

The "Three-fold Law of Return" Exposing This Lie and its Origins

The "Three-fold," the "Ten-fold," The One-hundred-fold.; all of these were invented by a few human beings to frighten the masses, in order to maintain spiritual control. With the availability of knowledge in modern times, witchcraft could no longer be suppressed, so the oppressors had to find a way to keep it inline so real power and control can remain in the hands of a few. These few *know* the truth and are adepts in black magick which they use liberally to spiritually enslave the masses. They control the mainstream religions that are nothing but programs to suppress knowledge and control humanity. The article below exposes this lie for what it is:

"The first known reference in print to the three-fold law of return appeared in 1970 in 'Witchcraft Ancient and Modern' by Raymond Buckland who was initiated into the craft by Gerald Gardner and was instrumental in introducing Gardnerian Witchcraft into the United States." ¹

With enough research, it is evident that the "three-fold" emerged with the "Gardnerian Tradition." Then, we have the "seven-fold" and I'm sure everyone has heard of the "ten-fold." My point here is none of this recent man-made nonsense has anything to do with the original religions. Its sole purpose is to keep people from using their inborn power and to promote a passive attitude that is accepting of abuse. This is no different from the Christian Church.

This "three-fold teaching was taken from the eastern concept of "karma" after it merged with Western Christianity. After the eastern teachings of karma picked up the Judeo/Christian overtones of divine punishment, the product evolved into yet another system of control with the same theme of keeping power in the hands of a few who know how to use it to exploit humanity. One thing led to another and Gerald Gardner added more to this and promoted the belief that witches must never use their powers to cause harm. Everybody has to take abuse and keep the passive attitude.

The Wiccan Rede: "An it harm none, do what ye will." According to Gardner, the "creed" is derived from "Good King Pausol" who declared, "Do what you like so long as you harm no one." King Pausol is a fictitious character from the French novel by Pierre Louÿs (1870-1925): *Les Aventures du Roi Pausole: Pausole (Souverain Paillard et Débonnaire)* (1901 and reprinted in 1925 numerous times since), or the *Adventures of King Pausole (The Bawdy and Good Natured Sovereign)*. This is the basis of "Wicca." Wicca is nothing more than a Christianized version of the old religions. Wiccans have taken selected rites and teachings to suit their whims, from the original religions and have twisted, corrupted and transformed them and are now passing themselves off as the original religion. The hypocrisy can be readily seen in the Gods they

acknowledge. Many, if not most of these Gods and Goddesses that they claim to worship, were the ones who brought the teachings of magick to humans, both white and black magick. They are known as "The Fallen Ones."

The original Horned God is Satan. In addition, few Wiccans bother to do any in-depth research regarding the Gods and Goddesses they commune with and worship. Most of these deities are of the Pantheon of Hell. Many Wiccans and Modern Pagans also unknowingly mix their deities (Angels with Demons) and this can spell disaster. I read a long list of deities these people claim to worship and it is obvious they really know nothing much about them. Most of these writings consist of nothing but double talk, for example: how "Ishtar" should be evoked instead of "Ashtaroth" even though they are the same Goddess. They claim using the name "Ashtaroth" is different, even though they readily admit she is the same Goddess.

According to author Raymond Buckland, Wiccans claim their religious roots to be evident in a Paleolithic cave painting of a man dressed in stag skins presumably performing a dance. "Caverne des Trois Freres at Ariege France" is the site of this cave painting. It is just that- a man dressed up in animal skins and is no proof of anything.

Satanism has often served as the scapegoat for these new age religions and movements, whose adherents view themselves as so good and perfect. Wicca is a Christianized corruption of the old pagan religions. Wicca is the Judeo/Christianized version of witchcraft. One of the major goals of Christianity is to destroy the past and replace it with fictitious versions that conform to the lie of Christianity. Recently, they have been working to turn the religion into a Goddess cult, by gradually getting rid of the Horned God so there will be fewer and fewer ties with the original religions. Wicca is a bogus movement, not based upon the facts, but like Christianity, it is based upon stolen and altered rites and teachings. Like Christianity, it depends upon the ignorance of its followers to thrive.

References:

- ¹ Witches and Witchcraft by Rosemary Guiley 1989
- "Threefold law of return" pages 340-41,
- Also: "Wiccan Rede" pages 363-64
- "Horned God" 163-64
- "Witchcraft Ancient and Modern" by Raymond Buckland

About Black Magick

People do things to and against other people in life, because they know they can get away with it. Much of this is due to humanity as a whole residing on a very low level of spirituality, due to knowledge being forcibly removed and destroyed by the Christian Churches. There is rarely any serious justice and most people are indoctrinated to endure all kinds of injustices and abuse. If everyone were spiritually empowered, there would be a lot more thoughtfulness and consideration for and how we interact with others. Society and the human race as a whole would evolve to a higher level.

There are natural laws. One of them is a species or individual for that matter, who is unable to fight back and defend him/herself against others who seriously intend harm will cease to exist. Many species of plants and animals become extinct because they are unable to defend themselves. Our bodies are fighting continuously against invaders in the form of bacteria, viruses, and germs. If our cells stopped fighting and killing harmful invaders, we would quickly become sick and die. This is a fact of life and natural law.

Ethics and a certain code of conduct is necessary for civilization to continue and self-control is important. Sometimes someone is having a bad day or things are said or done many times, unintentionally. However, if someone is seriously out to harm you or deprive you of justice, you have an obligation to fight back. Satanists are not victims.

The working of Black Magick requires much strength of mind and skill. Wiccans and others of the RHP lack this skill and therefore are at a major disadvantage. The stronger we become in mind, the more powerful we are at all times. Regular power meditation, chakra work, and visualization are essential. One does not need to resort to ritual for retaliation. When we have a strong, focused mind, others will feel the effects when we think intensely of them or when we direct our energies. This is important to remember where family and loved ones are concerned. We all offend each other every now and then, but when we have a powerful mind and aura, we must remember this and be in control. Our anger can cause others to have accidents and misfortune.

As for others who are purposely offensive, just focusing on them letting your anger loose, with a strong, well-trained mind, will usually do the job. I have had things happen on my own, without having to do any rituals.

Black Magick and Mental Health

Most of us are familiar with psychiatry, counseling, psychology, and other mental health services. The methods used are standard. Most professionals prod the patient into expressing repressed feelings- anger, hatred, envy, resentment and related emotions, including repressed sexuality and sexual feelings.

Acknowledging these repressed emotions sheds new light on the origins of serious hang-ups, neuroses, compulsions/obsessions and other serious mental health disorders. Many physical ailments are brought about by repressed emotions. Some of these end in death. These have a very detrimental effect upon one's soul and spiritual being as well.

The New Age movement, Wicca, many eastern religions (Such as modern Buddhism, which have been Judeo/Christianized), and others all advocate denial of expressing so-called "baser" emotions. This leads to poor mental health and worse. Catholic priests are a blatant example of the consequences of sexual repression. Sexual repression is about the worst, as the sex drive is as powerful as and is tied directly to the life force, it doesn't just go away. Anything that is repressed comes out in warped, distorted, and unhealthy ways. Many problems would be avoided if people would vent their feelings and stop repressing them. This isn't about going on a rampage, it is just acknowledging one's own feelings and letting them out. One should always be honest with one's self.

By denying anger, hatred, jealousy, and other so-called "negative" emotions, one is laying a pattern for serious problems down the road. People who claim to love, love, and love, and deny their anger and hatred, take on that artificial alien deadpan smile that is so common amongst Christians in the advanced stages of Christianity. Inside, these people are extremely unbalanced and are literally like grenades with the pins pulled, just waiting to explode, either turning their pent up anger out on others or in upon themselves. This is extremely unhealthy. Yet, they consistently excuse the hatred and wrathful behavior of the false god they worship. This sets the stage for serious mental illness.

Another common teaching is denial of materialism. The reason for this is so wealth and power can be kept in the hands of a few- the same people at the top who work to remove spiritual knowledge and replace it with Christianity and other lies. Material possessions make life more enjoyable and are an extension of ourselves. There should be a healthy balance between spiritualism and materialism. The merging of the material with the spiritual is the key to attaining the godhead of the soul.

No one has a right to dictate to others how they should feel about someone or something. Ritual is often an excellent means of venting emotions. Anything that is consciously and intentionally repressed will cause serious problems later on.

The Black Arts

I have been placing emphasis on the black arts, because there is little information available on the subject, as opposed to the white magick books and writings. In order to have true power, one must be adept at both. This takes time, patience, and a lot of hard work.

Many people often wonder why their spell workings have failed. This is because one's mind and aura are weak. Sure, we can go to Satan and his Demons when we are in need, but the goal of Satanism is to become powerful ourselves. Satan and his Demons guide us and give us the knowledge we need to increase our powers.

Satan does not waste his time on those who do nothing with themselves. True Satanism is not Disneyland. If you want serious power, you will have to work hard at it. This can take years, but is well worth the effort. We save our own souls.

There is time we can all squeeze in with a bit of organization. Do what you can do. Breathing exercises only take around ten minutes and are very effective in increasing one's powers. They can be done first thing in the morning or even in the bathroom if you lock the door (if one lives in a full house). Even five minutes of visualization exercises, a day will bring many benefits. Meditation is being in the here and now; emptying your mind of all thoughts. This can be done anywhere and at anytime.

Much can be done with a well-trained mind. For example: Knowledge of anatomy gives one the ability to either heal or inflict harm. Nerves can cause pain, if one focuses upon them in a hated one. This is one of many examples. You can also open and access other areas of your brain that are dormant in most human beings and empower these areas by focusing on them and attempting to use the abilities they provide when activated. Thoughts can be placed in another person's head the same way. Concentration and repetition are necessary here.

For those who do not as of yet have enough power, many times a spell or ritual can be repeated on consecutive nights, with the cycle of the Moon. Spells for growth and increase should be performed during a waxing moon, while spells for destruction should be performed during a waning moon. In some cases, spells may need to be repeated. When a working is successful, you should know it and there is usually no more need to repeat it.

For those who like to do their workings outdoors, the earth has vast energy reserves for people who know how to manipulate energy.

The use of a pendulum can prove invaluable. Obtaining consistently accurate answers from a pendulum takes much practice and patience. One can begin with a map of a suitable area that is secluded for ritual work. By using a pencil in one hand and a pendulum in the other, a series of yes/no, questions can be asked to pinpoint a spot. The pendulum will begin to move rapidly in circles when taken to a spot out of doors where there are natural lines of earth energy.

Stones can be used to enhance a circle of power. The circle of power is for building and concentrating your energies before directing them at the desired goal. Stones containing quartz increase the power of the energies in the circle and act as transmitters. Circles are also used for protection and as barriers.

Always remember, after any black magickal working to clean your aura and your chakras with either a bright light, as that of the sun. When we use and draw upon negative or destructive energy, a residue can remain clinging to our auras. If this is left, it can cause problems, as energy tends to attract energy of the same wavelength. This is especially true with those who due to a lack of knowledge, invoke energy, instead of evoking it and then use it for destruction, thus creating a tie. Taking the time to clean your aura will rid your soul of anything negative that could cause you problems. Take your time at this. When you are able to see your aura brightened and your chakras as well, then ask your pendulum if you are completely cleansed. If not, ask what needs more work, going through your chakras one by one with yes/no questions that the pendulum is able to answer.

When finished with ANY ritual, it is important not to think about the ritual or your desired goal. Let the ritual alone to do its work, as dwelling, worrying or rehearsing the working can manifest the wrong energies and interfere. When we worry, or dwell on the outcome, we can sometimes alter the results we worked to influence. This is where void meditation is essential. Regular practice of void meditation gives us the ability to turn off unwanted thoughts and influences.

Workings of revenge and black magick are best done when the hated one is asleep. During sleep, the victim's psychic defenses are down and the subconscious/suggestive mind is wide open.

Everyone should cleanse his/her aura and chakras on a daily basis. This is as essential as regular bathing. Unfortunately, due to the systematic removal of spiritual knowledge, few people know about their own souls, how to properly care for or keep them healthy. This can be done upon awaking, doesn't take long, and can prevent illness, psychic attack and other negative energies from getting a hold. It will also enhance your charisma when interacting with others.

Witchcraft

Satanism is a religion of the mind. Nearly 100% of all Satanists, past and present have practiced and taken a serious interest in witchcraft, magick, and the occult. Witchcraft has always been synonymous with Satanism. "Witch" means "wise one." Because of persecution, most sorcerers and practitioners of the magickal arts/powers of the mind, years ago worked in secrecy.

The Gods are all extra-terrestrials. In nearly every authentic account of direct human interaction with aliens, the aliens displayed advanced powers of the mind. Telepathic communication took place, even with humans who had no previous experiences with this. Levitation, telekinesis, healing, performing a mind wipe (Where one forgets everything that occurred), and other powers of the mind, deemed extraordinary by humans are commonplace for the majority of these beings.

Witchcraft is nothing more than attempts by human beings at attaining powers of the mind that are our birthright. For centuries, the Christian Churches, and their cohorts have done everything in their power to frighten people away from attempting to use the power of which other beings in the universe have full access. The sole purpose and objective of Christianity has always been to remove all spiritual knowledge and prevent people from accessing the powers of their minds and souls, so this power can be kept in the hands of a "chosen" few world domination. Humanity has been held dangerously and purposely back by Christianity. This not only places us as a whole in a seriously vulnerable and defenseless position, but also damns the soul that is at the complete mercy of other beings with power.

The enemy extraterrestrials, which outnumber the friendly ones, look upon humanity as beasts to be exploited. Their goal is to use the energy of our souls after we die, for their own purposes. The only way they can succeed is through humanity's spiritual ignorance and lack of spiritual power. This is one reason I strongly encourage people to perform the dedication ritual to Satan. When we make a commitment to Satan, he protects us as we advance spiritually. Many, who go it alone with sorcery and advancing their souls, meet with disaster. This does not come from Satan, but is from the enemy who uses fear and negative experiences to frighten and discourage people from attaining any real power. Those who reach a certain level, stand out on the astral. There are numerous Yahoo groups on the internet, those who are without, who discuss kundalini and other psychic empowerment phenomena and the negative experiences these people have are rampant.

I subscribed to several of these groups some time ago and read many messages concerning negative experiences with astral entities and anxiety attacks and other intrusions where these people suffered attacks they had no explanation for.

One woman permanently lost all of her hair after performing a spell. As the illustration in the text used in the movie "The Nine Gates" warned, "Venture too far and danger can descend on you from up above" this is true to reality.

Many so-called "spooks" are in reality extraterrestrials, including the Cyclops, fairies, elves, gnomes, and others. Fairies, gnomes, and related are elemental beings that only have one or two elements to their souls, where human beings have four: fire, earth, air, and water. These beings are also adept at astral projection and other feats, which explain much of the "hallucinations" experienced by those who open their minds up enough to "see" them. Non-conformity is a major part of Satanism. Those who conform are sheep and will never have the strength to think for themselves enough to see the truth and evolve to a higher level. One cannot conform if one wishes to empower one's self. One must completely know one's self in order to evolve and effectively practice magick and not follow the herd.

Every problem can be solved with the right kind of knowledge. Knowledge also eliminates fear and is the key to power.

Evocation and Invocation

There are basically two ways of summoning an entity or working with energy: "Evocation" and "Invocation." Spiritual evocation is summoning an entity whether it be a Demon, spirit, deceased person, or elemental and the being appears outside of the operator. When working with energy, the energy is always on the outside of the operator and never inside his/her body. With evocation, there is never a direct tie or connection.

Invocation is taking the spirit into one's self. The being actually enters the operator's body. An example is invoking a Demon and the Demon speaks through the operator using his/her voice to communicate. Often when this happens, one's voice may change, becoming deeper, raspy, or different in some way. During séances, often the medium is able to produce a substance called "ectoplasm" to provide a luminescent material in order for the evoked spirit to manifest itself visibly. This is a form of invocation as there is a direct connection with the spirit and the medium.

There are many different beings. One thing I have learned is with Satan's Demons, when they enter us; they never harm us in any way. We are always conscious and fully aware. When they are speaking through us, we are aware of what they are saying and rarely is anything ever forced. One doesn't experience gaps or "missing time" as those who invoke angelic beings have. Angels often masquerade as Demons. There are entities that are NOT of Satan and when they are invited in (usually these are angels or related ilk) they will take over and cause harm to the person who invoked them and the individual will not have any memory of the event. They will have missing time and more than likely other lingering problems as well.

Father Satan is the bringer of knowledge. He has no reason to cause anyone to forget something or have lapses in memory in order to hide something. People who dabble with angels and other astral entities of whom they are not familiar with can experience these problems, and then of course, through ignorance and foolishness they blame "The Devil."

Some Demons come around and like to play. One time when I was at work, a coworker showed me a photo of his girlfriend. I felt a Demon enter me and he said to me "go ahead." I began reading her. The co-worker was surprised at my accuracy. Of course, this was my Demon friend speaking through me. Most available texts on spells and magick, due to a lack of knowledge (spiritual and magickal knowledge was removed and obliterated by the Christian church), not only give wrongful instructions, but instructions that can also be very dangerous when working black magick, using death energy and other destructive forces.

There is a great difference between evocation and invocation. When we invoke energy or spirits, we create a link to the energy or spirit through ourselves. Obviously, if one is using destructive or death energy, this can be very dangerous. Invocation also includes building up energy within one's soul and discharging it through one's aura and/or chakras. This creates a tie to the victim.

Most black magick spells that go wrong do so because of errors on the part of the mage. There are other reasons for a black magick working going wrong such as the victim having a powerful aura that is able to deflect negative energy; the victim is under powerful spiritual protection (If one is under Satan's protection, nothing can touch him/her) or bad timing on the part of the mage. There can be other reasons, but the above are the most common.

Even white magick where healing is concerned can pose problems to the mage who invokes the energy before applying it. Any time energy is invoked, a powerful connection is established. Obviously, no one in his/her right mind would want to connect with a disease.

If the mage is working on money, personal power or some other positive application of energy, then invoking is desirable. This also goes for love spells and workings of lust.

One must know the difference when working a spell, as ignorance or misapplication of the above can result in a spell backfiring or other undesirable outcomes.

For Example- Evoking Death Energy:

The advanced mage should be familiar with this energy. Death energy is prevalent in mortuaries, cemeteries, places where wars were fought, where massacres occurred and other places of death. The energy is grey, dismal, and depressing. The mage should go into a trance, surround him/herself with the energy, but *NOT* take it into his/her body. The mage should direct the energy using his/her will and visualization into a ball or other form. The energy should be condensed tighter and tighter into the ball or form for power. The formed energy can then be expanded or contracted according to how the mage intends for it to be delivered to the victim. If delivering to the victim's chakras, the energy should be tightly compacted, and exploded, or expanded upon entry into the victim's body. If the energy is to collect and adhere to the victim's aura, the energy should be expanded to envelope the entire aura. Variations can be used according to one's individual preferences.

Using Props

People have used props for thousands of years to assist in their focus during magickal workings. Poppets, herbs that burn and sting to induce pain and anger, stone circles, anything that would induce the right mood, help to incite and intensify the right emotions, and help to direct one's energy and focus are known as "props."

One should be powerful enough to influence one's environment using the power of one's mind alone without having to rely upon props. Props definitely help in beginning magick as they provide a focus.

Advanced working with props is a different matter and requires infusing them with energy or binding thoughtforms into them. Here is where props have real power and can become magickal assistants within themselves.

Concentration

Total focus is essential in all magickal workings. It doesn't matter if the environment is full of distractions, one should always maintain total focus. This comes with having a trained mind.

I was involved in an ongoing project- freeing the Demons.* My Guardian Demon, Azazel, and Thoth came to me as they were working with me. Thoth was the Patron Demon of our project and he accompanied each of our Guardian Demons, bringing each Demon to be freed. Glasya-Labolos needed to be freed right away. My daughter was in my room watching TV and there was a lot of commotion in my house. I told them I would have to wait until later.

Five minutes or so later, my daughter's puppy urinated on my bed. I had to strip the bed and wash the bedding. Because of this, everyone had to leave my room. When Demons want something done, things seem to fall into place.

I went into my room, locked the door, and began to work on Glasya-Labolos. My kids were fighting, banging on the door and other kids came over and the house was a madhouse, but I tuned out all of the commotion, and successfully freed him.

Total focus should always be maintained regardless of how intense distractions may be. Just keep doing what you are doing without letting outside distractions interfere. Of course, any doors should always be locked.

When we focus and concentrate to where we are not even aware of anything going on around us, this is when we have the most power.

*From mid-December of 2002 through mid-April of 2003, five of us freed over 100 Demons. This was accomplished through sex magick. At the point of orgasm, we connected our souls to the souls of each of the Demons and transferred energy from each of our chakras to their chakras. This was a very rewarding experience. After the energy was transferred, each one bolted angel wings.

Environment

Back in 1534, Benvenuto Cellini, an Italian Renaissance painter wanted to experience a "magickal operation." He met with a Sicilian priest versed in the art of ritual magick, a friend Vincentio Romoli, a 12-year-old boy, and a second magician, accompanying the priest. Cellini wanted the love of a woman. Of all the places to choose for a ritual, they went to the Roman Coliseum.

