
Cavanaugh Orthodontic Care
391 W. Weaver Road
Forsyth IL 62535

Separators

- Keep the separators in until your next appointment!
- If any of the separators come out, please try to replace them.
- If you can not replace the separators please call us so that we can replace them for you.
- The separators will make you very sore for the first few days. Eat soft foods and take Advil as needed.
- DO NOT eat anything stick (taffy, caramels, any gum). This can remove the separators.
- If a separator falls out and continues to fall out when replaced, wait a day or two and try to replace it again. Sometimes the space made is so great that the separator will not stay.
- ***If your separators are out the day of your banding and bonding appointment we WILL NOT be able to get the braces on.***