

Ironman Race History

Race	Time	Result
Hawaii 1989 (1 st Full Ironman)	10:58	10 th place (25-29)
Hawaii 1990	10:51	1 st place (30-34)
Hawaii 1991	10:11	15 place Pro
Hawaii 1992	9:59 (PR)	13 th place Pro
Ironman Canada 1993	10:10	5 th place Pro
Hawaii 1993	10:16	
Ironman Canada 1994	10:28	11 th Place Pro
Hawaii 1994	10:49	
Ironman Canada 1995	9:51 (PR)	3 rd place Pro
Hawaii 1995	10:51	
Ironman Canada 1996	11:09	
Hawaii 1999	10:48	4 th place (40-44)
Ironman Lake Placid 2000	11:46	
Ironman Wisconsin 2003	11:05	1 st place (40-44)
Hawaii 2004	12:07	
Hawaii 2007	11:48	
Ironman Louisville 2008	12:13	2 nd place (45-49)
Hawaii 2008	12:17	
Ironman Canada 2010	11:37	3 rd place (50-54)
Hawaii 2010	11:34	4 th place (50-54)
Ironman Wisconsin 2011	12:07	
Ironman NYC 2012	11:37	5 th place (50-54)
Ironman Mont Tremblant 2014	11:58	2 nd place (55-59)