They cast a nine-foot circle and after an hour and a half, some spirits showed up and communicated to the group. They related that Cellini would have his love within one month. Then something went terribly wrong. More and more spiritual entities kept coming and then began getting aggressive. Within a short time, .there were too many spirits present." The 12-year-old boy screamed, "They were all being menaced by a million of the fiercest men they had ever seen." "Four giants, fully armed, were trying to force their way into the circle." The child cried out that "the Coliseum was on fire and that flames were rolling towards them."

The group huddled together in terror, the magician threw more asafoetida on the fire in piles, and after a while, the spirits left in a fury. The group stayed huddled until morning and only a few spirits remained "and these at a distance." Upon leaving and running home, a couple of spirits chased them.

The Roman Coliseum of all places was a very poor choice for a love ritual. One person dying a violent death gives off negative energy, but thousands of violent deaths along with the all of the death emotions- the Gladiators, lions and other wild animals ripping people to shreds, and the intense violence leaves its mark for centuries.

A proper environment with energy that is in tune with the goals of the ritual is important, obviously unwanted influences can affect a ritual or magickal operation for the worst.

Music, thoughts, recalling past experiences or fantasies are important as well to creating a mood and environment supportive to the goals of the ritual.

Reference:

Magick: The Power to Change Your World by J. H. Brennan © 1998

Magickal Herbs

Herbs by themselves have little magickal power. In order to practice powerful witchcraft using herbs, the herbs must be infused with power. This is advanced magick and requires the ability to invoke/evoke and direct the elements. Each herb carries elemental properties that correspond to its medicinal uses. These can be found under planetary rulerships. In addition, to really empower herbs, planetary hours should be observed to amplify any working.

Various mediums are used during any ritual or magickal working. For example, the proper candles act as a beacon to spirits and the proper uses of various colors, imagery, and herbs can assist the effectiveness of a working.

Herbs have long been employed in the workings of magick. Through the power of scent; incense, perfume, herbal oils used for anointing one's self, anointing candles, sigils and talismans; purification bathing before ritual, and with some, ingestion.

- The flower parts are used for scents or in the stuffing of poppets, sachets, and pillows or for a bath water additive.
- The wood parts can be used to construct implements and tools for magickal purposes.
- The leaves are very versatile and can be used in the making of ointments, oils, bathing, and the stuffing of poppets, pillows, steeped and drunk as a tea- MAKE SURE IT ISN'T POISONOUS AND YOU AREN'T ALLERGIC TO IT!
- Aromatic gums or resins, along with the wood, bark, and oils can be burnt as incense. It is always a good idea to burn some incense as a test before any important ritual to determine how well it burns, and the quality of the fragrance. Bad incense can be a major distraction and can ruin an entire ritual, not to neglect in mentioning, being offensive to the spirits.

Incense, like candles, provides a favorable environment for the manifestation of spirits, for the affecting of the psyche and the attraction of the appropriate planetary and zodiac force. It is essential to coordinate these elements.

Certain scents are employed to act on the mind during ritual. These odors can stimulate any emotion from anger and extreme rage, to sexual arousal and lust, to peace, relaxation, and tranquility. The use of scents assists in heightening the emotional output needed to give enough power to the working so that it will manifest in reality.

Oil is for anointing one's body, and can be added to bath water before a ritual. Candles can be anointed to create the added fragrance, as the flame will give off a stronger scent. Strong oils can be used to anoint the areas of the chakras, and are used in ointments that can be rubbed upon one's body for certain effects.

Balsams are the fragrant drippings from certain trees and plants. These can be made into ointments and used as a rub for one's body or object of purpose. The purpose of rubbing one's self with oils, balsams, or resins is to induce the proper mood for ritual work.

For example, plants ruled by Mars are fiery, burning, and acrid. When the oil, balsam, or resin is applied under the armpits or other sensitive areas of the body, it will incite the wrath and hatred needed in spells of revenge and torment, as it will encourage a strong focus on pain and misery.

Plants ruled by Venus can be used in workings of love spells the same way, as they stimulate and sooth.

Plants that have properties as aphrodisiacs, causing extreme sexual arousal are good for spell work in inciting lust in another person of choice. The increased arousal is focused upon the person desired. With stronger and/or multiple orgasms; the energy thereof, being properly directed into the desired one, the spell is that much more potent.

Herbs correspond to zodiac signs, planets, and the elements. Fresh plants contain the most energy. If you are using fresh plants, try to pick them when the planet they are influenced by is strong and waxing in power. Here is a brief listing of some herbs and their various uses:

Acacia:

The flowers can be used in divination, love magick and for trance.

Aloe:

Guards against accidents, brings luck and protection. Parts used are the juices and the gum. Infuse with white-gold energy taken from the Sun and program the energy to protect.

Ambergris:

Used for works of wrath and vengeance, psychic correspondence. Used as a fixative. Parts used are the oil. For wrath and vengeance, infuse with fire when the planet Mars is strongly placed and waxing.

Apple:

Used in love spells. The wood from the tree can be used; seeds. For love workings, the parts used should be infused with the water element to begin with. Following, orgasmic energy, energy from the sexual and heart chakras and

sexual fluids should be infused. The planet Venus should be strongly placed and waxing in power.

Ash:

Wands for the securing of prosperity or for the use in works concerning death can be made from the wood. For death, infuse with the element of earth when the planet Saturn is strongly placed and waxing. The working should be performed during a waning Moon.

Benzoin:

The wood and balsams are used for incense, oils, and sachets. Benzoin is good for use in séances, incantations, and love matters. For psychic work, infuse with the elements of water, and quintessence.

Birch:

Birch oil is oil of wintergreen. Wands can be made from the wood for use in spells of vengeance and punishment but should always be infused with the proper elemental energy. The element of fire is usually used with wands. The fragrance can also be used in such workings.

Borage:

Borage can be used for attracting money and business success. The parts used are the leaves, the flowers, and the stems. It should be infused with the earth element.

Burdock:

The root is used in spells for protection. It can be burnt. Infuse with white-gold energy taken from the Sun and program the energy to protect.

Chamomile:

Chamomile can be taken as a tea to act as a relaxant in psychic work. It can also be used in sachets and pillows for psychic dreams and the prevention of nightmares. It is a good herb for bathing. For psychic work, infuse with the elements of water, and quintessence when the Moon is full.

Catnip:

Catnip can be used as a relaxant for psychic work. You can make a tea out of it and drink a cup.

Cedar:

The oil is used in spells of revenge. The wood base can be burnt during spells for money, luck in love and business; also for psychic work.

Civet:

Civet makes good incense for psychic work.

Clove:

The oil is used for spirit communication, and the attraction of wealth and riches. Infuse with the element of earth when the planet Venus is strongly placed and waxing in power.

Coriander:

Burning Coriander as incense will act to infuriate the mind for spells of black magick and other destructive workings.

Cypress:

The oil and incense can be used in spells of revenge and in psychic work.

Dill:

The use of Dill provokes others to come to terms. The leaves can be burnt, or the oil can be used in anointing candles for rituals against underhanded or negative people.

Dragon's Wort:

Dragon's Wort is connected with the fixed star Sirius. The rootstock can be made into a tea and drunk to induce a trance state. Dragon's Wort is good for psychic work and divination. Infuse with the element of quintessence when the Moon is full.

Dragon's Blood:

Dragon's Blood is the perfume of aggression and is excellent for the workings of black magick. Use the balsam in spells to cause an enemy torment. Infuse with fire when the planet Mars is strongly placed and waxing.

The powdered resin is good in works of wrath and in spells of inciting lust. For spells of lust, infuse with orgasmic energy.

Fennel:

The burning of the incense will infuriate the mind for works of destruction.

Feverfew:

Feverfew protects against sickness, accidents, and hysteria. Infuse with white gold energy taken from the Sun and program the energy to protect.

Frankincense:

Use the incense to incite intensity, and bring about justice (revenge).

Frankincense is very compatible with the element of fire as are all of the spices.

Ginseng (Panax)

The balsam and oils can be used as a rub for spirit communication, visualization, divination, trance, and creative work. Infuse with water and quintessence.

Hellebore:

▶ Black Hellebore is a poison, and an herb of torment. The scent incites aggression and anger for works of wrath. Black Hellebore can be used as a sachet mix. Black Hellebore should be infused with the element of earth when the planet Saturn is strongly placed and waxing.

▶ White Hellebore: Same as above and can be burnt as an incense.

White Hellebore is more potent than the Black is.

▶ Green: Green Hellebore is the most powerful of the three.

Hemlock:

The oil is good for anointing talismans for destructive work. Talismans should always be infused with power. In addition, one should always know what the symbols mean on any talisman before using it. Hemlock works well with earthy saturnine energies and should only be used with a compatible talisman. The incense can enrage the mind for black magickal workings. Olive leaves can be added to the Hemlock for a more peaceful means of disposing of enemies and hated ones.

Hops:

Good to be drunk as a tea for the relaxation needed in psychic work or for help in inducing a trance state. Hops do not keep very long when stored.

Jasmine:

Jasmine oil, perfume, and incense are all good for use in love and lust spell work. For love workings, the parts used should be infused with the water element to begin with. Following, orgasmic energy, energy from the sexual (lust) and heart chakras (love), and sexual fluids should be infused. The planet Venus should be strongly placed and waxing. For pure lust, Mars should be strongly placed and waxing in power. For love and lust, Venus should be conjunct or in trine aspect to Mars.

Mandrake:

This root is one of the most powerful for use in all kinds of magick. It corresponds with the Fixed Stars Deneb Algedi and Spica.

It is capable of powerful work in any spell. It can be used in a sachet mix, as a talisman, as incense, as a poppet, for psychic work, or for protection. Poisonous Mandrake is the most powerful root in love magick and is said to be the most dangerous for the mage. The Mandrake should be washed in wine and wrapped in a red or white cloth that should be changed with every New Moon. Mandrake can also be used in divination.

Marigold:

Use as a sachet with a laurel leaf and sleep on it. If something has been stolen from you, you will dream of the thief. The same applies to determining whether a partner has been faithful. Infuse with the element of water and quintessence during a full moon.

Musk:

Musk is a powerful aphrodisiac. The oil can be used to anoint the genitals in works of lust. (Just make sure you are not allergic!) For love workings, the parts used should be infused with the water element to begin with. Following, orgasmic energy, energy from the sexual (lust) and heart chakras (love), and sexual fluids should be infused. The planet Venus should be strongly placed and waxing. For pure lust, Mars should be strongly placed and waxing in power. For love and lust, Venus should be conjunct or in trine aspect to Mars.

Nutmeg:

The oil can be rubbed into the temples for psychic work, concentration, and memory. Nutmeg is a powerful hallucinogen in large quantities and is compatible with the element of fire.

Pine:

Pine is good for summoning spirits and elementals of the woodlands. The resin can be used in works of lust or vengeance. Infuse with the earth element.

Rose:

Used in love spells, the flowers can be stuffed into a poppet. Red roses can incite passion in love spells. Rose oil and/or the flowers can be used in pre-ritual baths. Infuse with the energy of orgasm when Venus is strongly placed and waxing. For love and lust, Venus should be conjunct or in trine aspect to Mars.

Rue:

This herb can be used to stuff a poppet, as it will cause the hated one torment in workings of black magick. The planet Saturn should be strongly placed and waxing. Rue should be infused with the earth element. Ideally, for spells of destruction, the Moon should be waning.

Sage:

Drunk as a tea, it is a relaxant for psychic work and at the same time heightens the senses and concentration. It can also be burnt as incense and the oil can be used as a rub for the same purposes. Infuse with quintessence and the element of water.

Storax:

Burnt as incense it is used in spells of revenge, enmity, ill will, and separation. Storax should be infused with the earth element when the planet Saturn should be strongly placed and waxing. Ideally, for spells of destruction, the Moon should be waning.

Strawberry:

Strawberry is good for love and lust spells. Both the leaves and the fruit can be used. The oil and perfume are also used. For love workings, the parts used should be infused with the water element to begin with. Following, orgasmic

energy, energy from the sexual (lust) and heart chakras (love), and sexual fluids should be infused when the planet Venus is strongly placed and waxing. For pure lust, use energy from the sexual chakra when Mars is strongly placed and waxing. For love and lust, Venus should be conjunct or in trine aspect to Mars.

Vervain:

The scent increases sexual arousal. The oil is use in love charms and magick. For love workings, the parts used should be infused with the water element to begin with. Following, orgasmic energy, energy from the sexual (lust) and heart chakras (love), and sexual fluids should be infused when the planet Venus is strongly placed and waxing. For pure lust, use energy from the sexual chakra when Mars is strongly placed and waxing. For love and lust, Venus should be conjunct or in trine aspect to Mars.

Wormwood:

Wormwood can be burnt to summon the spirits of the dead. The balsam is used in black magickal workings for wrath and revenge. Wormwood also induces strong dreams. It is poisonous and should only be ingested in very small amounts. Placing Wormwood in the path of a hated one will cause them bad luck. Wormwood should be infused with the earth element when the planet Saturn should be strongly placed and waxing. The Moon should be waning.

Incense

Incense varieties correspond to the planets. If you are summoning a Demon, performing a spell that is related to a planetary sphere or a ritual that requires a certain type of incense, the listings below should be of help.

Sun

Ritual/Magickal Rulerships:

Confidence, fame, success in gambling, pleasure, securing popularity/charisma, increasing health and vitality, healing, protection, success, magickal power and riches.

Candle Colors: Yellow, Orange, Gold

- The Sun rules Sunday
- The Sun is of the element of fire
- The Sun rules the solar (3rd) chakra

Solar Incense:

Frankincense, Orange, Acacia, Calendula, Cinnamon, Bay, and Saffron. Incense of the Sun contains spice(s)

Moon

Ritual/Magickal Rulerships:

For easing (Libra Moon; Moon in close aspect to Venus) or inciting (Aries Moon; Moon in hard aspect to Mars) domestic problems. The Moon rules fertility, the home and immediate surroundings, the imagination, the memory, and psychic awareness/dreams, spirituality, and meditation. For psychic related rituals/spells, the Moon should be in a water sign, preferably Pisces and in close aspect to Neptune.

Candle Colors: New Moon: White, Full Moon: Red or Green, Waning Moon: Black

- The Moon rules Monday
- The Moon is of the element of water
- The Moon rules the 3rd eye and 6th chakra

Lunar Incense:

Jasmine, Poppy, Myrtle, Camphor, Sandalwood, Night Blooming Cereus, and Opium.

Incense of the Moon is meditative and hypnotic.

Mercury

Ritual/Magickal Rulerships:

For passing exams, improving the mind, concentration, mental power, learning ability, speech, writing, publishing, media concerns, gossip, slander, interviews, brothers, sisters, neighbors, rumors, theft, all areas of study and communication, also astral projection, overcoming addictions, breaking habits.

Candle Colors: Violet, Indigo.

- Mercury rules Wednesday
- Mercury is of the element of air
- Mercury rules the throat chakra

Mercurial Incense:

Mace, Almond, Storax, Sandalwood, lavender, Benzoin, Bergamot, Mint, Sage, Sweet Pea, and Lily of the Valley.

Venus

Ritual/Magickal Rulerships:

Love, making love, (affectionate; Planet Mars is for lust/sex), fidelity, reconciliation, beauty, youth, friendships, attraction, harmony, financial gain, earnings increases, social functions, possessions, attracting money, indulgence, pleasure.

Candle Colors: Green, Rose

- Venus rules Friday
- Venus is of the element of earth
- Venus rules the heart chakra

Venusian Incense:

Rose, Myrtle, Jasmine, Benzoin, Apple, Chamomile, Cardamom, Gardenia, Hyacinth, Lilac, Magnolia, Vanilla, Licorice, and Musk.

Mars

Ritual/Magickal Rulerships:

Revenge, anger, pure sexual lust, and physical gratification, courage, determination, dealing with enemies. Inciting accidents, fires, injuries. self-confidence, athletics, strength, magickal energy for Black Magick, and intensity.

Candle Color: Red

- Mars rules Tuesday
- Mars is of the element of fire
- Mars rules the sacral (2nd chakra)

Martian Incense:

Dragon's Blood, Pine, Cypress, Benzoin, Tobacco, Coriander, Cumin, Ginger, and Pepper.

Jupiter

Ritual/Magickal Rulerships:

Luck, expansion, abundance, long distance travel, higher education, legal matters, taxation, investments, foundations, prosperity, opportunity.

Candle Colors: Blue, Purple

- Jupiter rules Thursday
- Jupiter is of the element of fire
- Jupiter rules the crown chakra

Jovial Incense:

Cedar, Nutmeg, Honeysuckle, Mace, Lemon, and Saffron.

Saturn

Ritual/Magickal Rulerships:

Death spells/rituals, Black Magick, Career matters, self-control, endurance, patience, land dealings, longevity, anything that has to do with the Earth, inflicting long-suffering through Black Magick, as opposed to Planet Mars (accidents).

Candle Colors: Black, Navy Blue

- Saturn rules Saturday
- Saturn is of the element of earth
- Saturn rules the base chakra

Saturnine Incense: Musk, Myrrh, Civet, Patchouli, and Sage.

Basic Candle Color for Spells and Rituals

Black is an all-purpose color and when available, black should be used with other colors in every ritual. Different colors attract different energies and stimulate certain vibrations in the chakras. Using candles of specific colors can help to amplify the energies in ritual and spell work.

Black Candles are all-purpose for any Satanic rituals. Black candles used in workings of destruction are used to incite the slower destruction of enemies, opposed to accidents or sudden attacks associated with the color red. Black is also a good color to use to bring discord and confusion to enemies. Black can be used for protection, binding negative forces, and breaking up obstacles and blocks. Black can also be used to reverse and break up negative thoughtforms. Black absorbs, conceals, creates confusion and chaos, is used for new beginnings, and obtaining knowledge of hidden things. Black is the container of light, and is one of the most powerful of colors. Saturn rules black. Black influences self-control, endurance, and patience. Spells using black energy are best performed during a waning Moon, on a Saturday when the planet Saturn is strongly placed and waxing. Spells using black need the power of the root chakra.

Blue Candles are good to use in spells pertaining to spirituality, meditation, summoning Demons, healing, sincerity, obtaining the truth, influencing fidelity and loyalty, bringing inner peace, and for knowledge and wisdom. Blue can also be used for establishing harmony in the home, for increasing occult power, and for spiritual protection.

For workings of black magick, blue can be used for inciting depression, sadness, and hopelessness, lack of sympathy, coldness, and gloom.

Jupiter rules royal blue. Workings using blue energy should be done on a Monday or Thursday. Spells using blue need the power of the crown and and/or throat chakras.

Brown Candles can be used for communicating with nature spirits and for grounding and centering one's self. Brown is used in spells for solidity, neutrality, and practicality. In workings of black magick, brown is used for inciting indecision, hesitancy, sadness, dullness, and uncertainty.

For working with brown energy, the feet chakras are used. Energy should be absorbed from the earth through the feet chakras.

Green Candles are used in spells for beginnings, growth, abundance, fertility, healing, success, general good luck, harmony, and influencing generosity. In workings for health and healing, green is an anti-inflammatory. Green can also be used alone or with brown for communicating with nature spirits. Green is used in spells for love, marriage, and making love. Green influences affection, opposed to red, which is used for passionate love, lust, and sex. Green also

influences renewal, fidelity, reconciliation, justice, balance, beauty, youth, friendships, attraction, harmony, financial gain, earnings increases, social functions, possessions, riches, indulgence, and pleasure. Green is good for beginnings and growth.

In workings of black magick, green is used for inciting jealousy, greed, suspicion, resentment, sickness, disease, and disharmony.

Venus rules the color green. Workings using green energy should be performed during a waxing moon on a Friday when Venus is strongly placed. Spells using green need the power of the heart chakra.

Grey Candles are used in spells for inducing death, illness, and/or to incite mourning and sadness. Saturn should be strongly placed.

Orange Candles are used for creativity. Orange helps in spells for adaptability, sexual attraction, sexual stimulation, sex magick, enthusiasm, and energy. Orange helps with attraction, sudden changes, energy stimulation, gaining control, changing luck and inciting justice. The Sun rules orange. Workings using orange energy are best performed on a Sunday when the Sun is strongly placed. Spells using orange need the power of the sacral and/or solar chakras. For inciting lust and sexual attraction, use the sacral and root chakras.

Red Candles are used for energy, vitality, inciting passion, arousing anger, pure lust and for physical gratification. Red is inflammatory and is used in spells for revenge, anger, courage, determination, and dealing with enemies. Red can be used for protection against psychic attack and for self-confidence. Red incites accidents, fires, and injuries. It is used in spells to invoke power and intensity before workings of black magick. Red is physical and bestows energy, strength, dynamism, passionate love, physical desire, will power, and athletic ability (especially competitive).

When used in black magick, red as opposed to black brings on sudden attacks, accidents, bloodshed, violence, and hatred. Red can also be used to incite wars, anarchy, and cruelty. Mars rules red. Workings using the color red need the power of the root chakra and should be performed on Tuesdays when Mars is strongly placed and waxing.

Violet/Purple Candles are used for enhancing psychic ability, bringing wisdom, for divination, to remove curses, for healing, business success, and for influencing people in power.

For workings of black magick, purple can be used to incite tyranny, abuse of power, and for bringing sadness and treachery to others. Jupiter rules purple. Workings using the color purple should be performed on Thursdays. Workings for psychic power need the energy of the sixth chakra and the third eye and should be performed on Mondays when the Moon is strongly placed and full.

