changes if necessary.

Be sure that your child has team apparel and suits for the competition and for the awards following the competition.

For the athletes bring the following items to the competition: team swimsuit and warm-up swimsuit, chamois (the little towel thing), towels (at least 2 for each competition), team apparel, activities (i.e. playing cards, iPod, games, etc.)

For yourself Kansas Diving recommends bringing a book, laptop, work, etc. Meets can be long affairs so have items to help occupy your own time. Also please note that most pools are warm and humid, so dress accordingly.

### **b. During the Meet:**

Enjoy! Your child has worked very hard to get to this point and is trying his or her best. While as a parent you have likewise put considerable time and money into supporting your athlete, the best thing you can do for them at this point is to be supportive. Diving is a sport where being overly pumped up or stressed is a detriment; as such, please strive to keep an even, calm demeanor regardless of successes or failures. Importantly, avoid speaking negatively of the diver, Kansas Diving divers or staff, other divers and coaches, and judges.

Also, some of the events can be several hours long. Kansas Diving will alert families in advance if we will be providing a snack table for athletes so that they can have light snacks and water/sports drinks during the competition. However, for some meets those will not be provided, or your athlete may prefer different snacks. In these cases please be sure to

have some light, healthy snacks available during the competition. Please note that some facilities are restrictive about having food in the pool area, please abide by their rules and adjust accordingly.

c. After the Meet:

Please be sure that your child has their team apparel on for the awards ceremony.

If your child is participating in another event or the next day's warm-up, insure that they are eating/drinking healthy snacks/meals.

Make sure to attend the team meeting to prepare for the next day.

Tell your child how proud you are of them, or if they are disappointed help to reassure them moving forward!

d. Lessons Parents ONLY:

If your diver is unable to attend any of the regular meets notify the coaching staff as early as possible prior to the meet so that they can plan accordingly.

## 12. Team Apparel

Team apparel will be available shortly. Team apparel is required for divers in the Crimson and Blue groups, and is encouraged for any Lessons divers that compete, but is not required. Crimson and Blue group divers are required to wear their team apparel at competitions.

## 13. Academic Requirements

Though competitive diving is the primary focus of Kansas Diving, our students' academic success is a primary goal in developing well-rounded, productive citizens. Academic success is integral to obtaining collegiate scholarships, and is a requirement for participation. All students are required to maintain a minimum of a 2.5 GPA, or their school's equivalent. All athletes are required to submit their quarterly grade cards to the coaching staff within one week of receiving their grades. These may be submitted electronically via email, or a copy may be delivered to the coaches. Any students falling between a 2.0-2.49 GPA will only be allowed to participate in dryland training until their grades return to a 2.5 or greater level. Any students falling below a 2.0 will not be allowed to train until their grades have returned to a 2.0 or greater. Individual grades will not be shared with others, group results will be shared within the team. Kansas Diving reserves the right to utilize the results for grant proposals.

## 14. Physical Testing

Periodically, athletes' physical conditioning may be conducted with the athletes. These tests measure their height, weight, speed and strength, flexibility, agility, and endurance relevant to the sport of diving. Individual results may be shared with each athlete and their family, but will



not be shared with others. Group results may be shared within the team. Kansas Diving reserves the right to utilize the group results for scientific testing or for grant proposals.

## **15. Team Communication**

Good communication is vital to and a commitment of Kansas Diving. Several forms of communication are utilized to best disseminate information to parents and athletes. Much of our basic team information is available at our website, [www.kansasdiving.com](http://www.kansasdiving.com); however, it is utilized primarily to convey more static information. Emails should be directed to Head Coach Gabe Downey at, [gdowney@ku.edu](mailto:gdowney@ku.edu). Most critical information including meet information and deadlines, practice time changes or cancellations, team apparel orders, and such will be conveyed via email.

When traveling, or in the event of later changes text messaging will be utilized. Texts will typically come from the Head Coach at (785)-312-2129.

As addressed above, communication with the coaches during the practice times can create an unsafe situation, and takes time and focus away from your athlete and his/her teammates. Additionally, the coaching staff all have busy lives outside of the program, as please be respectful of their personal and family time and obligations.

