



## **FINDING HOUSING IN STOCKHOLM**

*- tips and useful information*



**Karolinska Institutet  
Housing AB**



Unfortunately, there is a shortage of accommodation in Stockholm and the wait for housing is generally long.

Due to the lack of accommodation it is quite difficult to find affordable housing in Stockholm, especially in the beginning of the semesters when many students and researchers are looking for housing. When you are searching for a place to stay, it is important to start well in advance. Remember that finding housing in Stockholm may be tedious and time consuming but almost everyone finds a place to stay after a while.

On the following pages, you will find some valuable advice for those who are searching for housing in Stockholm.

If you are looking for a place to stay for a longer period, we recommend you to first check the information about KI Housing and verified housing companies on page 2-3.

You will also find information about other ways to find long term accommodation in the section about "long term housing" (page 3-4).

Note that it is important that you plan for a temporary arrangement, such as a hostel or hotel, if you will arrive to Stockholm and have not found a permanent place to stay. There are several ways to find short term accommodation in Stockholm, see the section "temporary housing" for further information (page 5).

*We hope that this guide will be helpful. Best of luck with your search for housing!*

## CONTACT INFORMATION

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# 2. LONG TERM HOUSING

## KI HOUSING

All incoming international students and researchers who will start studying/working at KI are welcome to apply for accommodation [on the website of Karolinska Institutet Housing](#).

We recommend you to apply as soon as possible when you know your date of arrival to have a chance of receiving a housing offer. Applying in good time is unfortunately not a guarantee to be offered, but it can ameliorate your chances.

KI Housing has a shortage of studios and apartments where couples or families may stay. We advise couples and families to look for other accommodation options as well, as we are unable to offer many of those who apply.

Please keep the following things in mind when applying for accommodation through KI Housing:

- KI Housing rooms and apartments are foremost intended for international students/researchers coming through established exchange agreements. Other incoming students/researchers at KI are welcome to apply but will only be offered accommodation in case of availability.
- An application needs to be made no later than three months after arrival in Sweden as KI Housing is intended to be a first place to stay when a student/researcher comes from abroad. When you have been in Sweden for more than three months, you are ineligible to apply.
- When you apply, please mark as many accommodation alternatives as possible to increase your chances of getting housing. As KI Housing has more rooms than apartments it is easier to get a room than an apartment. However, it is important that you only apply for alternatives that you are willing to accept as you will only receive one offer.

- The approved applications will be processed at the earliest two months before your requested moving-in date. Please note that KI Housing only contacts applicants who are offered housing.

- The maximum rental time is one year. You are expected to look for other accommodation alternatives while staying with KI Housing if you are going to stay in Stockholm for a longer period than one year.

- KI Housing helps with accommodation for incoming international students and researchers for their first time in Stockholm. We do not have the resources to help those who have already stayed here for a while.

## KI HOUSING - CORPORATE AGREEMENTS

KI Housing has agreements with three mediators of corporate apartments (sublet apartments): Bostad Direkt, Newstay and Apartment HS.

If you are eligible to apply for accommodation through KI Housing but cannot get housing in any of the KI Housing areas, you are allowed to search for accommodation through the apartment mediators Bostad Direkt, Newstay and Apartment HS. For further information about these agreements, [please see this link](#).



## VERIFIED HOUSING COMPANIES

If you are not eligible or not able to get accommodation through KI Housing, there are other verified housing companies in Stockholm:

- **WENNER-GREN FOUNDATIONS**

Wenner-Gren Foundations offer apartments to foreign guest researchers working in laboratories in Stockholm. Applications must be submitted either before arriving in Sweden or within six months after arrival. [See this link](#) for further information about their housing queue.

- **SSSB**

Once you become a member of the Student Union, you should sign up for student housing with SSSB if you are planning to stay for more than a year. Their waiting list is quite long so you cannot expect to get housing during your first semester. [Click here](#) to view their website.

- **KISTA STUDENTBOSTÄDER**

Kista Studentbostäder provides about 400 apartments for students in a suburb called “Kista”, located northwest of central Stockholm. The travel time from T-Centralen to Kista is about 20 minutes. Note that the waiting time for getting an apartment through them is about two years. [Click here](#) to join their housing queue.

- **CAMPUS ROSLAGEN**


Campus Roslagen provides rooms and apartments for students and researchers in Norrtälje, north of Stockholm. The travel time is about one hour from Campus Roslagen to Tekniska Högskolan in Stockholm, where you can take the subway or buses. [Click here](#) to find an apartment through them.