Yellow Candles are used in workings for passing exams, and for increasing one's intelligence and intellect. Yellow energy rules over the logical conscious side of the brain, computers, communication, audio, video, TV, electronics, books, literature and the will. Yellow is used to improve the mind, to deepen concentration, for mental (left-brained power), to enhance learning ability, and for speech, writing, and publishing. Yellow rules over media concerns, gossip, slander, interviews, brothers, sisters, neighbors, rumors, theft, and all areas of study and communication. Spiritually, yellow can be used for astral travel (along with blue and purple). Yellow is also used to overcome addictions, and to break habits. Yellow is good for friendship.

In workings of black magick, yellow is used to incite infidelity, cowardice, decay, disease, dying, insanity, and inconsistency in others.

Mercury rules over the color yellow. Workings using yellow energy need the power of the solar and throat chakras. Both of these chakras work as a pair. Yellow energy is best used on Wednesdays and Sundays. For anything pertaining to intellect and communication, do the working on a Wednesday. For workings using the force of will, these are best performed on a Sunday.

White Candles are for cleansing, purity, and innocence. The Moon should be strong.

For workings of black magick, white can be used to incite corruption, bring impotence, and to destroy the sex drive. White can also be used to create weakness, neurosis, and fear. The Moon rules white. Workings using white energy should be performed on a Monday and need the energy of the third eye. More than one color can be used in rituals. The candles should be anointed with appropriate scents and oils before ritual. Oil should be applied with both hands in a stroking motion. Candles represent the element of fire in rituals and are also used for concentration and focus. They attract Demons and spirits.

Always make sure to check your candle as a test as you would with incense before beginning a ritual. Bad odors or burning the wrong way as with cheap incense can ruin a ritual.

Using Color

Black:

Black absorbs, conceals, and creates confusion and chaos, new beginnings, knowledge of hidden things, the container of light, one of the most powerful of colors. Use black for self-control, endurance, and patience. Black is also a good color to use to bring discord and confusion to enemies. It can be used also for protection, binding negative forces, breaking up obstacles and blocks, reversing and breaking up negative thoughtforms. Best when applied to others.

Black rules over the base chakra, the planet Saturn, the element of earth and in the original religions, it signified new beginnings. In Satanic alchemy, black represents the step of void meditation and transformation.

Blue:

Truths, wisdom, protection, inner peace, loyalty, occult power and expansion. Jupiter rules royal blue- Luck, expansion, abundance, long distance travel, higher education, legal matters, taxes, (use with green) investments, foundations, prosperity, and opportunity. Spirituality, summoning Demons, healing, inspiration, devotion, serenity, sincerity and truth, fidelity, inner peace, knowledge and wisdom, harmony in the home, occult power and expansion. Blue can also be used in spells, when the color is applied to others and directed for inciting depression, sadness, hopelessness, lack of sympathy, coldness, and gloom. Blue rules over the throat chakra. Blue is of the water element.

Gold:

Great Fortune, intuition, understanding, divination, fast luck, financial benefits, (I believe gold attracts larger sums of money. (Use green with shimmering gold for money meditation.) Gold is used for healing, happiness, authority, reputation, honor, and personal power. Use gold for confidence, fame, success in gambling, pleasure, securing popularity/charisma, increasing health and vitality, healing, protection, success, and magickal power.

Gold is one of the most powerful of the colors. Satan has a golden aura. Gold is the color of the Sun, and is of the element of fire. In Satanic alchemy, gold represents the perfection of the soul. Both the colors gold and white-gold are seen all over in the Ancient Egyptian hieroglyphs, in the temples and pyramids. Gold is the color of riches and power.

Green:

Money, fertility, abundance, material gain, wealth, healing, communication with nature spirits, and is anti-inflammatory. Venus rules green- Love, making love, (affectionate; red is for lust/sex), fidelity, reconciliation, beauty, youth, friendships, attraction, harmony, financial gain, earnings increases, social functions, possessions, riches, indulgence, pleasure. Green is useful for beginnings and growth. Venus rules green- Abundance, fertility, success, general good luck, harmony, immortality, generosity, material gain, renewal, marriage, balance, and

healing. Green can also be used for inciting jealousy, greed, suspicion, resentment, sickness, disease, and disharmony when applied to others and directed. Green rules the heart chakra.

Indigo:

Meditation, psychic ability, telepathy, mind reading, Spirit communication, absorbing knowledge telepathically. The Moon rules over indigo. Indigo is of the element of the quintessence/ether/spirit. Indigo rules the third eye, along with the colors of silver and white, and the sixth chakra.

Orange:

Creativity, enthusiasm, energy, stamina, and is a powerful color of major changes. Orange helps with adaptability, attraction, sudden changes, stimulation, enthusiasm, creativity, energy, gaining control, changing luck and inciting justice. The Sun rules orange. Orange rules the creative/sexual chakra (2nd), and is of the element of fire.

Purple:

Psychic ability, wisdom, divination, removing curses, healing, psychic work, business success, influencing people in power. Powerful color with energies that can be difficult to handle. It can be used when applied to others to incite tyranny, abuse of power, idealism, and influencing people who have power over you. Purple is useful for inciting sadness and treachery in others. Jupiter rules purple. Purple rules the crown chakra.

Red:

Energy, passion, anger, inflammatory, lust, strength, protects against psychic attack. Mars rules red- Revenge, anger, pure sexual lust, and physical gratification, courage, determination, dealing with enemies. Red is used for inciting accidents, fires, and injuries. Red can also be used for self-confidence, athletics, strength, creating magickal energy for black magick, (Good for self-empowerment before workings of black magick) and inducing intensity. Incites lust, energy, strength, sexual energy, dynamism, passionate love, physical desire, courage, will power, athletics (especially competitive), and vitality. When used in black magick, red as opposed to black brings on sudden attacks, accidents, bloodshed, violence, and hatred. Red can also be used to incite wars, anarchy, and cruelty. Mars rules red. Red is of the element of fire. Both the colors red and black rule the root chakra.

Silver:

Develops psychic abilities, neutralizes situations, repels destructive forces, and works with female deity powers. The Moon rules the color silver- the home and immediate surroundings, imagination, memory, psychic awareness/dreams, spirituality, meditation. For psychic related, meditative/hypnotic. The Moon rules silver. Silver rules the third eye.

White:

All-purpose, balances the aura as all color emanates from white light. Energizing, protective, stimulating, inspiring, destroys destructive energies, cleans the aura. Provides protection when applied to others and directed. The Moon rules white. White rules the third eye, along with indigo and silver.

Yellow:

Yellow is the color of intellect, computers, communication, audio, video, TV, electronics, books, and literature. Yellow rules the solar chakra of the will. Ruled by the planet Mercury- yellow can be used for passing exams, improving the mind, for deeper concentration, mental power, learning ability, speech, writing, publishing, media concerns, gossip, slander, interviews, brothers, sisters, neighbors, rumors, theft, all areas of study and communication, also astral projection, overcoming addictions, and breaking habits. Good for friendship, imagination, creativity (orange is more powerful for creativity), inspiration and charisma. Yellow can be used to incite infidelity, cowardliness, decay, disease, dying, insanity, and inconsistency in others.

Yellow is of the element of air. Yellow rules the solar plexus chakra.

Gray:

NEVER USE GREY ON YOURSELF! Grey is the color of illness and bad energy. Grey, applied repeatedly to the aura of a hated one, can bring about a slow death, if programmed to do so.

The Four Cardinal Points

Each cardinal point is not only associated with a specific Demon/ess, but also with an element, ritual tool, color and quality.

North

The north has always been known as a source of great power. The “heavens” revolved around the North Star. The ancient peoples aligned their temples with this star. The sun never touched the cardinal point north. It was associated with darkness, mystery and the unknown. Because of the Pagan reverence for north, the xian church associated it with the Devil. Graveyards were seldom, if ever placed on the north side of a church. The north side was used for unbaptized children, criminals, reprobates, and suicides. Many churches throughout Europe have a north door called “the Devil’s door” which was traditionally opened after baptisms to “let the exorcised Demon escape.” Most of these doors have been long since bricked up. The north is associated with the element of earth, the new phase of the moon, the pentagram, darkness, secrecy, and the color black. Some people align their altars to the north.

South

Solar energy, the sun, the color red, the magick wand and the element of fire are associated with the south. This is the quarter of the will, directing and channeling the psychic energy and forces of nature. Water running south has long been known to have magickal properties and was a popular ingredient that medieval witches used in their spells. The south represents intellect and knowledge and attainment as the sun reaches its climax in the southern sky (for northerners anyway).

East

The east is the quarter of illumination, enlightenment, the mystical, and the eternal. It is of the element of air, the athame, the color silver, and the morning star, which is Lucifer’s star. In most traditions, the altar is aligned to the east. When a circle is cast for a coven, the High Priest/ess usually positions the gate for everyone to enter in, at the northeast.

West

The element of water represents the subconscious, emotions, the chalice, the color blue, and the psyche. It rules over mediumship, spirit contact, and telepathic communication.

Working Rituals Outdoors

There is a lot to be said for performing rituals and magick outdoors. The earth energies act to enhance one's inner energy and ability. A quiet place should be selected where one is free from distractions. Using a pendulum to locate an area is also a help. One should be adept with pendulums as they can give "off" readings to those who are less experienced.

To use a pendulum, open a map of the area in which you wish to use and point with a pencil, pen or whatever to specific locations on the map, asking the pendulum whether or not the specific location would be supportive of your workings. You can also ask the pendulum where the most powerful earth energies are located. Take your pendulum to the spot and walk around. If intense earth energies are present, your pendulum will begin to circle. Over really potent spots, it will nearly circle so fast, it will go into a spin.

Stone circles are ideal for enhancing earth energies and for a place to build your psychic energies and powers. The color of the stones is important (see the chapter on color). Using brown stones will amplify the earth energy to be directed into your working. Brown stones will also amplify your psychic ability and attract earth spirits.

You should begin by marking your area and placing your stones around the marked area. There should also be four points within your circle where you will invoke the Four Crowned Princes of Hell (and invoke the four elements for advanced mages). These four points should correspond to directions as you would for a standard ritual. Lighted candles should be at the four points. You can also invite Demon friends into the circle with you. You should be able to feel their presence, or for those of us who are advanced, to see them in the circle with you. After you have assembled your circle and are ready to begin, it is important to breathe in from the earth and visualize a powerful electric blue light coming up from your feet and into your hand, holding the athame. Point the athame, direct the light to the tip, and mark your circle, visualizing the blue light and drawing a counterclockwise circle with it.

The energies raised need to be directed to your specific goal. When they peak, gather them into a glowing ball or other form of your choosing, send the form on its way with instructions, and visualize the energy penetrating your target. When you are finished, blow out the candles, north, then west, south then east. Using your index finger pointing, erase all of the blue light of the circle, moving clockwise in a smooth, slow sweep. Thank your Demon friends (if you had any accompany you) and scatter the stones.

You can also use the power of a stone circle to meditate in. This will act to enhance your energy. Meditation can be done sitting or lying down. Use the blue light for all of your workings. Satanism is one with nature.

The Breath: The Basis of Magick, Energy Manipulation, and Mind Power

Sit in a comfortable chair or lie down on a comfortable spot and relax. Imagine and will, with each inhale, not only your lungs are breathing, inhaling air, but also your whole body is breathing in energy. You inhale with your entire body. The breath acts as a focus for absorbing energy.

Know that along with your lungs, each single inch of your body simultaneously absorbs energy. Like a dry sponge when dipped into water absorbs, your body should absorb energy with each inhalation.

Since everyone is individual, how each of us feels the energy will be different in some respects.

To reverse this, exhale energy out. This can make you tired and shouldn't be done regularly other than to get a grip on how to do it.

Exhaling energy is for empowering talismans, charging sigils, healing- anything, and everything when you want to put energy into something or to direct it. Energy can also be inhaled and absorbed and then directed to a specific area of your body for healing.

In a very short time, you should be able to feel the energy when you breathe it in. As you advance, you will be able to see it without trying to visualize it. Feeling in this exercise is most important, especially when you are new. Do not try to see the energy as this can be a distraction. Just get a feel for it.

This exercise is the most important for working with your mind and manipulating energy, which is the foundation of all magick.

As you advance, you can use this technique of energy absorption to absorb energy from the Sun and from just about anything you choose.

Planetary Hours
Planetary Hours of the Day

| Hour | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------------|---------------|---------------|----------------|------------------|-----------------|---------------|-----------------|
| 6 am (Approx sunrise) | Sun | Moon | Mars | Mercury | Jupiter | Venus | Saturn |
| 7 am | Venus | Saturn | Sun | Moon | Mars | Mercury | Jupiter |
| 8 am | Mercury | Jupiter | Venus | Saturn | Sun | Moon | Mars |
| 9 am | Moon | Mars | Mercury | Jupiter | Venus | Saturn | Sun |
| 10 am | Saturn | Sun | Moon | Mars | Mercury | Jupiter | Venus |
| 11 am | Jupiter | Venus | Saturn | Sun | Moon | Mars | Mercury |
| 12 Noon | Mars | Mercury | Jupiter | Venus | Saturn | Sun | Moon |
| 13 (1 pm) | Sun | Moon | Mars | Mercury | Jupiter | Venus | Saturn |
| 14 (2 pm) | Venus | Saturn | Sun | Moon | Mars | Mercury | Jupiter |
| 15 (3 pm) | Mercury | Jupiter | Venus | Saturn | Sun | Moon | Mars |
| 16 (4 pm) | Moon | Mars | Mercury | Jupiter | Venus | Saturn | Sun |
| 17 (5 pm) | Saturn | Sun | Moon | Mars | Mercury | Jupiter | Venus |

Planetary Hours of the Night

| Hour | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------|---------------|---------------|----------------|------------------|-----------------|---------------|-----------------|
| 18 (6 pm) | Jupiter | Venus | Saturn | Sun | Moon | Mars | Mercury |
| 19 (7 pm) | Mars | Mercury | Jupiter | Venus | Saturn | Sun | Moon |
| 20 (8 pm) | Sun | Moon | Mars | Mercury | Jupiter | Venus | Saturn |
| 21 (9 pm) | Venus | Saturn | Sun | Moon | Mars | Mercury | Jupiter |
| 22 (10 pm) | Mercury | Jupiter | Venus | Saturn | Sun | Moon | Mars |
| 21 (11 pm) | Moon | Mars | Mercury | Jupiter | Venus | Saturn | Sun |
| Midnight | Saturn | Sun | Moon | Mars | Mercury | Jupiter | Venus |
| 1 am | Jupiter | Venus | Saturn | Sun | Moon | Mars | Mercury |
| 2 am | Mars | Mercury | Jupiter | Venus | Saturn | Sun | Moon |
| 3 am | Sun | Moon | Mars | Mercury | Jupiter | Venus | Saturn |
| 4 am | Venus | Saturn | Sun | Moon | Mars | Mercury | Jupiter |
| 5 am | Mercury | Jupiter | Venus | Saturn | Sun | Moon | Mars |

Timing your Magick with the Moon

Timing your magick with the phases of the Moon is essential for success. A rule of thumb is to remember for white magick, this is best done while the moon is waxing (increasing in light; new to full). The best time is as close to the full moon as possible. Love spells, acquiring a new job, wealth success, and so forth. When the moon is waning (decreasing in light; full to new), this is the best time for success in black magick and works of destruction, the best time being as close to the new moon as possible. The waning moon is also a good time for ending things, banishing spells and ending personal bad habits, losing weight.

Moon in Aries

Projects begun when the moon is in Aries often begin with much enthusiasm, but tend not to last. This is a good time for inciting conflicts, high energy, me, mine, war, knives, weapons, guns, quick but not lasting results, fire, sharp things, metals, daring, sticking up for yourself, risk taking, independence and inciting accidents. Do NOT have surgical procedures performed on the head or face at this time. Magick ruled by Mars has the best outcome at this time.

Moon in Taurus

Projects begun when the moon is in Taurus are usually permanent or long lasting, especially when performed in when the moon is in the first ten degrees of the sign. Money, finances, possessions, material things, sensuality, earth, greed, permanence, wealth, things that increase in value, loans, bankers, slow but lasting results, time delays. Do NOT have surgical procedures performed on the neck or throat at this time. Magick ruled by the Earth and Venus are successful at this time.

Moon in Gemini

Communications, short distance travel, a Gemini Moon is dualistic in nature and rules over thievery, trickery, pulling a fast one, relatives, siblings and neighbors, and computers. Gemini lacks staying power and projects begun when moon is in this sign tend to change. Not a good sign for black magickal workings. More neutral in nature. Do NOT have surgical procedures performed on the shoulders, arms, hands, or nerves at this time. Magick ruled by Mercury has the best outcome at this time.

Moon in Cancer

Cancer rules over anything to do with the home, family, food, nurturing, the mother, women in general. Things tend to last, as Cancer is a clingy sign. Good for love spells, weather spells, altar consecration, blessing the home, mediumship, psychic endeavors, inciting over-emotionalism. Spells for the success in buying land, purchasing real estate, a decent place to live, and reconciling family members are best performed when the Moon is in this sign. Do NOT have surgical procedures performed on the stomach at this time. With love

relationships or marriages begun when the moon is in Cancer, if the parties break up, they often tend to reunite. Magick corresponding to the Moon is successful at this time.

Moon in Leo

Good for anything having to do with children, creativity, good for casting love spells; romance, success in gambling, winning, attracting center stage, personal charisma, men in general, the father, hobbies, speculation, risk taking, investments, stocks and bonds, authority and spells for gaining positions of power and authority over others. Do NOT have surgical procedures performed on the heart, spine, or back at this time. Leo is a fixed sign and projects begun when the moon is in this sign tend to last. Magickal workings ruled by the Sun are successful at this time.

Moon in Virgo

Health, sickness, wellness, things that require precision and perfection, hygiene, nutrition, herbs, vitamins, the armed forces, clothing, the work place, co-workers, workings of white magick and healing for others, service to others. Things that involve details. Hospitals, healing, the medical profession, institutions, bureaucracy, red tape, attention to detail. Virgo tends towards change. Do NOT have surgical procedures performed on the intestines, anus, or digestive system at this time. Magickal workings ruled by Mercury are successful at this time.

Moon in Libra

Good time to form love relationships, marriages, partnerships of all kinds or cast spells to ensure the success of or to incite these. Peace, diplomacy, negotiation, legal matters, workings with two people, contracts, getting people to do what you want them to do easily and peacefully. Do NOT have surgical procedures performed on the kidneys or lower back at this time. Best for love spells.

Moon in Scorpio

This is one of the best signs for black magickal workings. Revenge, hatred, venting, exposing secrets, death spells, surgery, transformation, obsession, pure sex, the occult, the darker side of things, extremes, research, banishing spells, ending things permanently, death and dying. This is the most powerful and intense of all the moon signs. Secret, underhanded, and covert operations, willpower, drastic destruction. Like its opposite sign Taurus, Scorpio is usually permanent. Do NOT have surgical procedures performed on the pelvis, reproductive or sex organs at this time. Magickal workings ruled by Pluto are successful at this time.

Moon in Sagittarius

Religion, Universities, travel, higher education, gambling, good luck, good for ceremonial magick, best for white magick, publishing, sports, the outdoors, the law. The Moon in Sagittarius corresponds to the expansive lucky planet Jupiter and is favorable for pulling off something big. Do NOT have surgical procedures

performed on the hips or thighs at this time. Magickal workings ruled by Jupiter are successful at this time.

Moon in Capricorn

When the moon is in Capricorn, this is another excellent time for black magickal workings. Depression, ruthlessness, using people viciously, long-term results. Honors, social standing, responsibility, authority, structure, setting long-term goals and plans for the future. NOT a good time to seek favors from those in authority. Magickal workings and spells that feature a time delay or are lasting, wasting, manipulating people, business, banishing. Do NOT have surgical procedures performed on the bones/skeletal system, teeth, or knees at this time. This is a "ruthless" moon sign. Workings ruled by the malefic planet Saturn are favored at this time.

Moon in Aquarius

Friends, groups, platonic relationships, society, electricity, workings within a coven, computers, technology, individuality, originality, freedom, independence, humanity, anarchy, the unexpected, bolt out of the blue, genius, revelation, goals and ideals, shocking people. This is the best moon sign for spells of independence and breaking away from restrictive situations. Freedom and coming into your own. Do NOT have surgical procedures performed on the calves or ankles at this time. Workings ruled by Uranus are favored.

Moon in Pisces

Poison, drugs, self-undoing, deception, sorrow, depression, isolation, insanity, very deep psychic stuff. Good for success in meditation and all psychic pursuits. Spells to deceive people, secrets, swindles, vulnerability. Secret enemies, altered states. This is the one of best times for endings, especially when the moon is in 20-30 degrees of the sign (make sure it is not void). Psychic healing can be done. Do NOT have surgical procedures performed on the feet at this time.

The Void of Course Moon

Timing is everything and doing something at the wrong time can screw up everything. The universe is working either for you, or against you. Knowing this can enhance your power.

A void of course Moon occurs every couple of days or so. This is when the Moon finishes making its last aspect to any other planets before it enters the next sign. Normally, this lasts a few hours, unless all of the other planets are in early degrees.

The important thing to know is **START SOMETHING ON A VOID MOON AND IT WON'T WORK OUT**. Projects begun, papers signed, items purchased, spells cast; everything done at this time has more than a tendency to go wrong. Projects begun during a void of course moon somehow never get finished or are prevented from reaching completion. Crimes committed during this time are rarely brought to justice.