Parents, athletes, and the coaching staff all invest immense energies in developing quality divers and preparing the athletes for top performance. Thus, if addressing meet performance it is requested that you allow at least 24 hours after any competition to address an issue with the coaching staff. This is to allow all parties time to reflect prior to any discussion. It is very natural to get caught up in the moment during competitions. A short-time to decompress can often bring great clarity to any situation.

## **16. Code of Conduct**

Although diving is primarily an individual sport a culture of success is predicated upon healthy relationships with teammates, parents, and the coaching staff. Divers and parents are expected to treat one another and the coaching staff with respect at all times.

Athletes and parents are encouraged to resolve inter-personal issues with one another. If requested or deemed necessary, the coaching staff may interject in any issues. Any behaviors or actions deemed detrimental to the program will be addressed by the Head Coach. Punishments are at the sole discretion of the Head Coach and may include: A Written Warning, Temporary Suspension for a period of time, or Expulsion.

## **17. Attendance**

For Crimson and Blue Group divers, as further outlined below in 19. Fees, attendance is vital to achieving success. The coaching staff records attendance at all. The Crimson and Blue Groups are competitive training programs for athletes seeking elite success. As such, attendance at less than 60% of the practices in a given month will necessitate a meeting with the diver and their family to discuss training and life circumstances. Continued in-attendance may result in removal from the group at the sole discretion of the Head Coach. Lessons group divers are not subject to

attendance requirements; however, attendance will be strongly considered when evaluating progression to the Crimson group.

## **18. External Training/Jobs**

All Kansas Diving divers may participate with their High School diving teams and Summer League teams. For high school team participants the Missouri and Kansas High School Athletic Associations allow for 'dual-participation', wherein the diver may train with their high school program and Kansas Diving concurrently. For Crimson and Blue group members, attendance and training may be altered during the high school season per mutual agreement with the athlete and his/her family, the coaching staff, and when applicable the high school coaches.

Kansas Diving holds that the high school diving teams are a fun, positive experience for these athletes; however, high school diving training does not afford the training resources and coaching of Kansas Diving. As such, all Crimson and Blue Group athletes are expected to properly prioritize their academics and training to continue towards their peak performance during this time as directed by the coaching staff.

Likewise, Kansas Diving recognizes that many of our athletes begin diving with Summer League programs. These are a fun, positive entry-level diving opportunity. However, Summer League programs have the same limitations as high school programs. Kansas Diving Crimson and Blue Group divers are expected to make Kansas Diving training their priority. Mutual agreement upon training and attendance with the athlete and his/her family and the coaching staff is a requirement for summer league participation.

Part-time jobs are an important learning experience and provide necessary income for most athletes. Kansas Diving is respectful of work responsibilities, but requires that work schedules are coordinated with the coaching staff. Kansas Diving is fortunate to have a stable training environment, in which our practice times and locations rarely change throughout the year. As such, athletes are expected to undertake all efforts to insure that work requirements and schedules do not conflict with training. Work related matters should be addressed with the Head Coach on a case-by-case basis.

## **19. Fees**

All group fees are due prior to the 1<sup>st</sup> workout of each session. Late payments may incur a \$10 late fee. Continued non-payment will result in removal from training until payments are rectified.

Kansas Diving is avidly committed to providing diving opportunities to all interested athletes that display a dedicated approach to training and competing at the peak of their abilities. As such, need-based scholarships are available on a case-by-case basis. Financial documentation is required to apply for a scholarship.

## **20. Resources**

Basic Team Information: [www.kansasdiving.com](http://www.kansasdiving.com)

General Diving Information: [www.usadiving.org](http://www.usadiving.org)

Diving Meet Registration and Results: [www.divemeets.com](http://www.divemeets.com)

## 21. 2015-2016 Meet Schedule

Please note that all meets are currently tentative, please refer to coaches' instructions before making any plans or arrangements. The final schedule should closely reflect the meets listed below.

