

Hymns10.5.4

**IN COMMUNION'S HOLY SUPPER**

*"Take eat; this is my body...Drink from this all of you; this is my blood of the new covenant,...Do this in remembrance of me."  
(Jesus' words of institution from the Gospels as quoted in the United Methodist Service of Word and Table.)*

In communion's holy supper,  
through the wine and broken bread,  
we unite with Christ our Savior,  
thus recalling what He said.

Here we find our living Savior,  
or, more likely, we are found  
by the Host who ever seeks us  
for this feast where grace abounds.

Though this moment seems so private,  
as if meant for us alone,  
we still sense a deep communion  
with all Christians, most unknown.

In this meal of fond remembrance,  
we recall His love for us,  
re-enact the saving drama  
of His suff'ring on the cross.

But 'tis also celebration,  
for the Risen One is here,  
present through these simple symbols.  
Lift your hearts with joy and cheer!

Words: R. Frederick Crider, Jr. ©2010 All Rights Reserved. Mark 14:22-25 NRSV 87.87 Trochaic

Suggested Tune: Wellesley, 87.87 by Lizzie S. Tourjee, 1877 (cf. tune to "There's A Wideness In God's Mercy" #121 UMH)