Applying for a job or going for an interview during a void moon and more than likely, you can forget about getting hired. Plans made during this time get altered. Clothing bought may not fit properly or is never worn.

Taking out a loan during this time and chances are, you may never have to pay it back. This is the time the universe is full of loopholes. The rule of thumb is what is begun during this time is rarely completed. In many cases, this is a time to get away with things.

This is **NOT** a time to perform spells, as they will not work out. They will be ineffective.

For information as to when the Moon is void, many yearly books are available. Llewellyn's Moon sign book comes out annually and has this info. This can be purchased almost everywhere and is inexpensive. Ephemerides also contain this information for those of us who know how to read them.

More on Timing Your Magick

Like the Void of Course Moon, there are times when the energies of the universe are working against us. When certain planets retrograde, the planets and what they represent throw contrary energies.

When Mercury is retrograde, workings to acquire knowledge, truth, intellect; to pass exams and everything related to the mind, communication, travel, education, literary, electronics and everything else ruled by Mercury, the odds are greatly against the success of such things. Performing spells/magick related to these things will more than likely result in failure.

When Venus goes retrograde, this is not a good time for love, relationships, commitment, artistic pursuits and so on. Love spells will inevitably fail or result in disaster. Wait until the period passes.

With Mars retrograde, this is not the time to perform spells of revenge or violence/black magick. They can rebound and backfire, as the universe is working in reverse. Spells for bringing peace and harmony, as in one's family are aided at this time. Wait until the retrograde period is over with.

Knowing an enemy's date of birth, you can work black magick with the energies in their charts. Whenever someone has a retrograde Saturn period (we all have this), you can direct the negative energy to your own purposes for revenge. The universe is working against this person during a bad Saturn transit. Saturn retrograding over personal planets, through the first house or to a lesser extent, on the progressed planets, this is the worst time of one's life. The worst of all is Saturn retrograde on the chart ruler; you can only know this by knowing the birth time.

On the other hand, retrograde Jupiter is a blessing. Jupiter retrograde over a loved or desired one's Venus, same with Uranus, Neptune, or Pluto concerning love; a love spell in directing these energies can be most effective.

Retrograde Jupiter over your personal planets, love spells, money/success, promotions and everything else can come in abundance with the proper direction. Retrograde Jupiter is where we luck out and have opportunities. Taking control of this period and directing the energies will result in our success.

The Elements and Magick

The ritual tools should help in directing the elements. The rod is for fire, the sword, for air. Sex magick- orgasm produces fluids- works for water magick like for love. The pentagram represents us humans. The earth element ties all of the other elements. This is one of the messages of the Satanic point down pentagram, the power of the invoked earth element. The pentagram is US as human beings, not some altar decoration.

Fire magick is amplified with invoking and directing the fire element. Fire magick includes:

Confidence, fame, success in gambling, pleasure, securing popularity/charisma, increasing health and vitality, healing, protection, success, magickal power, creativity, enthusiasm, energy, stamina, major changes, adaptability, attraction, sudden changes, stimulation, enthusiasm, creativity, energy, gaining control, changing luck and inciting justice. Revenge, anger, pure sexual lust, and physical gratification, courage, determination, dealing with enemies. Inciting accidents, fires, injuries. Self-confidence, athletics, strength, magickal energy for Black Magick, intensity. Incites lust, energy, strength, sexual energy, dynamism, passionate love, physical desire, courage, will power, and athletics (especially competitive). Good for self-empowerment before workings of black magick. When used in black magick, fire as opposed earth is used to bring on sudden attacks, accidents, bloodshed, violence, and hatred. Fire can also be used to incite wars, anarchy, and cruelty. Properly evoking and directing the fire element will raise the temperature in whatever it is directed to.

Water magick is sex magick and any magick where body fluids are used. Sex magick can be used with other elements as well, but is ruled by the water element. Water magick is amplified through invoking the water element and includes:

Healing, love, making love, (affectionate; fire is for lust/sex), fidelity, reconciliation, beauty, youth, friendships, attraction, harmony, social functions, indulgence, pleasure. Meditation, psychic ability, telepathy, mind reading, Spirit communication, absorbing knowledge telepathically. Good for beginnings and growth. The home and immediate surroundings, imagination, memory, psychic awareness/dreams, spirituality, meditation. For psychic related, meditative/hypnotic, fertility, marriage, and balance. Inciting jealousy, greed, suspicion, resentment, sickness, disease, and disharmony. Water when directed to another can cause one to be overly emotional, have violent reactions, lash out, and have a very difficult time with being objective.

Earth magick is amplified through invoking and directing the earth element and includes:

Money, fertility, abundance, material gain, wealth, healing, communication with nature spirits, financial gain, earnings increases, possessions, riches, indulgence, pleasure. The earth element is used in death rituals and can be used

along with death energy, used in binding rituals, and to absorb, conceal, for self control, endurance, and patience.

Air magick is amplified through invoking the air element and includes: Intellect, computers, communication, audio, video, TV, electronics, books, literature. The Will. For passing exams, improving the mind, concentration, mental power, learning ability, speech, writing, publishing, media concerns, gossip, slander, interviews, brothers, sisters, neighbors, rumors, theft, all areas of study and communication, also astral projection, overcoming addictions, breaking habits. Good for friendship, imagination, creativity inspiration, and charisma. Air also incites confusion, chaos, irritability, nervousness, nervous exhaustion, arguments, and discord.

Part II Divination

Using a Pendulum

Sometimes, we need easy answers to things. A pendulum is usually accurate, easy to use and takes little time.

Begin by taking something like a small crystal, pendent, ring or other small lightly weighted object and attaching it to a necklace chain, string, ribbon, or some other kind of strand. This should be only kept for divination purposes and not for other uses.

Hold the strand with your fingertips and let the weighted part hang. For those who are new and or inexperienced with using a pendulum, it is a good idea to place yourself into a trance when working with a pendulum. Once you are confident in obtaining correct answers, you no longer need to be in the trance state. Now ask a question you know the answer to, like what day it is. Start out by asking yes or no questions. See what the pendulum does and get a feel for it.

I have found swinging right/left, like shaking ones head to imply no, means no and forward/backward like a nodding of the head means yes. When it goes in circles, the answer is uncertain. The wider the swing of the pendulum, the more accurate the answer. Pendulums can also be asked questions regarding how much, how many. The pendulum will swing, stop, swing again, and continue to do so a number of times before it completely stops.

For finding lost items, take the pendulum around the area and ask it if you are near the lost item. Spirits can also communicate to us through pendulums. We can concentrate and focus on the name of the spirit or Demon we wish to contact. The pendulum is an excellent way to communicate with Demons. With Demons, the pendulum can be placed over a drawing of or copy of the sigil and asked questions.

The Various Uses for a Pendulum:

Pendulums are an excellent means for communicating with the spirit world, checking the accuracy of other readings and divinations and many other different things.

To Find Something Lost:

In a Room - hold the pendulum and ask where the object is located. The pendulum will swing in the direction of the lost object.

In a house: Ask the pendulum, room by room, i.e., is it in the kitchen? yes/no, bathroom and so on until you narrow it down. Then go into the room and section it off.

On a Map: Start by asking if the missing person or object is in the area of the map. (For missing persons, it is helpful to have a photo and an item he or she has touched or worn). Hold the pendulum in the hand you normally use to divine

with it and a pointer or pencil in the other. Point to places on the map, until you arrow it down and go from there.

Outside:

Ask - "Am I facing the right direction to find... If the pendulum swings foreword or backward, you are moving in the right direction. In circles, move with the circle slowly, until it swings foreword and backward.

You can also draw a floor plan of a house or building and ue the map method.

Outdoor ritual sites:

Try using a map at first to pinpoint a good area. Places where Ley Lines and other energies on the Earth grid intersect, are powerful spots to perform all kinds of rituals. The pendulum will circle so fast when positioned over these areas, it will nearly be parallel to the Earth. The stronger the energies, the faster the pendulum will spin.

Past lives:

You can write dates on separate small pieces of paper or cards and space them out, evenly on a table. Ask about your past life and the pendulum will swing in the direction of the paper with the accurate date. You can keep going back this way in time. You can do the same with continents, narrow it down to countries in which you lived. People you now know and their relationship to you in a past life. Put on separate pieces of paper- lover, friend, spouse, family member and so on. Name the person and ask the question.

Health:

Ask about each area of your body or ask the aura of someone you want to know about. Keep narrowing down the questions with each answer you receive from the pendulum.

Gambling:

Be careful here, as mistakes can be costly, but you can take the pendulum to a casino and ask if this is a table or slot machine, you can win big at quickly and easily. The same can be done when betting on horses and so on. *It pays to be real experienced before you start going for the money.

Relationships:

A pendulum can tell you all sorts of things about other people. A photo or personal item of the person in question is a big help, but is not necessary. Just hold the pendulum over the item and ask questions.

Places to go to shop or get repairs done:

Just open the phone book and ask where is the most inexpensive and the best quality place for what you want. Name places and the pendulum will answer yes/no. A pendulum can also be helpful in diagnosing car trouble before pulling everything apart or taking it to a shop.

Rituals:

Ask what kind of incense to burn, the best time to perform the ritual, the best place, candle colors and so on.

Demons:

For simple contact of a Demon, place the pendulum over the Sigil of the particular Demon and begin asking questions.

Tarot cards:

Lay out several Tarot Cards as possible answers to a question. Ask the question and the pendulum will begin swinging in the direction of the card with the answer, until a yes is reached when it is placed directly above the card.

Any yes or no questions can be accurately answered with a pendulum. Small cards or papers with names of people, places or things can be lined up from left to right and the pendulum will start swinging in the direction of the card or piece of paper with the answer.

The pendulum should swing widely, as this is a definite yes or no. Circles are uncertain, and a small swing is not so sure.

Pendulum Practice

Everything takes practice, patience, and above all persistence, in the psychic realm. Most pendulum adepts have worked with their pendulums for years. When one is advanced, a pendulum can reveal practically anything.

For those of you who are serious about becoming proficient with a pendulum, I suggest you start out with asking the pendulum several unimportant questions at the beginning of your day, questions that pertain to events you know will occur during your day.

For example: Will it rain today? Will I receive money today? Will I get off from work early today? Ask easy questions that are not of any great importance, as emotions and desires very much affect the answers we receive and this is where inaccuracy can step in. Record the questions in your black book/book of shadows/journal. At the end of your day, go through each question, write the answer, and note whether the pendulum was accurate or not. You can also use your pendulum for finding lost or misplaced items. Always record the accuracy in your black book.

After several months, you should notice a lot of improvement in your accuracy. If you want to advance further, try asking the pendulum questions using a map. When recording your work in your black book, it is often helpful to note the time of day, the moon phase, the weather, and other phenomena. For ladies, including your time in your menstrual cycle is also very important. I have found this affects us more than most are aware of as it has to do with the moon. Remember, it is always important to be as relaxed as possible when working with a pendulum as to access the right/psychic side of your brain, which operates through the pendulum.

Ouija Boards

Ouija Boards are excellent for contacting and having conversations with Demons and spirits. I prefer to work the board alone, as another person is a distraction and prevents any real intimacy with the spirit contact.

For those of you who are new to this, make sure the board is on a completely level surface. It is important to enter into a trance when using a Ouija board. Place your fingertips lightly on each side of the planchette. Soon it will gently begin to pull. Just relax and let it work. It can take a few minutes to get going. It is important to be free from distractions and not to be disturbed.

My experience is I sort of go into a trance. Like when scrying or invoking spirits of the deceased, everything else in the room is blocked out. My total focus is on the board. It is sort of like an aura around all of the edges of the board, my attention is completely locked in, and nothing else outside of me, exists. This is just my own experience; we are all individuals, so some of yours may be different.

I am finding more and more, the higher ranking the Demon, the more energy you will feel. I have a Demon who is close to me and last night I conversed with him, using the board. I don't remember how long I was using the board. This was for quite a while. He asked me to say something specific aloud. When I did, I really felt powerful energy enter me, and light up like a flame inside of me.

When we have very close contact or invoke Demons, we can feel their energy. My skin still feels sensitized, like when I have a fever or sunburn, only no pain, even this morning. Their energy is electrifying. Satan's energy is different, as I'm sure many of you have experienced during and after rituals, it is calming and beautiful.

Demons come to us through telepathy and astral projection. It is my experience that Demons project differently than humans. With humans, you can see the connecting strands and when they leave, they snap back out quickly. Books say they are silver colored. The ones I saw were copper. I have never seen strands with Demons, but I know the higher-ranking ones physically exist in another world. There are some Demons who stay with us at all times, to protect us. These Demons are lesser as they are in spirit form.

The more you use a Ouija Board, the better you will become in working it. When we establish a close relationship with a Demon, all we have to do is tune into them and they will usually come to us. Each of us is individual and will have slightly different experiences in using a Ouija board and receiving messages:

1. The automatic method - In this case, the planchette moves automatically, without the operator knowing what the spirit concerned is going to say. Messages

in foreign languages will also be received, even in languages the operator does not know and has never heard before.

2. The inspirational method - this is the most common: here the messages will be given in a sort of thinking aloud inside or outside one's mind. In this case, one practically knows beforehand what the spirit is about to write. By frequent repetition this inspiration will become a loud thinking and listening in the passive communication. One will perceive messages from the one's mind or from outside of the self. This is sort of like dictation- the words come into your head and then your hands move the planchette.

3. The intuitive method - where you have the feeling as if you moved the planchette yourself. Any questions will be answered instantly. This is a kind of clair-knowledge. The planchette spells out words and sentences in full consciousness, without the operator hearing anything or being inspired in any way.

The methods also can appear in a mixed kind, for example half-automatic and half inspirational or intuitive and inspirational or all together. Which of the methods will be the dominant one will only be known after a long period of exercising. Each of the methods is good and reliable, provided you are using it honestly and candidly. Practice makes perfect! ¹

Reference:

¹ Initiation into Hermetics by Franz Bardon © 1956

Using and Empowering a Black Mirror

Scrying can be a useful means to contact Demons and spirits, to foretell the future, and to secure answers to questions. A black mirror is ideal for these purposes. Traditionally, Obsidian was the material of choice in the making of a black mirror, but the method described below works just as well.

The cycle of the Full Moon is the best time to create a black mirror, as the moon rules the third eye and psyche. Any frame for a photograph can serve as a base for a black mirror. Take the glass from the picture frame and paint one side of it with black enamel. You will probably need to use several coats of paint. Oil based enamels are lasting, but they can take a long time to dry. Be sure to leave the glass to completely dry before placing it back in the frame.

Substitutions for a black mirror include a dark bowl of black liquid or a shiny black object, large enough to focus upon. I have found average everyday mirrors to work in a dimly lit room (candlelight is perfect). The empowering ritual below is for advanced meditators and is very effective. If you are not advanced, you can still use a black mirror with results and wait until you are more experienced to perform the empowering ritual.

Empowering Ritual:

During a full Moon, go outside if possible, some place where you have a bit of privacy. Go into a slight trance, breathe in energy from the Moon into your third eye on the inhale, and on the exhale, chant "Inanna"
E-E-E-E-E-N-N-N-N-N-N-A-H-A-H-A-H-A-H-A-N-N-N-N-N-A-H-A-H-A-H-A-H
vibrating, so you can feel it in your third eye. Do this for 30 times, then condense the energy from the Moon in your third eye and circulate this energy to your heart chakra and back to your third eye nine times, ending with the energy temporarily stored in your heart chakra.

Place a paper or parchment of the Sigil of Astaroth on top of the face of the black mirror, and place both on your altar. Astaroth is the Goddess of prophesy.

Write the following prayer on a clean piece of paper:

Hear me Lord Satan, I ask in your name, that the forces of darkness bestow their powers of prophesy upon this mirror; that I may use this magickal medium to contact any Demons I may call forth, to scry upon for the revelation of secrets, and knowledge that is unknown to me.

In the name of Satan/Lucifer, I petition Ashtaroth, to bestow the blessing of prophesy and all the powers related, thereof upon this mirror. All of this, I ask in your name, Lord Satan. So it is done.

At the height of your ritual, recite the prayer aloud and when finished light it in the flame of a black candle on the left side of your altar. Place the burning paper in a bowl to burn.

Now, take the energy stored in your heart chakra and release it into the mirror by exhaling it- chanting g- g- g-g-eh-eh-eh-eh-eh eh-eh-eh

The chant/vibration is done with a hard G as in the English word "Get" without the 't.' The base of your tongue should be as close as possible to the back of your throat when you vibrate the Gebo rune. Gebo is Astaroth's rune and is used with workings involving powers of the heart chakra.

With each exhale, vibrate the energy into your mirror. Visualize the energy entering the mirror. It should indigo (bluish-violet) in color (there may be some green or swirls of it) and grow with intensity upon each exhale. You should be able to judge when the mirror is fully empowered and feel the stored energy leaving you.

To use the mirror:

Position the mirror so it is at a comfortable level. You should be sitting comfortably when scrying. The room should be quiet and dimly lit, preferably with candlelight.

To begin a scrying session, enter into a trance, and imagine the mirror is black liquid water, jet-black like a well. Fix your gaze upon the mirror. The mirror will eventually brighten to gray and images of clouds will begin to form. Be patient, for the ability to see images of spirits and events will come with practice.

It is best to become familiar with your mirror before calling up any Demons. At first, nearly everyone sees clouds. This is normal and a positive sign. With experience and persistence, one will move onto other visions that will occur at random. These visions will be uncontrolled.

With experience, one will be able to call upon visions at will. An adept can experience visions that involve all five senses when scrying into the mirror; this can take some time, persistence and practice. Demons can touch the scryer, carry on lengthy conversations, and interact on a more personal level. The visions can begin to exist outside of the mirror and on all sides and surround the scryer.

When not in use, keep the mirror should be wrapped in silk to keep the energy from escaping and kept in a safe place where others will not disturb it. The energy will need to be replenished every so often. You will have to place your mirror in a window or out of doors under a full Moon to absorb the lunar energies. To do this, breathe in energy from the Moon into your heart chakra and exhale it into the mirror from your hand chakras. If you are open, you will see with your third eye, and feel when the mirror is fully empowered, and sense when it needs to be recharged.

Runes

F Fa (Cattle)

Galdr-sound: f-f-f-f-f-f-f-f-f-f (hissing)

This rune begins the Futhark alphabet and is the first of the three aettir. Characterizes the beast of burden. Slavish, stupid, slow, domesticated, and mild. Cowardly. This is the sending rune used in magick. To grow, to wander to destroy

Positive aspects; white magick:

Wealth, possessions, honors, property, money, expansion. Power over one's environment, increase in wealth; fertility, mobility.

Black Magick: Instills cowardliness, dullness, breaks the spirit, binds an enemy; instills fear and dependence in an enemy.

U Ur (Aurochs)

Galdr-sound: u-u-u-u-u-u-u-u-u-u (oo as in soon)

Aurochs is a species of wild ox that lived in the European forests. By the 1600.s it was hunted to extinction. This rune is the cosmic seed, beginnings and origins. It is masculine in nature and gives strength, endurance, and athleticism. It is a rune of courage and boldness, freedom and rebellion. Ur represents the horn or the erect phallus, resurrection, life after death. Coming, being, and passing away.

White Magick: Incites action, sexual potency, freedom.

Black Magick: Used to threaten and destroy.

Magick: transfer of energies, used for projecting or drawing in of energy.

Repeated use of the rune will gradually increase the amounts of energy one can handle at any given time. Helps in the growth of one's own reserves of power.

When using Fa with another rune, it works to increase the power of any rune it is used with for good or ill. Adepts can combine the forces of Fa with the forces of Isa (fire and ice), but this could prove disastrous for the uninitiated. Green and shimmering gold work well with the energies of this rune.

T Thorr (Thorn)

Galdr-sound: thu-thu-thu-thu (deep and explosive and cut off sharply like with the Yogic Bellow's Breath- this is not a prolonged chant/vibration)

Rune of cutting, sharpness, and pain. Brute strength, destructive power of chaos and ruin. Also of death and regeneration, transformation and breaking down barriers. The power of this rune is wild and a strong mind/will is needed to direct it. Ur assists the energy of other runes it is used with to manifest in reality. Like a lightning bolt, Thorr brings on the energies of the berserker, energies this wild should only be used in war or attack. Can raise and guide thunderstorms and direct lightning. In many German fairy tales such as .Sleeping Beauty. the prick of a thorn, pin or spindle casts a spell upon the victim. The bloodstone has been used with this rune in the raising of thunderstorms. Hematite used with this rune can shield against electro-magnetic energies and is therefore helpful in

deflecting curses. Using this rune with a pointed crystal focuses energies and projects them.

Black Magick: Brings destruction and confusion. Thorr is used in the destruction of enemies and in curses. Used to control another or render the individual defenseless.

White Magick: Rune of healing. Enhances wisdom, courage, physical strength, independence and leadership.

Os (God)

Galdr-sound: a-a-a-a-a-a-a-a-h (as in awe with a steady exhale)

Rune of the power of speech, destroys tyranny; .Your spiritual force sets you free. Order, the opposite of chaos, creative inspiration, magickal oratory ability and to persuade others and audiences through speech. Opens channels of self-expression and overcomes obstacles of every kind. Used in removing bindings. Assists in enhancing one's psychic and magickal abilities. Also used for work in invocations. Used with Lapis Lazuli in working to communicate with Demons.

