



## Information Packet

Obtain or complete the following and bring with you:

- Referral Form from your Physician (if applicable)
- Patient Questionnaire
- Physical Therapy Medical Consent Form
- Patients Rights/Responsibility Consent Form
- Wear/bring comfortable clothing like going to a gym
- If seeing Physical Therapy for lower leg problem please wear/bring shorts
- Insurance Card
- Picture Identification

Most insurance carriers require a co-pay for physical therapy services. Please come prepared to pay this at the time of service. Under certain circumstances we do offer payment plans. You can contact your insurance company via the 1-800 number on your insurance card if you have any questions about your physical therapy benefits.



## Physical Therapy New Patient Information

Welcome to Peacock Physical Therapy Services! We appreciate the opportunity to treat you.

There are a few things that you need to know to make your appointment run smoothly.

- Please remember to bring your referral/prescription and any other information your physician gave you.
- Please fill out the paperwork that is provided in this packet prior to your appointment time. If your paperwork is not completed, please arrive at least 15 minutes earlier than your appointment time in order to complete the paperwork.
- If you arrive more than 15 minutes after your scheduled appointment time, we may need to reschedule your appointment.
- Your initial appointment and follow up appointments will last approximately 60 minutes.
- Please dress comfortably, as if you were going to workout at a gym. (If you are being seen for a lower leg problem, please wear/bring shorts.)
- If there are two or more consecutive missed appointments without prior notification, then we may cancel any remaining visits and you will be referred back to your doctor.
- If you need to cancel/reschedule your appointment, please call at least 24 hours in advance to allow us to offer your appointment time to other patients.
- You can contact your insurance company via the 1-800 number on your insurance card, if you have any questions concerning your physical therapy benefits.

Again, thank you for choosing Peacock Physical Therapy Services.

Sincerely,

PPTS Staff

11750 Business Park Drive, Suite 203 Waldorf, MD 20601  
P. O. Box 1066 Waldorf, MD 20604  
Phone: 240-718-8103 • Fax: 443-729-0619

*Healing one body at a time to enhance wellness over a lifetime*



## **Peacock Physical Therapy Services**

### **SUMMARY OF BASIC PATIENT'S RIGHTS AND RESPONSIBILITIES**

We are committed to serving you with compassion, care, skill and respect. As one of our patients, you have choices, rights and responsibilities.

#### **YOU HAVE THE RIGHT:**

- To be treated with dignity and respect
- To know the names and professional status of the people serving you
- To privacy
- To confidentiality of your records
- To receive accurate information about your health-related concerns
- To know the effectiveness, possible side-effects and problems of all forms of treatment
- To participate in choosing a form of treatment***
- To consent to, or refuse, any care or treatment
- To select and/or change your health care provider
- To review your medical records with your clinician
- To information about services and any related costs

#### **YOU HAVE THE RESPONSIBILITY:**

- To keep appointments or cancel in advance
- To be honest about your medical history***
- To ask about anything you do not understand
- To follow treatment advice and medical instructions
- To report any significant changes in symptoms or failure to improve
- To understand your insurance policy regarding physical therapy benefits
- To respect clinic policies
- To provide both positive and negative feedback about services and policies



## Peacock Physical Therapy Services Co-pay Information

- Since different plans charge different co-pays for physical therapy, please check with your specific policy about benefits.
- If your insurance plan requires a deductible or coinsurance, please be ready to pay a portion of it at time of visit. We will then bill your insurance and bill you the remaining balance should you have one once the portion you've paid at time of visit is applied.
- If your insurance plan requires a co-pay, we will collect that during the visit. Co-pays are usually the *specialty co-pay* and **will be collected at each visit.**
- Under certain circumstances we do offer payment plans. If you are in need of a payment plan, please speak with the billing department.
- You can contact your insurance company via the 1-800 number on your insurance card, if you have any questions concerning your physical therapy benefits.

Thank you,

PPTS Staff



## Patient Information Form

NAME: \_\_\_\_\_  
DATE OF BIRTH: \_\_\_\_/\_\_\_\_/\_\_\_\_ GENDER \_\_\_\_  
ADDRESS: \_\_\_\_\_  
CITY: \_\_\_\_\_ STATE: \_\_\_\_ ZIP CODE: \_\_\_\_\_  
PHONE#: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_  
SSN: \_\_\_\_\_ MARITAL STATUS: \_\_\_\_\_  
EMPLOYER: \_\_\_\_\_ PHONE#: \_\_\_\_\_  
OCCUPATION: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_  
RELATIONSHIP: \_\_\_\_\_ PHONE: \_\_\_\_\_

REFERRED BY: \_\_\_\_\_ PHONE: \_\_\_\_\_

**PRIMARY INSURANCE:** \_\_\_\_\_ PHONE: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
POLICY HOLDER: \_\_\_\_\_ DOB: \_\_\_\_\_  
SSN: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_  
POLICY# \_\_\_\_\_ GROUP#: \_\_\_\_\_  
POLICY HOLDER EMPLOYER: \_\_\_\_\_

**SECONDARY INSURANCE:** \_\_\_\_\_ PHONE: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
POLICY HOLDER: \_\_\_\_\_ DOB: \_\_\_\_\_  
SSN: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_  
POLICY# \_\_\_\_\_ GROUP# \_\_\_\_\_  
POLICY HOLDER EMPLOYER: \_\_\_\_\_

**ASSIGNMENT OF BENEFITS:** I hereby assign all medical benefits to Peacock Physical Therapy Services, LLC. I understand that I am financially responsible for any co-payments, deductibles, and non-covered expenses.