MEET	LOCATION	DATE	GROUP(S)
Nebraska Diving Invite	Lincoln, NE	10/17, 2015	All (Lessons, Crimson, Blue)
St Louis Diving Invite	St. Peter's, MO (St. Louis)	12/12 – 12/13, 2015	All
Omaha Diving Invite	Omaha, NE	1/23, 2015	All
Dick Wilson Memorial Invite	Keller, TX (Dallas)	2/20 – 2/21, 2016	Crimson, Blue
Kansas Diving Invite	Lawrence, KS	3/26, 2016	All
Region VII Championships	Pattonville, MO (St. Louis)	End of April, 2016	Crimson, Blue
Tigertown Invite	Columbia, MO	End of May, 2016	All
Zone D Championships	Columbia, MO	Mid June, 2016	Crimson, Blue
National Championships	TBD	End of July, 2016	Qualifiers

# KANSAS DIVING CONTACT SHEET

Diver's Name: \_\_\_\_\_ Gender: M F

Parent(s) Name(s): \_\_\_\_\_

Home Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

School: \_\_\_\_\_ School District: \_\_\_\_\_

Phone 1 (please indicate whose #): \_\_\_\_\_ Phone 2 (please indicate whose #): \_\_\_\_\_

Email 1: \_\_\_\_\_ Email 2: \_\_\_\_\_

Diver's D.O.B.: \_\_\_\_\_ Grade: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Past Diving Experience: \_\_\_\_\_

Past Sports/Team Experience: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please list any pertinent allergies, medical issues, injuries, medications: \_\_\_\_\_  
\_\_\_\_\_

Family Doctor/Pediatrician: \_\_\_\_\_ Doctor's Phone: \_\_\_\_\_

Emergency Contact 1 Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Emergency Contact 2 Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Insurance Company: \_\_\_\_\_ Policy #: \_\_\_\_\_

I/we hereby grant consent to any and all health care providers to administer any necessary medical care as a result of injury/illness. This consent includes First Aid and transportation to/from health care providers.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Desired Group – please indicate preference (1, 2, 3) for any groups that you would accept:

\_\_\_ Central (KCMO) – T/Th – 6-7:30pm \_\_\_ Robinson (KU) – M/W – 5:30-7pm

\_\_\_ SM South (OP) – T/Th – 7:30-9pm \_\_\_ SM South (OP) – W/F – 7:30-9pm

\_\_\_ Crimson Group (Central & Robinson – Team Group)

# KANSAS DIVING Waiver, Release Liability, and Indemnification Agreement

In consideration with allowing the child whom I am considered to be the legal parent or guardian of, to participate with Kansas Diving, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,

I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releases or others, and assume full responsibility for my child's participation.

I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove my child from participation and bring such to the attention of the nearest Kansas Diving employee immediately.

I, for myself, and on behalf of my heirs, assigns, personal representatives, and next of kin, hereby release and hold harmless Kansas Diving, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("releases"), with respect to any and all injury, disability, death, or loss or damage to person or property, whether arising from the negligence of the releases or otherwise, to the fullest extent permitted by law.

I, on behalf of my participating child consent that the photographs, artwork, audio, video, or writing that is documented may be used by Kansas Diving, in whatever way they desire, including television, CD-ROMs, web page, publications, and any other form for the storage, retrieval, and reproduction of information, images; furthermore, I hereby consent that such information, photographs, videos, and the plates and/or tapes from which they are made shall be their property, and they shall have the right to sell, duplicate, reproduce and make other uses of such information, photographs, videos, recordings, and plates as they may desire free and clear of any claim whatsoever on my part, in keeping with all applicable child protection statutes.

I have read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.

Parent/Guardian Name (Print): \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Consent for Website Publication (optional):

I consent to the publication of my diver's name and/or photograph or video on the Kansas Diving team website, [www.kansasdiving.com](http://www.kansasdiving.com) or social media pages, or other media to be determined solely by Kansas Diving.

Consent for Listing in Team Directory:

I consent to the publication of my and my diver's contact information for an internal team contact directory.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**\*\*\*Signature represents acknowledgement of, and agreement to the items and terms as listed in this Handbook, including consent for Athlete Testing, Academic Requirements, Attendance Requirements (as applicable), and agreement to Payment Terms and Fees.**