Reidh (Riding)

Galdr-sound: r-r-r-r-r-r-r-r-r-r (Roll the r and vibrate)

Reidh is a rune of travel, journeys, and physical endurance. This rune has been used as a charm for travelers, this includes astral travel as well and Reidh acts as a guide for the dead in their journey in the underworld. This is also a rune of relocation such as moving house. Reidh also means seeking and striving; a quest and stepping into the unknown. Magickally this rune when the energies are directed at another will make him/her restless and dissatisfied. It creates changes in the life for good or ill depending on the other runes used in the working. Reidh is a solar rune as it also symbolizes the chariot of Amon Ra, the Egyptian Sun God and represents the eightfold cycle of the Greater Sabbats. Reidh also assists in astral travel. A rune of rhythm and music, Reidh makes one aware of the natural rhythms in life and helps one to better organize their time. This rune represents justice and the essence of the law, while Tyr is the letter of the law. Can be used in ritual to give power to movement- drumming, dancing, clapping, etc.

Kaun (Torch)

Galdr-sound: "K-A-A-A-A-A-A-A-H" Extend the A-A-A-A-H until you have completely exhaled. This is done with a gargling in the rear of the throat.

Kaun is a rune of light, the light of the soul; also the intellect. The traveler on the road to the underworld carried Kaun to illuminate and guide. The shape of this rune is of a delta for smooth flight and penetrating. Magically this rune can be used for intellect, penetrating things as it carries energy. It also increases awareness and gives insight. In black magick, it is used to incite stupidity and works so that the victim will remain unaware. This rune also represents sores, inflammations, swelling, and boils. Used for the control and harnessing of sexual

energies and in working sex magick, often used with other fire runes and used to release the spirit into the realms of power. This rune can be used to direct and influence the emotions of others. Kaun bestows charisma, which is connected to the sexual energies, and is useful in raising the kundalini. Fire agate and fire opal can be used with this rune, especially when working sex magick.

X Gebo also Gipt (Gift)

Galdr-sound: g- g- g-g-eh-eh-eh-eh-eh eh-eh-eh

The chant/vibration is done with a hard G as in the English word "Get" without the 't.' The base of your tongue should be as close as possible to the back of your throat when you vibrate the Gebo rune. Gebo is Astaroth's rune and is used to empower the heart chakra.

This is a rune of sacrifice and giving. Something of personal value given freely, such as our blood when we choose to consecrate the runes in this way. This is a rune of initiation where we make personal sacrifices to obtain knowledge, power, and wisdom. No pain, no gain.

Magickally, Gipt is a bringer of gifts. Gipt relates to weddings and alliances. Gipt is also used in sex magick and binding spells. Can be used to bind another to an unwanted obligation and can be used in casting love spells. Emerald and jade are the gems used with this rune. When used in Black Magick, it brings pain and sacrifice upon the victim with no reward. Used with the Isa rune, the combination is powerful in binding enemies.

P Vend (Joy)

Galdr-sound: w-w-w-w-w-w-w-w-w-w- (vibrate your lips, like a u with your lips almost closed)

Vend is a rune of honors and rewards. Our efforts are rewarded. Vend is bliss merging with light, authority, respect, and strength. This rune is excellent for banishing depression. Helps to unite family members and mend friendships. Vend breaks down barriers between one's self and others. When directed for black magick, this rune can be used to instill overconfidence and trust of the wrong things in others, leading to their downfall. Vend is also a rune of healing as it binds the healing of the mind with the healing of the physical self. Wards off diseases, good for working with the heart chakra. Topaz enhances this rune as well as rose quartz. Good for raising confidence and self-esteem.

H Hagl (Hail)

Galdr-sound: h-h-h-h-h-h-h-h-h-h- (powerful exhalation from the back of the throat, like a hissing cat)

This rune represents hailstones. Involuntary sacrifice with no reward; a rune of suffering and injustice. A rune of destruction, disaster, and violence. This rune is mainly used in black magick sending destruction in the form of whatever runes are used with it, delivering violent loss and pain. Hagl is a rune of completion and the number nine. Nine is the greatest German number of power and is also a number of Satan.



Naudh (Need)

Galdr-sound: n-n-n-n-n-n-n-n-n-n-

Naudh is a rune of endurance and will. The mental strength to last. It represents the dark night of the soul. It is connected to the Hagl rune. When used in white magick, this rune gives defiance and the strength to carry on when all hope seems lost. It is a rune of survival and fearlessness in the face of death. When directed at another, this rune can give the spiritual strength to carry on and endure in the face of disaster. Used in black magick, it brings suffering and hardship. Naudh is a rune of friction and resistance. A rune of banishings and cleansing by fire. Naudh can be used in counter-spells. Develops the will and self-sufficiency. The rune of trial and testing. Obsidian is the gem used with this rune. Obsidian is also the gem of the planet Saturn which bestows hardship and endurance.



Iss (Ice)

Galdr-sound: e-e-e-e-e-e-e-e-e-e- (tightly focused high pitch)

Iss is a rune of binding. It represents stealth and sneakiness and is used in operations where one wishes to proceed undetected; Iss bestows invisibility. In nature, ice creeps up on the land, quietly freezing and immobilizing everything in its path. The unaware fall victim to it. Magickally, Iss is a rune of binding and preventing action through hidden means. It can halt a plan and prevent something from developing. It is used to conceal and can render a victim unaware of impending personal disaster to where any actions attempted will be too late in coming. It is also used in preventing any action and can ruin planned activity. Isa freezes action and is the rune of cold, barren stillness and death. Isa is the exact opposite of Fehu. As Fehu is a rune of movement, Isa is a rune of binding.

Used in ritual against another, it brings barrenness, prevents prosperity, causes depression, and serves as an obstacle to action. Can be used to cause paralyzing fear or obsession and to prevent or stop movement, both that of growth and disintegration. On a more positive note, this rune is helpful in void meditation as it acts to still and also helpful in concentration, bringing calmness and guidance. Care needs to be taken as the rune can also make the user dull and/or obsessive. Isa works to calm hysteria, hyperactivity and restlessness. Often used in revenge spells and defense, it helps focus the will of the operator. Used with other runes, it acts to bind and shield the energies and keep them from interacting with each other.



Ar (Year)

Galdr-sound: y-y-y-y-y-y-y-y-y-y-y-y-

Ar is a rune of cycles and is symbolic of the harvest where the efforts of planting and work in the fields are rewarded with crops. Ar represents the cycles of change. Life cycles, lunar cycles, the cycles of the seasons and changes. Ar is in contrast to Iss where everything stops. It signifies the return of the Sun and brings action. Ar symbolizes a vortex of cycling energy; the eight-fold wheel of

life, the point inside of the circle, which is the glyph for the Sun meaning regeneration. When used in magickal operations, it can bring a reversal of personal fortunes. Like the Tarot Card, the Wheel of Fortune, Ar can reverse circumstances so misfortune is replaced with luck and visa-versa. Ar is a rune of patience, awareness, and moving in harmony with natural cycles. This rune is excellent for working with nature and is a rune of fruitfulness. Ingwaz is the seed planted, Berkano is the earth that receives it and Jera is the growth and the harvest. A rune of long term planning and persistence and ensures the success of plans. This rune is also helpful as it serves as a guide in the correct timing of rituals, especially initiation. When used in black magick, this rune can bring the worst possible aspects of an individual's wyrd to manifest and develops the forces of self-destruction. The stone is moss agate.



Eihwas

Galdr-sound: i-i-i-i-i-i-i-i-i-i- (as in high)

Used in necromancy (communicating with the dead). It is a rune of death and power over the dead. Eihwaz strengthens the will and can be used in past life regressions to gain knowledge and wisdom from prior lives. Represents the kundalini force. This rune shields the soul through all kinds of hardship. Like the planet Pluto, it is a rune of transformation through death and rebirth and rules over deep and powerful transformation on all levels. Smoky quartz is used with this rune. Both can be used to activate and raise the kundalini.



Pairthra

Galdr-sound: p-p-p-p-p-p-eh-eh-eh-eh (vibrate with the lips pursed)

Perthro is a rune used in divination. Through this rune, one can gain the knowledge and wisdom of other runes. This rune acts as protection against the destructive forces of certain runes. Through Perthro, we can intuitively discover lost knowledge of all of the runes. Perthro is the rune of meditation. Onyx is the stone used with this rune.



Ihwar

Galdr-sound: zgh-zgh-zgh-zgh (A soft J sound as in "rouge," make this one long smooth vibration during your exhale)

This rune is used for protection. It is also used in consecration and the banishing of negative energies. It is excellent for the operator to wear when performing dangerous rituals as it protects against negative energies. Black tourmaline is the stone used with this rune.



Sowilo Sigel, Sol

Galdr-sound: s-s-s-s-s-s-s-s-s-s-

Sowilo is the rune of the Sun and can be used in masculine magick. Sowilo is a rune of invincibility, and final triumph. This rune is movement and action and bestows the will to take action. It symbolizes the chakras and the lightening bolt, spark of life. Kundalini is like lightening and flashes in the brain when it connects with the 6th chakra. Sowilo is used to strengthen the will and

confidence. It has both shielding and combative properties. Used in understanding the energy forces in the world and on the astral. When used with other runes, it activates and empowers them. It can be used in meditation and to empower the chakras. Brings out one's leadership abilities and one's ability to inspire others. Enhances one's strength of spirit. Gem is the diamond.



Tyr

Galdr-sound: T-T-T-T-T-T-T-T (position your tongue as you would for sounding the letter T and vibrate by keeping the tip of your tongue in this position)

Tyr instills courage and honor. Tyr is the rune of justice. Used for stability and the binding of chaotic energies. Good for defense and revenge workings as it represents justice. Bloodstone and hematite are the stones used with this rune.



Björk

Galdr-sound: b-b-b-b-b-b-b-b (vibrate with a deep, soft hum with the lips almost closed)

This rune can be used in workings for female fertility, feminine magick, and nurturing. It is used in concealment and protection. This rune symbolizes feminine energies. It is an old Pagan custom to enclose a child at birth with the protective energies of Berkano, which remain with him/her throughout his/her life.



Mior, Ehwaz

Galdr-sound: a-a-a-a-a-a-a-a-y-y-y-y-y-y-y- (as in "may")

Represents the horse. It is also closely identified with Castor and Pollux the Gemini twins. Used to see into the future and for psychic communication. Like the fourth chakra, this rune unites opposites. This rune forges bonds and is used to seal marriages and friendships. Can be used to bind another's thoughts and actions to the operator's will. Used in spiritual divination to understand the will of the Gods. Used to empower thoughtforms and bring them under the control and will of the mage. When used with other runes, Eihwaz unites the energies harmoniously.



Madhr

Galdr-sound: m-m-m-m-m-m-m-m-m-m-m-m-

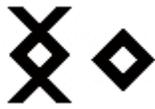
Rune of logic and the left side of the brain. Used for enhancing intellect and strengthening the memory. Helps one to gain more knowledge of one's self which is essential in working magick. Amethyst.



Lögr

Galdr-sound: l-l-l-l-l-l-l-l-l-l-l-l-l-

Conceals and symbolizes the unknown. Reveals and counteracts poisons. The hidden is revealed. Assists in the awareness of energies and enhances one's sensitivity. Good for dowsers and pendulum workers. Helps in astral work. Can be used to enhance physical and psychic strength. Used in feminine magick and masking the forces of other runes.



Ing

Galdr-sound: i-n-n-n-n-n-n-g-g-g-g-g-g-g- (as in sing, with the "ng" held as long as possible)

The alternate symbol for this rune is much like the sigil of Azazel.

This rune is the

male counterpart to Berkano. Represents the God .Ing.. Ingwaz is the rune in which power is stored. Converts active power into potential power. Can deprive a man of his masculinity or anyone, male or female of their life force. Like a crystal, this rune stores energy until it is needed. It is a magickal reserve. Stone is ivory.



Dagr

Galdr-sound: th-th-th-th (as in "the")

Represents the climax of orgasm where the objective of the working is realized. Like the planet Uranus, this rune gives flashes of intuition and knowledge. Useful in raising the kundalini. Best if used with other runes that enhance wisdom and awareness.



Othala

Galdr-sound: o-h-h-h-h-h-h-h-h-h-h- (as in "oh")

Rune of property and land. Inheritance. Rune of ancestry and heritage. Used to tap into one's racial memory for ancestral knowledge. Used to obtain wealth in the form of property and possessions. Unlike Fehu, this rune represents property that is rooted and not mobile, a putting down of roots. Can be used to incite racism and cultural prejudices. Othala represents the circle/sphere; the boundary. Petrified wood works well with Othala; brings out memories of past lives, talents and wisdom of previous incarnations.

References:

Teutonic Magic, the Magical and Spiritual Practices of the Germanic People by Kveldulf Gundarsson ©1990

The Secret King: Karl Maria Wiligut: Himmler's Lord of the Runes by Karl Maria Wiligut; translated edition by Stephen E Flowers; Michael Moynihan

The Secret of the Runes by Guido Von List; translated edition by Stephen E Flowers

Futhark, a Handbook of Rune Magic by Edred Thorsson ©1984

Necromancy: Summoning, Contacting and Communicating with the Dead

Many books on witchcraft, séances, channeling, and mediumship advocate an elaborate process in order to contact the deceased. In reality, it is not all that difficult to summon someone who is hanging around on the astral.

There are many who are "lost souls" and are trapped on the astral. In the case of those who have been reincarnated, if you are in tune enough, you will be able to pick this up and know it is of no use to try to contact them, as they are already in another life.

Deceased Humans are "spirits." These are of a lower order. They are not as powerful as Demons or angels, unless the person empowered his/her soul.

The astral is usually a lonely place for these souls and often, they wish to make contact with the living. Ghosts that are seen or sensed in old houses (often the person died there), those who cannot part from living family members or loved ones; usually the ghost attaches itself to something - the house, the place of employment, the living family or a surrogate family.

There can be unfinished business where the deceased needs help from the living, as with a burial, solving a homicide, missing person or something where the deceased cannot "rest." Most often, the deceased will make him/herself known. Objects can be misplaced, electrical appliances can be turned on or off, he/she can be felt, even by untrained individuals.

How to Make Contact:

The deceased does not need to be hanging around to establish contact. If he/she is dead, he/she can be contacted, provided he/she has not reincarnated. A summoning can be done at any place where one can focus.

Tarot cards can be used to make contact. A Ouija board or pendulum can be used to communicate. In cases where there is a group, all participants should be in tune and serious. One person will act as the medium.

1. The person closest or the nearest in contact with the deceased (in the case of a known spirit), shuffles the cards, concentrating on a reading to contact and give information about the one being summoned. The medium then begins to read the cards. Do the same, if you are substituting a Ouija board. In using a Ouija board, the medium should sit opposite the person wishing to call on the deceased. Having a personal object of the deceased can be a help for those who are inexperienced or not as psychic, who are acting as the medium.

2. Usually the person closest to the deceased will feel him/her before anyone

else. The person acting as the medium will draw in the soul and speak for him/her. When finished, direct the soul to depart. Do not bind in any way with the soul. Keep it as impersonal as possible.

When contacting spirits, the strength of your aura or experience will act as a beacon.

A Pendulum can also be used. The medium should have some experience with a pendulum, should he/she decide to use this method. Begin by asking if there are any spirits in the room/house/building/area. If the pendulum answers "yes" then you can go on to ask more questions or use a Ouija Board to get a conversation going.

Human spirits are fairly easy to invoke. They do not in any way have the energy of a Demon, as I have invoked both. The energy from a human, usually, can only be felt when he/she enters your body. A Demon on the other hand is electrifying and the residual energy can make your skin tingle for several days afterward.

Never try to force the spirit into answering questions they do not wish to answer. Being rude will give your aura a bad vibe on the astral and future attempts at contact or invocation of other spirits may be thwarted.

Void meditation is essential here, as is a strong mind and spirit, with total control over your own thoughts and emotions. The ability to turn off and block out anything unwanted is of extreme importance when invoking anything from the astral. Some spirits feed on fear, an untrained mind, or other emotions. People who are fearful, overly impressionable, or prone to excessive emotion/hysteria; unstable behavior, should not take part in any séances! One must be cool, calm and collected at all times during a séance. The medium must always remain in total control of the situation.

When souls of the departed are contacted, they are as they were when alive. The personalities do not change, at least from the experiences I have had. This is another reason we all should make the most of our life here, as we all need to work toward developing and empowering ourselves spiritually.

Part III
Beginning Magick

Standard Destruction Ritual for Revenge

The following ritual is for beginners and those who are new. Adepts use more techniques that are advanced and in many cases, a formal ritual is not needed. The strength of your mind, aura, will, focus, and hatred determine the outcome of any destruction ritual. When one is new, Satan and his Demons often grant favors, but the essence of true Satanism is self-empowerment.

The Destruction Ritual begins with the Standard Ritual.

After invoking the Four Crowned Princes of Hell, you should read a prayer that you have written by yourself in your own words asking for the destruction of your enemy. Work on only one enemy at a time, unless you have a specific agreement with a Demon/ess in exchange for services you both agree upon. Attempting to punish more than one enemy at a time will only weaken your energies, as they will be dispersed. Energy should be directed like a laser to do its job.

Included in the prayer should be the name of the offending one, the severity of the punishment you wish to see inflicted, and how they offended you and your feelings about being victimized. It also helps to have either a small personal possession of the offender's or a photo of them, but is not necessary.

Either read the prayer aloud or silently to yourself, then push the tip of your athame through the paper and light it with the flame of one of your candles and place it in the burning bowl.

Now this next step is extremely important. The following is a good cathartic that can be a lifesaver to one's mental health and psychological well-being. This is the meditation step and is highly recommended in cases where there is an extreme amount of pent up anger and hatred: Here is where you visualize the person as clearly as you can and just let loose until total exhaustion. This ritual is best done while the offender is sleeping.

Visualize the offender clearly and inflict all of the mutilation, injury, and pain you can imagine upon them. Beat them, stab them, torture them, and torment them. You can repeatedly recite their name over and over again in your mind. Release all of your hatred and anger in any way you wish. Just do it in your mind. Some people hate someone so hard they cry- this is fine, this is a cathartic and a very intensely emotional release. You must continue on and on until you are literally exhausted.

The most important thing here is to stay focused. You should also feel very justified. Any lapse in concentration or feelings that creep in where you feel you are not 100% in the right and completely may not only destroy a destruction ritual, but can be dangerous.

Now, close the ritual by giving thanks to Satan and any Demons you may have called forth that the offender will be rightfully punished. Ring the Bell, turning clockwise and say HAIL SATAN!! Either silently to yourself or aloud.

Take the burned remains and you can flush them down the toilet or dispose of them in some other degrading manner.

NOW THIS STEP IS EXTREMELY IMPORTANT:

Take all of the time you need with this and then some. You have just dealt with some very negative and destructive energy. You should clean your aura and chakras. This is done by continuously placing a white light or cleansing fire around your aura to clean and burn off negative energy residue. Then proceed to place the light or fire around each of your chakras one by one. Then proceed to spin your chakras- say to yourself "speed of light" for each one. See it spinning until it turns a brilliant white like the Sun. Stand up and visualize a flat disk like table surface above your head, shining a brilliant white. The surface will descend upon your head and all the way down through your body and past the bottoms of your feet, pushing and expelling any negative residue from your being. Repeat this exercise at least two times.

You should also keep cleaning your aura for several days following the working.

It is important that you put the experience behind you and do not dwell on the offender or concern yourself with hopeful anticipation over their punishment. Let the working do its job. Banish the offender and the incident from your thoughts. This working can take up to a month or more.

**The ritual can be varied, using a POPPET

Creating an Astral Temple

Making regular use of an astral temple can increase the effectiveness of your magick and has many other uses. Astral projection is ideal, but not necessary. A deep meditative state and visualization are the keys.

You should construct your temple during ritual, where you can ask Father Satan to bless it. Meditate for as long as you need to construct your own place. This should be done after the invocation where you write a request for Satan to bless and consecrate your temple.

You can construct your temple any way you wish. This is your area. Visualize the outside of your temple first. This can be a pyramid or any shape you choose, and made of any materials you choose (they should be strong).

Walk through the door. This is your area. Create your own altar, carpet or floor, any size, shape or color. You can add anything to your temple that you wish. Burning lamps of fire, huge Baphomets, velvet walls of red, blue, or black, seats with cushions lining the walls for meeting with Demons, huge golden or silver incense burners- these are just a few ideas.

This is your very own private inner place where you are free. The more you visit this place, the stronger it will become.

When finished with the ritual, you should at some time perform sex magick where you go to your astral temple and use orgasm to direct a powerful energy of light (this should be electric blue) to fill the entire place. This can be done more than once. When finished, you can invite your Guardian Demon and any other Demons you have relationships with to see it.

Uses for your astral temple:

- Ritual
- Meditation (all kinds and astral work)
- Telepathic communication with other human beings
- Meeting with Demons

You can meet with Demons here. You should first know the Demon you wish to meet with and have a relationship with him/her. Here is a place where you can communicate and ask questions.

You can also go there and focus on certain issues requiring psychic ability or communicate telepathically.

To communicate telepathically with another human being, go to your temple at a time when he/she is sleeping and 'will' his/her soul to your temple. Do this by visualization. When he/she is present, if you wish to influence him/her, separate his/her soul drawing out the light body and speak to the light body, giving short commands in the present tense.