## PUBLIC HOUSING QUEUE


Bostadsförmedlingen i Stockholm is a marketplace for available housing units in the city of Stockholm and its suburbs. [Click here to join their housing queue](#) (please note that you must have a Swedish ID number to be on their waiting list).

## PRIVATE SUBLETS

Subletting an apartment is a common way to solve the housing situation in Stockholm. However, before you start to search for sublets on the private market, we have listed some initial things to keep in mind:

 **Safety:** Although the majority of the rental advertisements are legal we recommend you to be cautious to avoid fraud. We advise you to visit the accommodation and sign the contract before paying any deposit or rent. We also recommend you to ask the landlord for his/her personal id when signing the contract to validate his/her information. At last but not least, you should only pay the deposit to a Swedish bank account.

 **Location:** Stockholm is not so big and the public transportation works really well. It is very difficult to find housing close to the university and it is not unusual to commute for about one hour to go to work or school.

 **Rent:** The average rent for a private room in a shared apartment is about SEK 3000 up to SEK 9000 a month depending on size and location (a room in the city center is usually much more expensive than a room in the suburb). The rent for a studio is about SEK 6000 to SEK 14000 per month (also depending on size and location). Additional costs for electricity, internet or TV may be added or be included in the rent so remember to ask the landlord about that.



# 2. LONG TERM HOUSING

## >> PRIVATE SUBLETS

There are many ways to find available sublets in Stockholm. Below we have listed some of the most common sites.

- EASY RENTAL

Easy Rental is a free service that helps you to find an accommodation in Stockholm. They inform you via email and app (Android and iOS) as soon as new property (rooms and apartments) becomes available in any of the major rental websites.

[Click here](#) to find housing through their service.

- HOUSING ANYWHERE

Housing Anywhere is a platform where you can search for a room in Stockholm. The rooms that are offered on their website are from verified students and landlords.

[Click here](#) to sign up for free.

- BOSTAD DIREKT

Bostad Direkt is a platform where you can search for a room or an apartment in Stockholm offered by private persons and landlords.

[Click here](#) to register for free.

- AKADEMISK KVART

Akademisk kvart is a platform hosted by SSCO (Stockholm Federation of Student Unions) where you can find private sublets.

[Click here](#) to find housing on this platform for free.





### VISITED BY KI HOUSING

There are hundreds of hotel apartments and providers of short term accommodation. KI Housing has visited one or more of the apartments provided by the following companies:

- BEAUTIFUL APARTMENTS

Furnished apartments of varying sizes for short and long stays. Some apartments are located within walking distance from the KI Campus in Solna. [Click here to view their website.](#)

- STAY AT

Hotel Apartments in Bromma, Stockholm. [Click here to view their website.](#)

- APARTMENTS BY LIGULA

Subletted private rooms and apartments in Hammarby Sjöstad, Stockholm. [Click here to view their website.](#)

### OTHER ALTERNATIVES FOR SHORT STAYS

If you are searching for a hostel or hotel, you will probably find an appropriate room on one of the following websites providing online booking:

- ✓ [Hostelworld](#) - Hostels in Stockholm
- ✓ [Hotels.com](#) - Hotels and hostels in Stockholm
- ✓ [Booking.com](#) - Hotels and hostels in Stockholm
- ✓ [AirBnB](#) - sublet rooms and apartments from local hosts
- ✓ [Stockholm Budget](#) - rooms and apartments in Stockholm at affordable prices





## SMALL SWEDISH HOUSING DICTIONARY

First hand contract – förstahandskontrakt

Sublet contract – andrahandskontrakt

Housing queue – bostadskö

To let/sublet – uthyres (i andra hand)

1-bedroom apartment – 2 rum och kök (1 bedroom, 1 living room, kitchen and bathroom). In Sweden, we count the number of rooms that the apartment contains, except for the kitchen and bathroom.

## LINKS TO WEBSITES GIVING USEFUL INFORMATION

Below you will find a list with links to websites giving useful information when searching for housing/living in Stockholm:

- ✓ [Sweden.se](https://www.sweden.se) – information about the housing market in Sweden and your rights and obligations as a tenant etcetera.
- ✓ [Moving 2 Stockholm](https://moving2stockholm.com) – Blog that provides information about how to recognize common scams/scammer profiles in Stockholm
- ✓ For information about public transport in Stockholm, please see [the website of SL](https://www.sll.se).
- ✓ [Visitstockholm.com](https://www.visitstockholm.com) - tourist information
- ✓ [Study in Sweden](https://www.studyinsweden.se) - information for prospective international students about student accommodation in Sweden

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