

How to make rice bag warmers

Supplies

Fabric

Scissors

Straight pins

Thread

Sewing machine

Rice (do not use instant)

Funnel

Sewing needle

Instructions

1. Cut two 5-inch by 10-inch pieces of fabric. Place the two squares together with the back sides of the fabric facing each other. Pin the layers together along all four sides.
2. Sew along the two 10-inch side edges and on one 5-inch edge using a short straight stitch on your sewing machine and leaving a $\frac{1}{2}$ -inch seam allowance. Sew the other 5-inch side edge but stop when you reach 2 inches from the end of the seam.
3. Turn the pouch right side out.
4. Pour rice through a small funnel into the bag through the gap you left in the fourth side seam. Stop when the bag is $\frac{3}{4}$ full.
5. Turn the remaining open edges to the inside of the bag and sew the gap shut by hand using a needle and thread.