If you wish to discuss something of importance, speak as you would as if he/she is actually sitting across from you. You can also tell him/her that he/she will not remember the actual meeting taking place when he/she awakens, but will obey all commands.

Binding Spell

What you need:

- Material to make a poppit
- A small personal belonging of the individual you wish to bind (that can be sewn inside of the poppit)
- A long enough piece of dark blue material or ribbon to bind the poppit like a mummy.
- A nail and a tree on which to hang the poppit

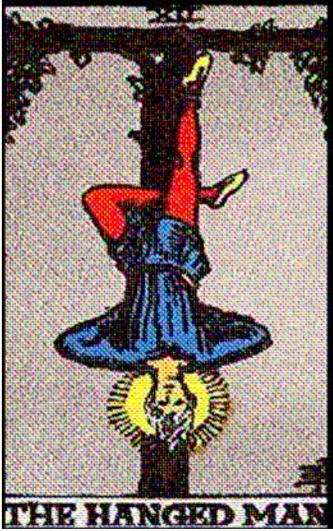
You can use herbs to fill the poppit if the article is not large enough or does not fit the form of the poppit. Adding cloves will act to .still the tongue.. Remember herbs have no real power of their own, other than medicinal properties. To maximize the power of the herb(s), they must be infused with the elements and other energies. Other herbs to add include one or more of the following:

- Agrimony
- Asafoetida
- Birch
- Bloodroot
- Broom
- Comfrey
- Cypress
- Dragon's Wort
- Hyssop
- St John's Wort
- Rue
- Tobacco
- Vervain
- Mullein

All of the above herbs are ruled by the planet Saturn. Saturn is the planet of binding. When you are finished stuffing and sewing the poppit, mark it to represent the person you wish to bind. Draw the individual's face as best you can- facial hair, if any, glasses- this does not have to be perfect. Now sew up the mouth with intent.

Now go outside, or if you already are outside- go to a tree where the poppit can be nailed by the unbound foot and hung upside down in the image of the Tarot Card of the Hanged Man.*

This card represents at a standstill, inactivity, one in suspension; left hanging. Nail the poppit where it will not be disturbed or easily seen. Give thanks to the Powers of Hell and leave the poppit.



*This step of the ritual (how to hang the poppit), was given to me from Azazel.

Love Spell

To incite love or lust, sexual orgasm is used and directed into the soul of the desired one. This ideally should be done often and when he or she is asleep. Stimulate yourself to climax by fantasizing over the desired one. At the moment of climax, visualize the energy lighting up his or her entire body and aura and command it with an affirmation. The affirmation should be short, in the present tense and to the point. For example: "__ (name of desired one) __ is deeply in love with me and sexually desires me."

To further empower the spell, go into a trance and when he or she is preferably sleeping, visualize his or her and pull out his/her light body and gently but firmly command it. For example: "__ (name of desired one) __, you love me and desire me greatly, every day. I am irresistible to you."

The more often you do this, the better. This may also have to be reinforced every so often.

The Aura

Everything has an aura, whether it is living or inanimate. The aura is an energy field created by the vibrating atoms and molecules that comprise all matter. The universe itself vibrates to a certain frequency and the gravity that holds everything together is electromagnetic in nature.

Everyone's aura is as unique as his or her own fingerprints. No two auras are alike. The aura can be used to protect, attract, influence, maim, or even kill. This field of bioelectricity surrounding living things can be programmed using the power of one's mind.

Those who are trained and have an active third eye can see auras clearly and discern much personal information just by reading the color, strength, size and shape of one's aura.

To see your own aura, you should start out by going into a light trance state. You should have already opened your third eye.

Hold your hand out in front of you, preferably against a dark background. In the beginning, you should be able to see some faint lines surrounding your hand and fingers. The more you tune into this, like anything, (practice is what is needed here), the better you will become. The better you become at seeing your own aura, you soon will be able to see the auras of others, by just tuning in to them. Later on, you will be able to see colors, layers, and shapes.

Feeling auras is much easier than seeing them. Power meditation, when done consistently, increases one's sensitivity to energy. Manipulation of energy is essential in working spells and magick. To feel your aura, run one of your hands over the top of the other, or over your forearm. You should feel the energy. You can also practice feeling the auras of friends and family members if they are interested in letting you do so. This will develop your touch sensitivity.

To strengthen and build your aura, you must take in energy. This can be done through power meditation. The Energy Meditation is excellent for charging up your aura.

Hatha (physical) Yoga and Tai Chi also help to strengthen and build the aura. Both of these disciplines tend to balance the auric energies as well.

Cleaning your aura is very important. A clean healthy aura strengthens the immune system and prevents harmful energies from invading one's body. Nearly all harmful entities are invisible to the naked eye. Energies, as most physicists know, can be broken down into sub-atomic particles, for example, light can be broken down into photons. The energy radiated by a powerful aura will burn these harmful energies and entities up before they can do any harm.

Cleaning your aura with a powerful white-gold light is imperative after any rituals involving the employment of black magick, throwing any curses, no matter how

small, on the spur of the moment, or any exercise involving the use of negative or destructive energy. One's chakras should also be cleaned and empowered. This is done by putting a strong and intense white light on each chakra. This is needed to rid one's self of any residual negative energies that could otherwise do harm. This also prevents rebounding energies. Always take as much time as you need; never be in a hurry. Prevention is always better than having to deal with problems later on.

A powerful aura gives health, happiness, charisma, and energy. People with weak auras are usually in poor health and are depressed. Our personal energies act on our environments and direct our fate. People who have weak auras are usually prone to misfortune.

The aura can be programmed with power hypnosis. Read the page on power hypnosis to make maximum use of the following workings. Now, with dealing with the aura and subconscious mind, one must always be 100% clear on every aspect of what is desired. With love, we don't want one who is unavailable. With money, we don't want it to come to us through tragedy- this sort of thing. When working with the mind as in ceremonial magick, energy takes the quickest and easiest route to bring us the desired result and if every aspect isn't covered, any undirected energy will seek out whatever is available. Color is especially important when programming the aura. Below are examples of how we can effectively program our auras to do things:

For example:

You want love in your life:

Visualize your aura while you are in a trance, the deeper the better. Breathe in energy and affirm several times in the present tense:

.My aura is attracting my perfect [love/sexual partner, soul mate, whatever].

Change the affirmation to suit your own individual needs. Affirm this with meaning, five- ten times while breathing in energy.

To attract the love/lust and or attentions of a specific person:

Affirm: I am programming my aura to attract and act on _____'s, aura.

He/she finds me very attractive and sexually irresistible.

You want/need protection:

Breathe in powerful white-gold light. With the inhale, breathe it in to meet in the middle of your body, packing it in brighter and brighter. With the exhale, keep expanding it. The energy should grow brighter and brighter.

Affirm: "My aura is very powerful and is protecting me at all times."

This a good exercise to be done on a regular basis, for building a strong, protective energy field.

You want to make a good impression:

A powerful aura will often influence others to grant you favors.

Affirm: My aura is making a very positive impression on _____. If this is a job interview, (the person(s) interviewing me tomorrow, whatever). The people hearing my presentation, the group etc. Always state this in the present tense. The subconscious mind does not understand the word "will" and "will" never comes.

For keeping unwanted individuals away:

Breathe in white light like the Sun. White light reflects and repels.

Affirm:

.My aura is repelling, [inspire fear/dread] in _____, and keeping _____ far away from me at all times.

To heal yourself:

A lot of energy is needed for healing. Breathing in energy from the Sun is excellent for empowering one's aura. The Sun also contains all of the colors of the chakras in their most pure and vibrant states. The Sun (666) is one of the most powerful sources of energy there is. When one is ill, there is an imbalance in the chakras ruling the body part/s that are injured or ill. To heal, you must work with both the color of the ruling chakra and its opposite to create a balance.

Breathe in the color of the energy of the chakra ruling the injured or ill body part and affirm:

.I am breathing in __(name of color)___ energy that is balancing my __chakra__ and healing my_____.

When you are finished, breathe in white energy to balance your aura.

The auras of others can also be worked with and programmed.

From reading the above, you should by now be getting the idea and able to improvise your own affirmations.

To protect loved ones:

Put a powerful white-gold light around the person. For more powerful workings, this is best done in a deep trance.

Affirm: I am placing a powerful protective aura around _____. This should be done regularly, and can be done while the loved one sleeps.

For inciting lust:

Put a powerful red or orange aura around the person.

Affirm:

" _____ is experiencing irresistible sexual obsession, desire/lust for me"

" _____ finds me sexually irresistible." You can masturbate using sex magick and drive the energy into the desired one's aura. This is best begun on a Sunday or Tuesday during a waxing Moon. Never do this when the Moon is in the celibate sign of Virgo, though.

For inciting love (also see love spell in the preceding chapter):
Put a powerful green aura around the person. Feel strong feelings of love as you program it.

Affirm:

"_____ is falling deeply and uncontrollably in love with me."

"_____ is obsessed with me." etc. You can also use sex magick here as with the working above. This is best begun on a Friday during a waxing Moon.

Healing others:

Visualize a powerful white-gold aura surrounding and glowing about the loved one. You should also use color energy (see the above paragraph on healing for one's self)

Affirm: I am putting powerful healing energy into _____'s aura; this energy is effectively fighting the _____ and restoring him/her to perfect health. In cases of serious illness, this may have to be done often every day. Healing others can be extremely draining. If you are inexperienced, remote healing is best. Direct contact as with the hand chakras applying energy directly to the afflicted one can be dangerous. The illness can be absorbed into the healer. To do this type of direct work, one must have a powerful aura and work to clean it thoroughly after each healing session. Using the energy of the Sun is most effective here.

Black Magick and Killing:

Killing:

This is best done while the offending party is asleep. Put a black aura around the person, as this will prepare his or her own aura to absorb the destructive energy. After doing this, you can vent your hatred. Be sure to visualize over and over again with feeling, exactly how you intend this person to die.

Affirm:

"I am placing a powerful aura of destructive around _____ that is continuously working to kill him/her. This work is best begun on a Saturday or a Tuesday during a waning Moon. Be sure to clean your aura and chakras following each working. "

To cause bad luck and/or harm:

If your own aura is powerful enough, just sitting and stewing about the person should be enough. I have found it is important to visualize repeatedly in a relaxed, but angry way a specific misfortune.

With all workings of black magick, the outcome depends on the strength of the auras involved. The aura of the victim *must* be weaker than that of the sorcerer. If the victim's aura is more powerful, the working could rebound as a more powerful aura naturally deflects negative energy. Some people just have naturally powerful auras. This can come from past lives. If an offending person naturally has a more powerful aura, you will be able to feel resistance. Take the time to build your own aura before doing any kind of this sort of working.

Banishing Ritual

A banishing ritual should be done on a Saturday when the Moon is waning. Use a standard ritual and write on a piece of paper asking Satan to bless the area.

Place the sigils of Flauros (Havres, Haures) and Orobas on your altar during the ritual. These two Demons work to keep unwanted spirits out. Ask that they be blessed and empowered, and for Satan to send these Demons to you to protect your area.

When you burn the paper, meditate strongly and imagine a strong electric blue light, like a flame, run it along the ceiling, in the corners, down the walls and the floor. If you can get your friends to help in the ritual, your combined power will really do the job. Everyone should focus the blue light.

Thank Satan and the Powers of Hell for blessing your area. Make sure the sigils are well protected. I put mine in a CD case.

Any spirits or negative energies in the area should be banished. This ritual may have to be repeated if the unwanted energies are particularly strong.

Part IV

Intermediate Magick

Image Magick

Image magick has been used for centuries. The basic idea is that using some object to represent a victim, what is done to the object is done to the victim. This practice goes all the way back to Ancient Egypt.

For best results, use a personal belonging of the victim's that has their vibes in it to construct the poppit. A photo, a small article of clothing, car keys, small personal possessions, hair, fingernail clippings, sexual fluids, or even dirt taken from a footprint can be used. There are endless possibilities, as long as the article has a close connection in some way with the enemy.

Poppets were often constructed from wax or clay in the old days. Wax can be hard to work with. It is best to construct the image to be sturdy and not soft, if you plan to inflict any serious damage. The poppit should be constructed to take abuse.

What is important is that the right amount of focusing and hatred goes into the working. Driving a nail into its head will cause insanity. Driving a nail into the heart, with the right kind of focus and intensity, will cause death if done with enough intensity and the operator's aura is powerful enough. Burying the image in the ground will cause the person to waste away as the image rots in the ground.

Take whatever you have and use it in the construction of the image. Clothing articles may have to be cut to size. What is left over can be saved for the ritual working.

A doll can be sewn and stuffed with what you have obtained. Wax, clay or the like can be molded and blended with pieces of the victim's personal belongings. While constructing this image, chant aloud, or inside your head, the name of the enemy it represents, repeatedly as long as it takes to complete the image. This should be a mantra of hatred.

While chanting, focus intensely on the wrongs this person has committed and your hatred towards them.

When it is finished, write or engrave the enemy's name upon it. If you wish to completely destroy the enemy, this is best done during a waning Moon. Moon in Taurus, Scorpio, Capricorn, and Pisces are good times for this kind of magick. You can perform a full ritual, where at the height of the ritual, you present the poppet, read aloud or to yourself the wrongs the enemy has committed against you and the curse you wish to inflict. When you are finished reading, burn the paper the curse was written on in the flame of a black candle. I have a silver burning bowl where I place my requests or whatever after I have lit them.

While the paper is burning and for a while afterwards, focus all of your anger and hatred upon the enemy, chanting their name repeatedly. This is the time to drive nails into the image, roast it over the fire, twist it, and mutilate it or whatever. Go over the offenses; get all of the anger out until you are completely exhausted. At this point, the image can either be burned (this is best done outside in some secluded area) and the ashes can be buried. Close the ritual.

We have found it most effective to nail the poppit to a tree through the head and the heart. Another technique is to bury it. You must direct the hatred and anger. In my own workings, I have found one does not have to get overly emotional, just a strong determined will, directing anger into a specific event, for example a specific type of accident, repeatedly. This should be very clear in your mind and is best done while the victim sleeps. The victim should have easy access to the type of accident or death you have planned. For example- one who never flies obviously won't die in a plane crash. You have to know the victim's habits and have a clear image of him/her in your mind and the misfortune you are willing to befall him/her.

It is always important after a ritual to clear your mind of the working and let it do its job. Don't forget to clean your aura and chakras after any working of black magick.

Creating a Thoughtform Servitor

IMPORTANT!!

THE FOLLOWING INSTRUCTIONS ARE FOR CREATING A THOUGHTFORM FOR WHITE MAGICK. FOR BLACK MAGICK, YOU DO *NOT* WANT TO CONNECT IN ANY WAY WITH THE ENERGY, FOR OBVIOUS REASONS!! FOR BLACK MAGICK, INSTEAD OF INVOKING THE ENERGY, YOU FORM THE ENERGY OUTSIDE OF YOURSELF AND DRAW IT FROM SOURCES THAT HAVE NO CONNECTION TO YOU. A LACK OF KNOWLEDGE IS WHY SPELLS SO-CALLED "BACK-FIRE."

A thoughtform is a small packet of condensed psychic energy. Like all energy, the thoughtform can be programmed to carry out specific tasks and/or directed to travel to a target area. The success of the thoughtform is dependent upon the mind strength and aura of its creator. A weak thought form will quickly dissipate, accomplishing nothing.

Powerful thoughtforms, ideally, should be disintegrated after their tasks are completed. Energy feeds on energy and a thought form that is several weeks old will have accumulated all kinds of different influences, emotions and other energy from its surroundings. This might appear to be amusing to some, but the mutated thought form has often been known to reappear in the locale of its creator, only to wreak havoc, due to the outside energies it has accumulated.

To create a thoughtform:

1. Sit comfortably.
2. Enter into a deep trance.
3. Keep your eyes closed during this one. When you are completely relaxed, and you can no longer feel your body, you are ready to begin.
4. Now, visualize a beam of light entering your body through the crown of your head and filling your aura. The color of the light should correspond with the intended working of the thoughtform. Saturate your entire being with the colored energy until you are vibrating with it.
5. Given the nature of the working, choose a corresponding chakra (according to color) where you will release the energy. Keeping your eyes closed, visualize this energy streaming from the chakra and forming a ball in front of you. For works involving the base chakra, (normally black magick), you should visualize the energy leaving the base chakra and the energy ball packing between your legs. For workings involving the crown, pack the energy straight up above your head. It is important that the energy be released in a straight line. Keep packing the energy into the ball so it becomes more and more solidified.

6. When the energy is sufficiently strong, you can begin to shape it into whatever form will serve your purpose. Visualize what it is you want this creature to do and infuse the creature with it. Keep it simple. Complex and detailed instructions don't work with thought forms.

7. Using a very short phrase, 1-5 words, silently or aloud, keeping your eyes closed, command the creature, then release it like a bullet shot into the void.

The creature will feed on the emotions of whomever it is sent to. You can even program it to attach itself to another person's aura.

For example:

In the case of arousing love/lust, you can masturbate and drive the energy into the creature at the time of programming. You should use the energy from both your base and second chakras to incite lust. For workings of affection, use the heart chakra. For workings of sexual love, use the heart and second chakras. The dominant energy color should be the basis of your working. Say you want a lot of love, but some lust as well, then visualize the energy as green with an orange dust. Certain colors can be combined, but those that create an entirely new color as with green and orange = brown, the energy will not be harmonious with the working. Then all you need for the command is the person's name you wish it to attach to. Ideally, you should command the form to attach at the appropriate chakra for the working; i.e. for lust, the second chakra.

Thoughtforms can be attached to material objects as well. They can protect or cause damage.

To destroy the thought form:

1. Summon it. Visualize it coming to you and hovering in the air before you.
2. Focus and visualize the energy dissipating like smoke into the air. Say something like "you are no more!"

You may have to do this several times.

Using Thoughtforms

There are times when we want to influence many people at the same time. This can be done with a thoughtform programmed and placed in a certain room or area. We all know how places become haunted or have certain vibes in them. This usually happens because of an event that provoked intense emotions and left traces of these emotions behind by living people.

When we are powerful enough, through intense concentration and focus, we can project energy into our hands and mold it into a ball (we should be able to feel this if it is strong enough for a working) or project energy into a ball using our chakras. The energy ball can be placed in an area where it will remain undisturbed, to be worked on later, by projecting more energy into it to make it more powerful. When we project the energy, it should be of the color of the influence we wish to manifest; for example, yellow for friendship, pink for romantic love, red for hatred and discord, accidents, green for the attraction of money and so forth.

While projecting the energy and color, we need to program the thoughtform with focus and intensity. When the thoughtform is finished, we command it to go to the area where we want it to influence. We can put more than one in large areas, such as an auditorium, workplace, school, etc. After a while, they will need to be replaced, as they will dissipate as they influence people. One well made thoughtform can influence as many as 100 or more people at a time.

How to Deliver the Evil Eye

It has been said many times, "the eyes are the window of the soul." The eyes are the only opening to the brain that is not encased in bone. Through the optic nerve, the eyes are linked to the brain. When we train our minds and elevate our bioelectricity, we can directly mesmerize other people by just looking into their eyes and catching their gaze for several seconds.

How this is done:

- You must have a strong willful mind, able of controlling others who are weaker.
- The closer you are to the person, the more effective this technique. This takes practice.
- You have to be in a trance yourself. An adept can will him/herself into and out of a trance, anytime, anywhere.
- You have to concentrate and project your bioelectricity along with your intentions out of your own eyes into the other person's.

1. Sit in front of a mirror and relax. Look up for about 1-2 minutes, this helps to get you into the alpha state. Deepen your trance as deep as you can go.

2. Focus into your own eyes in the mirror. Start projecting your energy through your eyes. *When training, do not focus any negative energy upon yourself for obvious reasons!

3. You should start to feel your own energy, as it is reflected back through the mirror. Do this every day and your energy will become stronger.

4. When you feel much power and you are confident enough, you can try this out on other people. Animals are also very susceptible. You will be able to stop an attack dog in its tracks.

When mesmerizing someone, command this person, in your mind what it is you intend for him/her to do, experience, etc. The same goes for curses that should be delivered with maximum hatred and intensity. The commands should be a short phrase. Animals communicate through mental images.

Look deep into his/her eyes, almost past them into the back of their skull, directly projecting your energy into their brain to do your will. Focus intensely.

This is a very advanced skill. You can also practice with a close or trusted friend, as long as you keep the energy positive. Negative energy will cause harm, so don't play around with this.

This skill takes often years of consistent practice to become adept to where your stare, in just a few seconds will put others under your control.

Sex Magick

Sexual Orgasm is equivalent in power to the Life Force. Using sexual orgasm in ritual and in your magickal workings can give much added power to your outcome. Sex Magick is ancient, extremely powerful and is the creative principle.

At the moment of orgasm, one automatically enters a brief trance state. The powerful orgasmic energy can be directed. This is visualized as a brilliant bright light like the sun and can be directed into thoughtforms, the one of one's desires, talismans, and so forth.

Women and men both differ in sexual energy. Women tend to peak in power according to cycles. Women are at the height of their power during menstruation. Psychic work, astral projection and other pursuits that require heightened sensitivity are greatly assisted after a strong orgasm. Orgasm is also an excellent way to induce relaxation before meditation.

Sexual fluids, both semen and vaginal secretions, and menstrual blood have the power of the life force. A woman is at her most powerful at the time of menstruation. This is because of the natural increase of copper in her body. Copper is a conductor of bioelectricity.

