

Charity Runner Guide

2016 Run for a Reason Charity Program presented by Bank of America

Packet Pick Up

- Packet pick up is located at the GNC Live Well Health & Fitness Expo on Friday, April 29 & Saturday, April 30, 2016. The Expo is open on Friday from 11:00 AM- 8:00 PM and Saturday from 9:00 AM- 6:00 PM. There is NO packet pick up on race day unless Will Call is purchased. Please email runforareason@p3r.org by 5:00 PM on April 22, 2016 to purchase Will Call.
- The only thing required is for you to know your bib number ahead of time and to bring your photo ID. [Bib-look-up](#) is available for Sunday races only. Kids, 5K & Pet Walk bibs will be alphabetical at packet pick up.

1,000 Dollar Club stickers

- Individuals who have fundraised \$1,000 by April 30 at 6:00 PM will receive access to the FedEx Ground Hospitality Tent in Point State Park with their access sticker. Individuals who have raised the full \$1,000 by April 18, 2016 will receive their sticker on their bib. All other fundraisers will need to visit Runner Services to pick up their sticker.

Runner Services

Race Event Switch - \$30.00

- Runners may switch race events at Runner Services during operating expo hours (*if event is available*). Participants may switch from; Marathon → Half Marathon, Half Marathon → Marathon. Participants **may not** switch into the following categories; relay event or from the 5K to a longer distance event. Runner fee is due at the time of event switch process.

Event Registration Transfer - \$30.00

- Charity runners may transfer their event registration to another charity runner at Runner Services during operating expo hours. Participants are able to transfer the following event registrations to another person; Marathon, Half Marathon or Relay Team Member. The charity runner transfer form signed by the charity coordinator and the runner transfer fee is due at the time of the transfer process. Please email your charity coordinator for the transfer form.
 - o Note: Original runners are responsible for finding a replacement for their race entry and are NOT eligible to receive a participant race shirt, race bag or finishers medal. The new runner will keep the original participant's shirt, regardless of gender or size, but can visit the Shirt Swap booth to try and exchange.

Relay Team Member Registration - \$50.00

- Relay team members that did not register prior to the online deadline (April 20, 2016) may register to be added to their relay team at the Relay Team Member Registration booth during operating expo hours. A **\$50.00 per person fee** applies to relay team member registrations.

Please visit <http://www.thepittsburghmarathon.com/faqs> for complete Runner Services procedures and policies.

Start Corrals

- You have been assigned to one of four corrals based on the pace you selected during registration:
 - Corral A: Elite, Seeded, and Non-Seeded runners under 8:00 minute mile pace
 - Corral B: 8:00 – 9:29 minute mile pace
 - Corral C: 9:30 – 10:00 minute mile pace + Relay Teams
 - Corral D: 10:01 – 13:00 minute per mile and over pace
- To update your corral, visit Runner Services during Expo hours.
- For access points and instructions on how to enter the corral, visit www.thepittsburghmarathon.com/race-day-info.

Parking

- Downtown lots available on Saturday and Sunday can be viewed using the Pittsburgh Downtown Partnership's [PARK PGH](#) interactive parking map.

Saturday

- The North Shore garages and lots that will open at 6:00 AM are: **Gold Lot 1, Gold Lot 2, and W. General Robinson Garage.**

Sunday

- All North Shore garages and lots will open at 4:00 AM on Sunday.

Downtown Parking

- Since the start and finish line are located in the downtown area, it is important for all participants to arrive at least two hours prior to the start of the race.
 - o Note: There will not be shuttles available for participants to and from parking garages before or after the race.

Transportation

- Port Authority
 - o The [Port Authority](#) has posted their detours and schedule changes for race weekend.
 - o The Port Authority [trip planner](#) function is also available to help find the best routes for using public transportation.
- Visit www.thepittsburghmarathon.com/race-day-info for more information regarding parking, transportation & road closures.

Gear Check presented by FedEx Ground

Drop-off Locations

- Gateway T Station (intersection of Liberty Avenue and Stanwix Street)
 - Benedum Parking Lot (intersection of 7th Street & Penn Avenue)
 - Market Square
- All Gear Check trucks will move to the Gateway T Station after the race for pick up.
- Visit www.thepittsburghmarathon.com/race-day-info for a complete list of Gear Check guidelines.

Course Information

Aid & Fluid Stations

- UPMC Sports Medicine will provide medical support at 16 medical aid stations along the course.
- There will be 17 fluid station locations along the course that will consist of the following amenities:
- Restroom facilities
 - Gatorade (lemon-lime flavor)
 - Water

Other Refreshments

- Honey Stinger Energy Gels
- LÄRABAR Protein Bars
- Herr's Pretzels

Post-Race Information

Finish Line Festival – Point State Park, 7:30 AM – 2:00 PM

- Family reunion will be set up with alphabetical markers by last name to guide families to where they should meet after the race.
- Location of the FedEx Ground Hospitality Tent
- Members of the Steel City Road Runners (SCRR), Pittsburgh Corporate Wellness Challenge, Pittsburgh Campus Challenge and 1,000 Dollar Club charity runners receive exclusive access to the tent on race day.
- Commemorative items such as posters and finisher jackets will be available for purchase.
- Lost & Found will be located at the Information Tent
- Finish Line area and Finish Line Festival map can be found [here](#).

Race Results

- Race results will be available through the official mobile App as soon you cross the finish line.
- Runners can scan the QR code located on their race number with their smart phone to find their time.
- Unofficial race results will be available on race day at ThePittsburghMarathon.com and emailed to all finishers.
- Once race results are deemed official, all official finishers will be emailed with a link to their digital finisher's certificate indicating net time, pace per mile and finish place; the certificate also will be available for download at ThePittsburghMarathon.com.

Lost Runner

- If you're having trouble finding your friend or family member, visit the Red Cross truck located on Liberty Avenue near the entrance to the Gateway Garage.

Race Weekend Customer Service

- Contact us via social media during the hours of operation below:
 - Friday, April 29: 10:00 AM – 10:00 PM
 - Saturday, April 30: 6:00 AM – 10:00 PM
 - Sunday May 1: 4:00 AM – 3:00 PM
 - Volunteers still needed for social media team on Saturday & Sunday!
 - [Click here](#) to sign up!
- P3R Information: info@p3r.org