**ASSIGNMENT TO RELEASE INFORMATION:** I hereby authorize the release of any information pertinent to my case to any insurance company and/or health care professional involved in this case. A photocopy of this assignment shall be considered as effective and valid as the original.

\_\_\_\_\_  
PATIENT SIGNATURE DATE

\_\_\_\_\_  
PATIENT PRINTED NAME DATE

11750 Business Park Drive, Suite 203 Waldorf, MD 20601  
P. O. Box 1066 Waldorf, MD 20604  
Phone: 240-718-8103 • Fax: 443-729-0619

*Healing one body at a time to enhance wellness over a lifetime*



**Patient Medical History Form**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Date of Injury: \_\_\_\_\_

To help us better evaluate your condition please complete this form to the best of your knowledge. If you have any questions please ask for assistance. Thank you.

**Patient Medical History: (please circle any condition for which you have received treatment. Items not circled are understood to be negative.)**

- High Blood Pressure    Asthma    Recent    Weight Loss/ Gain
- Heart Problem    Emphysema    Thyroid Problem (Hyper or Hypo)
- Abnormal Heart Rate    Chronic Lung Problem    Diabetes (medical dependent? \_\_\_\_\_)
- Pacemaker    Chronic Heartburn    Cancer (where? \_\_\_\_\_)
- Heart Palpitations    History of Ulcers    Epilepsy/ Seizure
- Angina (chest pain)    High Cholesterol
- Heart Murmur    Bowl or Bladder Problems
- Abnormal Bleeding    AIDS/ HIV Positive
- Other: \_\_\_\_\_

Do you have a history of fractures? YES NO Where? \_\_\_\_\_

Do you have a history of back/ neck pain? YES NO  
When? \_\_\_\_\_

Do you have any metal implants? YES NO  
Where? \_\_\_\_\_

Do you smoke? YES NO  
How much per day? \_\_\_\_\_

Do you exercise regularly? YES NO How often? \_\_\_\_\_

Do you have known drug allergies? YES NO  
Please list \_\_\_\_\_

Are you pregnant or suspect pregnancy? YES  NO

**In regards to your current today:** please rate your pain: none [0-1-2-3-4-5-6-7-8-9-10] worst

Do you have any "pins and needles" or numbness in your extremities? YES NO

Do you have any weakness in your arms or legs? YES NO

Do you have any coordination or balance problems? YES NO

Do you have difficulty walking? YES NO

Do you experience dizziness or vertigo with a change in position? YES NO

Have you experienced headaches as a result of you condition? YES NO

Were you injured in a work related incident? YES NO

Please list all current medications :  
\_\_\_\_\_  
\_\_\_\_\_



Please list all surgeries/ dates:

---

---

Please check diagnostic tests performed:

X-ray  MRI  CT Scan  Bone scan  Bone Density  EMG  Ultrasound

Please describe your chief complaint and current condition:

---

I believe all information to be true and complete.

Signature \_\_\_\_\_ Date \_\_\_\_\_







**Patient Privacy Policy**  
**Patient Consent for Use and Disclosure of Protected Health Information**

The Notice of Privacy Practices provided by Peacock Physical Therapy Services, LLC (PPTS) describes such uses and disclosures more completely. I have the right to review the Notice of Privacy Practices prior to signing this consent. PPTS reserves the right to revise its Notice of Privacy Practices at any time. A revised Notice of Privacy Practices may be obtained by forwarding a written request to PPTS.

I hereby give my consent for PPTS to use and disclose protected health information (PHI) about me to carry out treatment, payment, and health care operations (TPO).

With this consent, PPTS may call my home or other alternative location and leave a message on voice mail or in person in reference to any items that assist the practice in carrying out TPO, such as appointment reminders, insurance items and any calls pertaining to my clinical care, including laboratory test results, among others.

With this consent, PPTS may mail to my home or other alternative location any items that assist the practice in carrying out TPO, such as appointment reminder cards and patient statements as long as they are marked "Personal and Confidential."

With this consent, PPTS may e-mail to my home or other alternative location any items that assist the practice in carrying out TPO, such as appointment reminder cards and patient statements.

**Patient Rights**

You have certain rights under the federal privacy standards. These rights include:

- The right to request restrictions on the use and disclosure of your protected health information
- The right to receive confidential communications concerning your medical condition and treatment
- The right to inspect and copy your protected health information
- The right to amend or submit corrections to your protected health information
- The right to receive an accounting of how and to whom your protected health information has been disclosed
- The right to received a printed copy of this notice

**Requests to inspect protected health information**

As permitted by federal regulation, we require that requests to inspect or copy your health information be submitted in writing. You may obtain a form to request access to your records by contacting us. Please be aware the law allows a \$10 clerical fee plus a per-page copy fee for copies of your medical record.

I have the right to request that PPTS restrict how it uses or discloses my PHI to carry out TPO. The practice is not required to agree to my requested restrictions, but if it does, it is bound by this agreement. Concerns or complaints should be submitted to Peacock Physical Therapy Services, LLC.

I may revoke my consent in writing except to the extent that the practice has already made disclosures in reliance upon my prior consent. If I do not sign this consent, or later revoke it, PPTS may decline to provide treatment to me.

By signing this form, I am consenting to allow PPTS to use and disclose my PHI to carry out TPO.

\_\_\_\_\_  
Signature of Patient or Personal Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name of Patient or Personal Representative

11750 Business Park Drive, Suite 203 Waldorf, MD 20601  
P. O. Box 1066 Waldorf, MD 20604  
Phone: 240-718-8103 • Fax: 443-729-0619

*Healing one body at a time to enhance wellness over a lifetime*