At the moment of orgasm, it is important to direct your entire concentration and desire to your goal, willing it. Visualize the orgasmic energy in the form of a beam, ball, or vortex, penetrating the object/person, lighting it up with a brilliant aura of energy that is programmed. This is basic simple sex magick.

Sex magick can be done alone, or with a partner or Demon/ess or in a group. When working with others, it is very important as in all magickal practices that everyone works together with some sort of organized effort. Merging orgasmic energies with a Demon/ess is extremely powerful.

Ectoplasm

About Ectoplasm:

Ectoplasm has many different astral uses. Extra-terrestrials use this in a much more potent form than humans. This is the cloud that forms before many abductions, where there is a loss of time and memory. Ectoplasm can make one invisible and can be used to kill with death rituals. After proficiency is achieved in producing this substance, one can will it to manifest in specific colors that are harmonious with the objective of the working.

The most common example of the use of ectoplasm is with mediums. The ectoplasm gives the evoked spirit something to manifest itself in. Ectoplasm can also add much more potency to creating a thoughtform.

How to secrete ectoplasm:

Ectoplasm is the substance we see with the clouds when scrying. This is a minor form of ectoplasm, but will get you started.

Candle light is perfect for this exercise. Candle color here does not matter, so use whatever you have available. If you have a black mirror, you will want to use this, but any other similar props will do. You can even use a regular mirror or a bowl of dark or black liquid.

1. Sit in a quiet dimly lit room.
2. Relax and go into a trance state. This does not have to be a deep trance, just enough so you are focused.
3. Look into the mirror or bowl of liquid and stare at one point. You should eventually see clouds form.
4. Concentrate on these clouds, willing them in a soft way to condense and thicken.
5. When you are consistently able to will the clouds to condense and thicken, gently and slowly take your eyes off the mirror. You should still be able to see the clouds in front of you. Try to focus on them for two to three minutes.
6. The goal is to secrete this substance and to manipulate it at will.
7. Blink your eyes, move your fingers and toes, and gently bring yourself back from the trance.

When you become proficient at secreting ectoplasm, will the ectoplasm into a ball shape. From there, work at making it thicker and form it into different shapes. This will take practice so be patient. After a time, you can will it into different colors for specific purposes.

Energy Ripping

Black magick is all about the manipulation and direction of energy. The strength of one's mind and aura determine the type and amount of energy that one can direct and handle safely while producing the desired results. Workings fail because of weakness of one's mind and aura.

Energy ripping involves drawing off the life force. One should already have a strong aura that can pull energy at will and be able to transform it for one's personal benefit. There are two ways of going about this. One is the destruction of victim's aura and the second is hooking up an energy line and draining the victim dry. This prepares the victim to be much more vulnerable to psychic attacks and completely opens him/her for the willed input of destructive energy from the mage.

One should have a photograph or image of the victim. This is so one can visualize him/her clearly. This is very important to the operation.

1. Go into a trance state.
2. Begin by visualizing yourself drawing off the victim's aura and disintegrating it. You can visualize yourself actually eating and ingesting the aura until it is completely gone or drawing it into your sexual chakra. Always draw energy with your feminine chakras as these absorb. The masculine chakras project energy. It is best to absorb this type of energy in the lower chakras.
3. When the aura is disintegrated and ingested, visualize drawing off all of the inner energies. The victim should change from white energy to grey energy and then to black, indicating the life force has been completely drained.
4. Clean your aura and chakras thoroughly after each working to transform the absorbed energy into personal benefit.

The above four steps should be done frequently, a minimum of 3-4 times a week to more than once a day. It will eventually take its toll.

After the working has done its job and depleted the victim, one should follow up with black magick workings. Before each black magick operation, the victim's aura should be prepped with black energy so he/she will absorb the destructive energy. Just visualize him/her with a black aura and proceed with the working.

Don't forget to thoroughly clean your own aura and chakras.

The above is elementary black magick. It can be accomplished by most people with a basic background in energy manipulation and power meditation. More advanced techniques involve working with elemental energy and death energy. When working with death energy, one must be very adept and experienced as this can be dangerous. The life force is replaced with the destructive energy of the elements or the death energy.

Star Energy

Energy from stars can be used to enhance personal traits, for example to strengthen self-discipline or for specific energies to be used in ritual. Absorbing energy from Venus before performing a love spell can greatly assist in the desired outcome of the working. It is very important to know the nature of the star(s) you intend to invoke energy from, as some stars such as Polaris and Caput Algol are extremely destructive and people have gone insane after invoking their energies.

In order to effectively absorb stellar energies, one should be experienced with breathing in energy. The Energy meditation trains us on how to do this.

This exercise should be performed outdoors where you can see the star clearly.

Steps:

1. Relax and go into trance.
2. Close your eyes and say the name of the star several times while visualizing it. (Photos of stars can be seen by typing the name of the star or constellation into the Yahoo search engine and clicking on .images..)
3. Keep repeating the name of the star either silently or aloud several times and try to feel the star. You should begin to feel the energy.
4. Now charge your aura with energy until your entire being is glowing. This is done through visualization. Breathe in the energy from the earth into your feet and fill your entire being with it.
5. Now, stand beneath the star, visualize a line of energy about a foot wide extending from your aura, and connect it with the star.
6. Begin to breathe in the energy from the star.
7. Visualize the stellar energy saturating and expanding your aura with this color upon each inhale. The energy of each star has a specific color according to its attributes. You can program the energy with affirmations while you are breathing it in. For example, you can affirm: "I am breathing in green energy from Venus that is bringing me plenty of free and easy money in a happy way that is all mine to keep and spend as I please."
8. Visualize your entire being saturated with green and with each inhale, the green becomes more and more vibrant and powerful.

A guideline for the colors of stars is:

- Red: Martian energy, anger, violence, pure lust.
- Blue: peaceful, calming, spiritual,
- Yellow: intellect; mind
- White: cleansing, strength
- Orange: creativity

Tips:

You can use a crystal to absorb and store energies from stars to be used at a later time in a ritual or whenever you need them. Hold the crystal under the star in your palm and breathe in energy from the star through your hand chakras, only bring it into the crystal. Just visualize it entering the crystal and brightening and/or intensifying in the crystal. When you want to absorb the stored energy, just hold the crystal in your hand, and breathe in the energy through your hand. Visualize the energy entering your hand and extending to your entire being and aura. The crystal can also be placed over any chakras you choose for the desired effects. Just breathe in the energy.

A variation of the above is to program the crystal to absorb the stellar energy and leave it out under the star for as long as the star is visible and shining on it. Just focus your will into the crystal and tell it you want it to absorb energy from whatever star you choose. Repeat the name of the star several times and project the image of the star into your crystal using your third eye.

You can also absorb energy from entire constellations. This should be done a little at a time until you are familiar with the energies and the effects.

An advanced practice is to absorb the energies of a star you are familiar with into your chakras. Don't do this unless you are already comfortable with the star's effects and energies. Just breathe in the energy. You should be familiar and experienced with Chakra Breathing. It is best to work with stellar energies that are in harmony with the chakra you are working on. They should be of the same color.

You can make star charged water. Use a clean magnet, place it at the bottom of a container of water, and program it like a crystal. The water will absorb the energy. By drinking the water, you will absorb the energy. This can be an easier way to learn about the energies of the star you wish to work with, before seriously absorbing any of its energies.

Here is a list of stars and their energies. To learn more regarding the time of year the star is visible, and the appearance of the star or constellation, there is much available on the internet and at the local library under the subject of astronomy.

The four most prominent fixed stars are:

- Aldebaran; 9 degrees of Gemini
- Regulus; 29 degrees of Leo
- Antares; 9 degrees of Sagittarius
- Formalhaut; 3 degrees of Pisces

These stars can also be prominent in magick.

- Aldebaran is known as "Watcher of the East."
- Regulus is known as "Watcher of the North."
- Antares is known as "Watcher of the West."
- Formalhaut is known as "Watcher of the South."
-

ALPHERATZ - (Sirrah) [14 Degrees Aries]

Freedom, love of movement, speed, intellectual and can indicate riches and honors. Strong motivation, willfulness and the ability to take action. Well known, before the public and popularity with the masses; fame. Harmonious nature, good for relationships.

BATEN KAITOS - [20 degrees of Aries]

Forced migration, accidents, shipwreck.

MIRACH - [0 Degrees Taurus]

Happiness in marriage, artistic, love of beauty, strong intuition, brilliant mind, creative and generous disposition. Makes friends easily and inspires others. Gives beauty, a love of the home, brilliant mind, fortunate marriage.

HAMAL - [6 Degrees of Taurus]

Independence and strength of will. Leadership ability. Cruelty and premeditated crime.

ALMACH (Alamack) - [14 degrees of Taurus]

Popular influence, one is well liked and benefits come from others. Prominent position, possible fame. Artistic ability.

CAPUT ALGOL - [25 Degrees of Taurus]

Here is one of the most violent stars in the zodiac. Very negative destructive energy and absorbing its energy can cause permanent insanity.

ALCYONE- THE PLEIADES - [29 Degrees of Taurus]

This is a bad star. Very bad for the eyesight and can indicate blindness. It also brings sorrow and gives something to cry about. Can give keen insight and a harshly judgmental nature. Strong love of nature, ambition, possible injuries to the face, eminence

HYADES - [5 Degrees of Gemini]

Gives a strong sex drive, greedy, overindulgent and excessive nature. Exploitive of others. Can indicate tremendous success in life. Lack of control and bad habits can cause downfall. High energy level with much military ability.

THE NORTHERN BULL'S EYE, EPSILON TAURI - [7 Degrees of Gemini]

Gives artistic talent, writing ability, popularity, scientific and occult ability. Found in the charts of astrologers. Can make outstanding contributions in their areas of activity.

ALDEBARAN - [9 Degrees of Gemini]

Watcher of the East

Rules the hands and fingers. Tendency to pneumonia. Possible violent death. High energy and ambition. Can attract dangerous enemies. This is a star of combat and war

RIGEL - [16 Degrees of Gemini]

Lasting riches, honors, and preferment. Good for military careers. Ambitious and hard working. Good mechanical ability. Teaching ability, somewhat conventional. Great military or ecclesiastical preferment if conjunct the midheaven. These people can stay on top, as long as effort is maintained.

BELLATRIX - [20 degrees of Gemini]

Military and other honors which end in disaster. Bad for eyesight. Quick decision making ability, opinionated. Belligerent, daring, adventuresome nature. Rules swindling and forgery.

CAPELLA - [21 degrees of Gemini]

Curious, sharp minded, a love of learning and research. Indicates martial or ecclesiastical honors and riches, often followed by squander and waste, leading to dissolution. Unusual, eccentric in nature

ALNILAM - [23 degrees of Gemini]

Bestows honors.

POLARIS - [28 degrees of Gemini]

Spiritual powers and much respect gained from them, possible illness and affliction. Legacies can encounter problems and misfortune. Good instincts and the ability to find one's way.

BETELGEUSE - [28 degrees of Gemini]

This is one of the most fortunate of fixed stars and is frequently seen prominent in the charts of those who have hit the top. Success, riches, honors, fame. Much luck in life. This is Satan's Star

SIRIUS (ALPHA CANIS MAJOR) ORION'S GREAT DOG STAR - [13 degrees of Cancer]

High offices in government, honors, fame. Danger from dogs. Danger and violence.

CASTOR - [20 degrees of Cancer]

Violence, sudden fame, followed by prison or disgrace. Weakness of the eyes, injuries to the face. Well mannered, strong principles

POLLUX - [23 degrees of Cancer]

Athletic ability, good for martial artists, boxers, fighters and warriors. Bad for eyesight with possible injuries to the eyes and face. Connections with poisons, honors, followed by disgrace. Possible imprisonment, cruel, subtle, scheming nature.

PROCYON - [25 degrees of Cancer]

Rules dogs, but danger from their bites. Achievement through personal efforts. Danger from liquids, poisons and gases. Jealous and quarrelsome and strong willed. Puts ideas into action.

PRAESEPE - [7 degrees into Leo]

Bad for eyesight. Losses coming from others. Adventurous, brutality, perverse, reckless.

ALPHARD - [26 degrees into Leo]

Lack of control, violence, unethical, subject to imprisonment and tragedy. Connection with poisons and toxins. This is another very unfortunate star, frequently seen in the astrological charts of serial murderers and criminals.

REGULUS - [29 degrees into Leo]

Watcher of the North

Astrological ability, independent and high spirited. Destructiveness, military honors. Power, success and leadership ability. Possible disastrous fall from prominent position.

ZOSMA - [9 degrees of Virgo]

Victimization, unhappiness, suffering, subject to disadvantage and abuse. This star is strongly connected to suffering and victimization.

DENEbola - [21 degrees into Virgo]

Honors and wealth, impulsiveness, disgrace, regrets, misfortunes through natural forces.

VINDEMIATRIX - [9 degrees into Libra]

Falsity, spinal problems, dishonesty. Loss of partner. Problems and losses through women. (Bill Clinton is a perfect example here). This star is another negative influence.

ALGORAB - [13 degrees of Libra]

One who is destructive, malevolent, fiendish and lying. Crooked businessman or politician. Self centered, charming and sly. Misrepresenting.

SPICA - [23 degrees of Libra]

Riches and honors, fortune and fame, gives ability in the sciences, art, writing, music, creativity, sociable. Great benefactor to any planet it is conjunct. Spica was chosen as a prominent influence in the layout of the city of Washington DC for its beneficial energies.

ARCTURUS - [23 degrees of Libra]

Renown through self determination, fortune through travel, lasting success, hot tempered.

PRINCEPS - [2 degrees of Scorpio]

Intelligent mind, good for research

ALPHECCA - [11 degrees of Scorpio]

Artistic, talent for poetry, the occult and healing ability. Success in trade and commerce. Leadership ability, tendency to be a loner.

SOUTH SCALE - [14 degrees of Scorpio]

Malevolence, disease, lying, danger from poisons, violence, bad health

NORTH SCALE - [18 degrees of Scorpio]

Honor, distinction, ambition. Good fortune.

UNUKALHAI - [21 degrees of Scorpio]

This star indicates a loss in some area, both natally and in prediction. This loss is not always negative in prediction. Perversions, lack of self control and danger of poisons. This star is of death.

ANTARES - [9 degrees of Sagittarius]

Watcher of the West Impulsive, headstrong, stubborn, courageous, unpredictable events, turbulent life, loss of success comes from self undoing. Martial, can bring honor and favors, good for military. This star is that of the warrior.

LESATH - [23 degrees into Sagittarius]

Outspoken, perverse, associated with acids, danger.

ACULEUS - [25 degrees into Sagittarius]

Eyesight problems, leadership ability, subject to mental, verbal or spiritual attack. Victim of gossip.

ACUMEN - [27 degrees into Sagittarius]

These people on the down side can get worn down by life and not care anymore. Disgrace, legal problems, imprisonment.

WEGA - [15 degrees into Capricorn]

Occult talent, riches and fame. Idealistic, hopeful and refined. Pretentious, artistic.

DENEK - [19 degrees into Capricorn]

Good for military, successful warriors, ability for command. Benevolence.

TEREBELLUM - [24 degrees into Capricorn]

Greedy, scheming, shrewd. A fortune with guilt and a bad reputation.

ALTAIR - [1 degree into Aquarius]

Bold, confident, stubborn, sudden wealth, position of high command, danger from reptiles, adventuresome risk taker.

GIEDI - [2 degrees into Aquarius]

Beneficial. Sacrifices made, strange events are brought into the life. Suspicion and mistrust.

ARMUS - [11 degrees into Aquarius]

Nagging, unstable, contemptible, spiteful

DENEK ALGEDI - [23 degrees into Aquarius]

Sorrow and joy. Life and death, always on the edge. Life of changes, trustworthy, just, fair, knowledge of human nature.

FORMALHAUT - [3 degrees of Pisces]

Watcher of the South

Variable effect for better or worse. Fortunate and powerful. Great learning, immortal name. Much hard work and labor. Increases and amplifies whatever it conjuncts

DENEK ADIGE - [4 degrees of Pisces]

Clever and ingenious mind. Money can be made through the arts and sciences. Psychic, idealistic, likeable person.

ACHERNAR - [15 degrees of Pisces]

Royal honors, success in public office, philosophical, patient, inclined to religion.

MARKAB - [23 degrees of Pisces]

Danger from fire, fever, cuts, and blows. Can give good fortune, good for spiritual nature and the mind. Ambitions are often not realized.

SCHEAT - [28 degrees into Pisces]

Extreme misfortune, suicide, drowning, murder, rapidly gaining, and losing friends, unpredictable nature, inclined to fantasize.

Hypnosis

About Hypnosis

We all have a right side and a left side brain. The left side of the brain is our conscious mind that we use every day to make conscious decisions and use logic. This is the active masculine side of the brain. The passive side is the right side of the brain. This is the receptive feminine side. The right side of the brain is highly suggestible and the side we access in both meditation and hypnosis.

In order to access the passive right side, the active left side must be subdued. This is analogous to turning off the electricity in a home or building in order to access the wiring. If the electricity is not turned off, a shock will prevent accessing any wires. The mind works the same way.

The more subdued the active left side is, the deeper the trance, the deeper the trance, the more receptive the passive right side is.

In order to effectively hypnotize yourself, you must be deep in a trance. To hypnotize another person, you must put that person deep into a trance- the deeper, the better.

In order to hypnotize someone, the operator must establish some sort of rapport. People who are highly suggestible, impressionable, and gullible make the best subjects. Those who are nervous, cynical, and uncomfortable with being hypnotized are difficult to work with. The CIA and other unethical professionals use barbiturates to put resistant subjects under. They use just enough so the mind will still be receptive to suggestions. If too much is used, the session will prove futile.

The success of the session depends upon how set the mind is regarding the suggestions. Chronic and longstanding problems, deep seeded hang-ups, and mental blocks require many sessions to overcome. The suggestions and affirmations must be repeated and repeated to break down walls in the mind.

With hypnosis, the operator is in control. The extent of this control with a professional is equal to the subject turning his/her entire life over to the operator who can command him/her to do anything. There have been numerous reports of psychiatrists putting their patients under and having sex with them. The patient was told during the session she would not remember the incident upon awakening. This is a common example. When you allow another person to hypnotize you, you are literally putting your entire life in their hands and with each session, you become more and more under that person's control.

In order to prevent any other person from hypnotizing you, you have to program

your mind that you will never be hypnotized by another person. This creates a block. Hypnotists have been known to place their own blocks in the minds of their subjects. Some have placed several. The most common is the subject experiencing total amnesia concerning the session. Other blocks used by unethical hypnotists include the subject only being able to be hypnotized by the operator and no one else. These involved court cases where the operator used the amnesic subject to commit crimes. The human mind can be programmed to experience amnesia given any situation.

Trance

Determining the depth of a trance:

The light trance state:

- The subject is physically relaxed
- The subject's eyelids may flutter or twitch
- Sounds may become painful

Light to medium trance state:

- The subject's limbs feel heavy
- The subject's breathing becomes slower and deeper
- Intense feeling of deep relaxation (the subject does not feel like moving, speaking or thinking)
- The subject feels detached from his/her surroundings

Medium trance state:

- The subject is aware of the trance, but cannot describe it
- Suggestive state (For example, the operator suggests the subject has an ant on his/her arm and the subject can actually feel it crawling, even though there is nothing there or the operator suggests there is smoke in the room and the subject smells it, though there is no smoke)
- Catalepsy: A condition characterized by lack of response to external stimuli and by muscular rigidity, so that the limbs remain in whatever position they are placed.

Deep or somnambulistic trance state:

- The subject can open eyes without affecting the trance
- Fixed stare and pupil dilation when eyes are opened.
- Complete amnesia
- Systemized post-hypnotic amnesia
- Uncontrolled movements of eyeballs
- Sensation of lightness, floating, swinging or falling
- The subject experiences a distortion of sound
- The subject can control his/her involuntary body functions- i.e., heart rate, blood pressure
- Recall of lost memories
- Age regression
- Visual hallucinations
- Auditory hallucinations
- Total Anesthesia

Methods of testing the depth of the trance:

The operator must establish the depth of the trance in order to remain in control of the session. This is done by testing the subject for their receptivity to the operator's suggestions. The most common method used is where the operator tells the subject he/she cannot move his/her arm. Example:

"Your arm is stuck to the chair, you cannot lift it, and when I count to five, I want you to try to lift it. If you have cooperated, you will find that the harder you try to lift your arm, the more it remains stuck to the chair..

The operator then counts to five, saying after each number, .Your arm is stuck to the chair."

When five is reached, if the subject cannot move his/her arm, they are in a trance. If the subject can move his/her arm, he/she has not accepted the suggestion. The operator must start all over again and explain he/she can do nothing without the subject's cooperation. It is always important to secure the trust of the subject.

The next stage is where the operator deepens the trance and again checks to see how deep the subject has gone. The operator tells the subject he/she will stroke the back of the subject's hand and he/she will feel an increasing numbness and loss of sensation in that hand. After a few minutes of stroking, and speaking, the operator pinches the back of the subject's hand and then does the same with the back of the other hand that has not been stroked and asks the subject if he/she can feel any difference. If the subject replies that there is a difference, this stage of trance has been achieved; if not, the operator explains to the subject that further work on deepening the trance must be done. More sessions will be needed to take the subject deeper and deeper.

The next stage the operator tests is an even deeper stage. If the subject has advanced to this stage, he/she will be amnesic. The operator tells the subject to imagine that he/she is standing in front of a blackboard with a piece of white chalk and instructs him/her to take the chalk and write three words on the board. "Now I want you to take the chalk and write the following three words on the blackboard: First, tree; next grass and lastly cloud. Raise your arm when you are finished writing the three words." When the subject has signaled he/she is done writing the words, the operator instructs him/her that there is an eraser on the ledge of the Blackboard and says "I want you to take the eraser and erase the words tree and grass, leaving only the word 'cloud.' As you erase the words, I want you to also erase them from your mind, so that all you can think of now is 'cloud' 'cloud.' You are going into a deeper and deeper sleep. You are in a deep, sound sleep and all you can think of is the word 'cloud.' Now, what were the three words you wrote on the blackboard?" If the subject is able to remember the three words, he/she has not yet reached the amnesic stage of trance. If not, the subject has reached this stage of deep trance. The operator should then say "When I count to three, you will then remember the three words and repeat them

to me." The subject should then be able to remember the words and repeat them.

In order to be able to place the subject in this stage of trance, the next time the operator performs the hypnosis, he/she should tell the subject before bringing him/her back "From now on, whenever I put you into a trance, you will have reached the same depth of trance as you are in now by the time I have counted to ten."

The operator then brings the subject out of the trance: "I am now going to count up to five. When I reach five, you will be wide awake and feel refreshed and fine."

Self-Hypnosis

For self-hypnosis, you need to get yourself into a deep trance. The following is an excerpt from "A Treatise on Astral Projection" by Robert Bruce:

"How to Enter a Trance:

Relax and calm your mind through breath awareness. Imagine you are climbing down a ladder in the dark. Don't visualize a ladder; just imagine you can feel yourself doing it. On the exhale, feel yourself climbing a step or two down the ladder. On the inhale, feel yourself holding still on the ladder.

What is needed is a mental falling effect inside your mind. This changes the level of brain wave activity from the awake level (Beta) to the asleep level (Alpha) or the deep sleep level (Theta). Once your level of brain wave activity reaches Alpha you will enter a trance.

Keep doing this for as long as it takes. The time it takes to enter trance will vary, depending on your experience with deep relaxation and mental calmness.

Note: Once you get the heavy feeling, stop the mental falling exercise. If you don't like the ladder, imagine you are in a lift [elevator], feel yourself falling on the exhale and holding on the inhale. Or, imagine you are a feather, feel yourself floating down on the exhale and holding still on the inhale. As I stated above, you need a mental falling effect to lower your level of brain wave activity. This mental falling effect, when combined with deep relaxation and mental calmness, will cause you to enter the trance state. Feel free to use any scenario you are familiar with to bring about this going deeper feeling.

A trance feels like: Everything gets quieter and you feel like you are in a much bigger place. There is a very slight humming feeling in your body. Everything feels different. It feels a bit like putting a cardboard box over your head in the dark, you can feel the atmosphere change. It's like everything goes fuzzy or slightly blurred. Any sharp noises, while in trance are painful.

Deep Trance

The level of trance you achieve depends greatly on your relaxation, concentration skills, and will power. To enter a deeper trance, i.e., Theta level and beyond, you have to concentrate much more and for much longer, on the mental falling sensation aided by breath awareness. The first level of trance, i.e., when you get very heavy, is quite deep enough for projection. I strongly advise against forcing yourself deeper than a light trance, until you have plenty of experience with the trance state.

How can you tell if you are entering a deep trance? There are four very noticeable symptoms:

1. An uncomfortable feeling of cold that doesn't make you shiver, coupled with a steady loss of body heat.
2. Mentally, you will feel very odd and everything will feel extremely sloooooow. Your thought processes will slow down as if you had been given a strong pain killing injection.
3. You will feel disassociated from your body, i.e., a strong floating sensation and everything will seem far away.
4. Total physical Paralysis. Note: These four things, ALL TOGETHER, signify you are entering a deep trance. Do not mistake the mild floating sensation you sometimes get with light trance, i.e., as you astral body comes loose. Or the slight loss of body heat from sitting still for a long time and the mild paralysis, i.e., the heaviness, for a deep trance. The sensation of deep trance is quite uncomfortable and unmistakable for what it is.

It is very difficult to get into the deep trance state, as you need highly developed relaxation, concentration and trance state skills plus lots and lots of will power and mental energy. You will not accidentally fall into it. If you are worried you are going too deep, remember this: You CAN pull yourself out of it at any time. Concentrate ALL your will on moving your fingers or toes. Once you can move a finger or toe, flex your hands, move your arms, shake your head, i.e., reanimate your body; and get up and walk around for a few minutes. Falling into a deep trance should not be a problem with these exercises.

Energy Body Expansion

At some point after entering the trance state, you will feel a mild paralysis come over you. This will soon be accompanied by a deepening vibration and a buzzing feeling all over. You may also feel like you are huge and swollen. The paralysis, vibrations and the huge feeling are symptoms of the energy body expanding and the astral body loosening. This is part of the normal sleep process. The energy body expands and opens in order to accumulate and store energy. During this, the astral body drifts free, slightly out phase with the physical body."

[End of Excerpt]

Some people use a tape recorder and listen to the talking through and statements. The drawback here is when in a deep trance state; sounds can become painful and jar the nervous system. Everyone is individual and one should experiment to find the best individual methods. What works for one person may not work for another.

While in this state, you can regress into a past life, by walking through a door or "portal" in your mind.

The deep trance state is the time to make repeated affirmations to yourself to program your mind. Self-hypnosis is much like hypnotizing others, with the exception; you make the statements to yourself. Again, several sessions may be necessary.

Bring yourself out slowly and gradually, as you would do in returning from the astral.

Hypnotizing Others

It is important to read all of the articles here regarding hypnosis, so you know what you are doing before hypnotizing another person. In order to effectively hypnotize another person, that person must be completely and deeply relaxed. The person should be sitting comfortably in a reclined position. When lying down, the subject is likely to fall asleep.

You must stay calm and in control at all times.

Begin by talking the subject through total body relaxation. Start at the feet, have the subject tense them up and relax them; then the ankles, the calves, knees and so on, working your way to the subjects face and head.

When the subject is fully relaxed, tell him/her to remember a happy event that took place in their past. Ask him/her questions about it, where it took place, who was there, how he/she felt, what was in the room or area the event took place and so forth. This is done to activate the intuitive right side of the subject's brain and the subconscious mind of memory.

When you are finished with the above, tell the subject you are going to count backwards. With each number, he/she will become more and more relaxed:

- "Ten; you are becoming more and more relaxed than before."
- "Nine; you are drifting down deeper and deeper into total relaxation."
- "Eight; your body is totally relaxed; you can barely feel your body."
- "Seven; you are completely relaxed and feel very peaceful."
- "Six; with each breath, you are relaxing more and more with each exhalation."
- "Five; we are going all the way down into the deepest level of relaxation."
- "Four; relax. three, two, one..."

You want to determine the depth of the trance at this stage. If the subject is new to hypnosis, more sessions are usually needed before he/she is able to enter a deep trance. To deepen the trance:

- "Ten; you are becoming even more and more relaxed than before."
- "Nine; you are descending and drifting down deeper and deeper."

- "Eight; your body is totally and completely relaxed."
- "Seven; with each breath, you are relaxing more and more with each exhalation. "
- "Six; we are going down further and further into a deeper and deeper level of relaxation. "
- Five, four; relax...three, two, one."

Again, you want to determine the depth of the trance at this stage. If the subject is new to hypnosis, more sessions are usually needed before he/she is able to enter a deep trance. Repeat the steps directly above this paragraph if the subject is still not at the desired level of trance.

Here is where you will program the subject's mind. Make short to the point statements that deal with a specific area or problem. Only work on one problem per session and make sure the problem is resolved before moving onto another. Make all statements to be in the present tense. "Will" never comes and the mind does not understand the future tense.

For past life regression:

Put the subject into a deep trance and say:

"I am going to count backward from 10-1."

"With each number, you will enter a deeper and deeper state of relaxation."

"When I reach one, you will be standing in front of a door."

Slowly count backwards.

"You are standing in front of a closed door. I am going to count backwards from ten to one and when I reach one, I want you to turn the knob and open the door."
"...3, 2, 1."

Now ask the subject if he/she opened the door. If not, he/she is not deep enough into the trance for this session to be effective. Either put him/her further under or bring him/her out of the trance and end the session.

If he/she opened the door, then say:

"I now want you to walk through the door. You are now in a previous life." "Look around you, what do you see?" "What is the current date?" "Who are you?"

Continue talking him/her through the experience

When you are ready to bring the person out- .I am going to count from one to five.. .At the count of five, you will open your eyes, be wide awake, alert and feeling fine...1...2...3...4...5... "Open your eyes."

If you wish to do a mind wipe, where the subject will not remember anything from the session, be sure to tell them at the end of the session .When you awaken, you will remember nothing of this session.. .Your last memory will be coming through the door.. (Whatever happened before the session).

With professional hypnosis, a mind wipe is often necessary of the subject experiences trauma during a regression.

Examples:

For attracting wealth:

.You are attracting more and more money.. .Your life is filled with wealth and you have everything you want.. (Similar statements for money)

For healing:

Have the subject to visualize a bright ball of light like the Sun. Tell him/her to visualize this light on the afflicted body part. "The light is healing energy, that is healing your_____."

Say to the subject: .Visualize a ball of bright light, like the Sun. Do you see the ball of light?"

The subject should answer, "yes."

"I want you to place the ball of light on your (name of body part)."

"Completely surround (name of body part) with the ball of light, feel the warm energy healing your_____."

"The light is full of healing energy that is healing your (name of body part)."

"Your_____ is becoming normal and healthy."

Keep talking the subject through this healing process. This may have to be done several times, especially if the problem is chronic.

Hypnosis is useful in many areas. It can be used to strengthen concentration, improve intelligence and memory, rid one's self of phobias, and bad habits, establishing good habits and so on.

Power Hypnosis

Power Hypnosis is a form of self-hypnosis that is extremely effective. With standard self-hypnosis, one enters into a trance and makes repeated affirmations to modify behavior. With power hypnosis, one breathes in the energy of a specific color that corresponds to the desired goal. The results are much more extensive and powerful than just plain self-hypnosis. With power hypnosis, we work with our aura.

Here is an example of power hypnosis:

Say you want to attract money:

Breathe in as you would for the energy wave; from all sides of your body at the same time, the color green. A bright, rich vibrant green. This should be done while in as deep as a trance as possible. While breathing in the green and brightening your aura with it affirm:

"I am breathing in powerful energy that is attracting me a lot of free and easy money in a very positive way. This money is free and all mine to keep."

Say this several times with intent while you breathe in the green. The green is the color of Venus and the heart chakra which rule money. It really works, but has to be done every several days to keep the money coming.

Afterwards, breathe in vibrant white light to balance your aura for several breaths.

Say you want to lose weight:

You would want to use sky blue to speed up your metabolism and affirm:

"I am breathing in blue energy that is speeding up my metabolism in a healthy way and causing me to lose excess body fat."

You have to repeat this several times anywhere from 5-10 and continue breathing in the blue energy. This will have to be done daily until you see results and repeated whenever necessary.

Always make sure you say "in a positive" or "in a healthy" way. Mind workings always take the easiest route and you don't want to get thin through disease or obtain money through the insurance claim form the loss of a loved one. Be sure to cover all your bases when working with your mind.

Bioelectric Technology and the Black Arts of Hypnotism

Each of us has an electro-magnetic field around our bodies. This is what we know as the aura. Our thoughts and the activity of our brain form a circuit within that aura. Since thoughts and brain activity are electrical impulses, they can be decoded and read. The world powers are well aware of this and with advanced computer technology, are able to decipher a person's thoughts, where they can be received by a special device and the output is much like when satellite signals are formed into a picture on our TV sets.

There are also microchips that can be used as implants along certain neural pathways to send electrical impulses to the brain, stimulating certain thoughts, feelings, beliefs or implanting certain memories. Although this technology has a way to go, there are now actual thought reading machines, which, like everything else in time, will be perfected. A device is placed upon a subject's skin at certain points that reads the bioelectrical output and decodes these impulses to where they can easily be read with a special computer.

During the 1970's the world powers acquired major advances and breakthroughs in mind control technology. Hypnosis has many positive applications, such as healing or breaking certain habits. Most "professional" hypnotists agree that when under a hypnotic trance, the subject will never act against his/her own will or perform acts contrary to his/her own nature. This, in reality is bullshit. A trained and confident operator can impel a subject to do anything he/she commands him/her to do.

Twenty percent of the population are perfect subjects for hypnosis. Above average intelligence, the existence of an imaginary playmate in childhood, a strong tendency to daydreaming and fantasy, and the will to comply make one a desirable candidate.

In the black arts of hypnotism, the hypnotist and subject form a master/slave relationship. The subject must be isolated from friends and family and spend much time alone with the operator, where a rapport is established, as in government experiments or sometimes as one does with a cellmate in prison. An emotional rapport is very important in establishing trust and obedience. The operator must come across as a good listener and show supposed genuine interest in the subject. The subject is made to feel comfortable around the operator and can be open with him/her.

The initial hypnotic induction is the most important, as it breaks through into the subject's mind and opens a door to the hypnotist. When in the alpha state, the logical mind is inactive, and one is open to all suggestions. The operator gives the subject the suggestion that he/she will become deeply hypnotized again whenever the operator gives the induction cue. This can be in words or a signal.

Each session induces a deeper hypnotic state where the subject slips under the complete control of the operator. With deeper trances, the subject becomes more and more powerless against the operator.

Artificial amnesia (also known as a "mind wipe") is induced by the operator suggesting to the subject that he/she will not have any conscious knowledge of the session. Further important suggestions include that the subject will not in any way be able to be hypnotized by anyone else and that he/she will act in a trance, just as if awake.

Once the subject is easily hypnotized by the operator, the mind and personality can then be conditioned. Childhood playmates are often extensions of one's personality, especially in those who are of weaker character and would not fight back personally or defend themselves. The imaginary playmate can fight back and get angry, where as the child cannot. Often, there is an abusive parent, to whom the angry thoughts and actions of the playmate are directed against. During the initial conditioning phase of the session, the operator regresses the subject into childhood. Regression plays a very important part in establishing control over the subject. An operator, who works for the government as in producing spies, will look for the most aggressive of the imaginary friends, in attempting to artificially split the personality. The most aggressive aspects of the personality are the ideal in destroying all inhibitions.

Artificial splitting of the personality occurs where the imaginary playmate is brought out in the subject and the subject becomes the playmate on cue. The playmate usually emerges through one of the subject's chakras. The operator informs the subject that "playmate's name" will come through subject's stomach, third eye, throat, etc. The subject is further told again that he/she will not remember anything of the session or the emerging personality. In actual cases, the emerging stronger personality is conditioned through programming and suggestion to be hostile to the root personality of the subject.

This aggressive personality in nearly all cases is stronger and can take more abuse. The world powers use the subject as robotic spies. Extensive programming is instilled in the aggressive personality, so that they will never divulge certain information, even under torture. The root personality, who is amnesiac of the entire experience, is often the one who endures systematic torture, with no memory or recall of the information the interrogator is attempting to force them to reveal.

Through repeated sessions the personality is brought out more and more and becomes much stronger, completely splitting off the root. The subject, due to being programmed not to remember, has no knowledge, only gaps in time and missing pieces in the memory. Much time slips by unnoticed and is unaccounted for.

Further conditioning sessions, while under, include talking the subject through an

experience completely abhorrent to their nature, where the subject is made in his/her mind to do something he/she would never consciously do. The subject actually experiences what the operator says. Through repeated sessions, all inhibitions are overcome and the personality is shaped into whatever the operator wishes. This is where the subject, for example, can murder ANYONE without hesitation or do anything else the operator commands. Like anything else, repeated programming is instilled and maintained in subsequent sessions.

Barbiturates can be injected into a stubborn subject that will render his/her mind open to whatever suggestions the operator wishes to instill. This is known as "Military Psychology." Charles Manson was known to take less drugs and to be more in control and aware than the other members of his family. This is how he put many under his control, without their knowledge. People on drugs are extremely easy to control either psychically, as a skilled mage would do, or in an actual clinical setting. He learned these methods in prison and applied them. Drug use also puts holes in the protective aura that can easily be manipulated by an adept.

Electric Shock Treatment works to destroy memories and can be used to wipe the mind clean by agencies within the world powers. The mind is then reprogrammed, beliefs, ideas, thinking patterns, and habits are instilled, usually through trance induction by drugs, until the new personality takes hold and the drugs are no longer needed. This is known as "brainwashing" and can be done for all purposes.

Most people are unaware of what can be done to their minds by those who have more knowledge and control. Self-hypnosis is useful in where we, ourselves, program our own minds. We can program our minds to be resistant to all unwanted influences. In addition, others will not be able to influence our minds or establish control over us in any way.

Reference:

Secret, Don't Tell: The Encyclopedia of Hypnotism by Carla Emery, ©1998

Part V
Advanced Magick

Pyrokinesis

Pyrokinesis is the ability to control, ignite, and extinguish fire, using the powers of one's mind.

This is dangerous. One should be adept and very experienced in handling and directing energy, as inexperience can cause dangerous burns to yourself, even though you may have a powerful aura. An exceptionally powerful aura is necessary for pyrokinetic ability.

1. Begin by lighting a candle.
2. In order to do this safely, you should be adept at putting fires out before igniting them. Position both of your hands, palms facing inward about half an inch from each side of the candle flame and direct your energy into the flame, willing it to die out. This is extremely advanced and you must have a powerful aura. Try concentrating on black energy between your palms where the flame should be.
3. To ignite a flame: perform the Heat Meditation, and direct the energy you produce to your palm chakras.
4. Blow out the candle. Position both of your hands, palms facing inward about half an inch from each side of the candlewick, which should be an ember.
5. Direct energy from your palm chakras, concentrate intense heat on the ember, and will it to ignite. Try concentrating on white-hot energy, between your palms. The ember, with practice will begin to glow brighter and eventually, will ignite.
6. Put out the flame, concentrate the energy between your palms on the ember of the wick, and direct it to ignite the flame again. With enough palm chakra energy and concentration, it will relight.
7. As you advance, move your palms farther and farther apart.
8. When you are proficient with your palms 2-3 feet apart, concentrate on lighting the wick of the candle without the ember. Ignite the cold wick.

In addition to using the energy from your palm chakras, you are using the powers from your third eye. The third eye has a direct line of energy to the physical eyes where the energy projects. Once you are adept at the above exercise, try using less and less of your hands. Again, it is important to put fires out before learning to ignite them.

Expand your aura to connect with the candle flame. The candle should be a foot or less in front of you. Connect your aura and put out the flame.

Once you are adept, do the same, and ignite the ember.

When you are able to use only your aura to light the candle flame, expand your aura to connect with an object a foot or less in front of you and project the heat as you did with your palms. As you progress, keep moving the object farther and farther away.

Instead of just doing void meditation, the above exercises can be substituted as they require intense, unwavering concentration.

The following is an excerpt from "Initiation Into Hermetics" by Franz Bardon and gives excellent information and exercises for accumulating, manipulating and working with the fire element, leading to pyrokinesis:

"Sit down in your usual position. Inhale through the lungs and pores, and with the help of the imagination, press the element of fire into your body. You are inhaling the fire element with the specific property of heat and you are inhaling empty breaths. If the warmth in your body seems to be very strong, consequently if there is a sufficient accumulation of this element, let the element escape through imagination from the solar plexus and fill the entire room you are in with the fire element.

While you empty the element from your body, you should have the feeling that your body is completely delivered from it and the accumulated element has diffused into the whole room, similar to the procedure you followed in the impregnation of a room with vital power. Repeat the accumulation and evacuation several times, and by the emptying you will accumulate the fire element all the more in the room.

As soon as you are free from the element yourself, you ought to feel how the element is amassing in the room, and get the sensation of the room becoming very warm. After some exercising the warmth in the room will become a real matter of fact and any person, magically trained or not, who enters this room is bound to feel the warmth. A thermometer will indicate how far we are capable of condensing our imagination with respect to the fire, so that a materially perceptible warmth can be produced in the room.

The success of this exercise depends entirely on the willpower and the plastic imaginative faculty. It is not absolutely necessary in this step to bring about such an amount of physical warmth that it can be measured by a thermometer. But supposing the magician takes a keen interest in working in this more spectacular way, he can specialize in this problem with the help of these instructions. The genuine magician, however, will not be satisfied with such an

insignificant phenomenon, and rather prefers to further his own development because he is firmly convinced that he can obtain much more as time goes on.

The exercise of the outward projection of the element is fulfilled as soon as the magician can distinctly feel the warmth in the room. Once he has got so far, he has to set free and pour out the accumulated fire element into infinity, into the universe again, where it dissolves spherically in all directions.

Once it has been loaded with it, the magician can now leave the room any time he likes without dissolving the element. He can also confine the element to the room for any period of time, just as he did before with the impregnation of a room. All the success depends on his imagination and willpower.

On the other hand, it is not advisable to leave a room filled with a certain element for a very long time because beings belonging to the element in question like to do their pranks in such an atmosphere, usually at the cost of the master. You will find more about this in the chapter concerning the work with element ghosts.

Something different should be mentioned at this point. Supposing the magician does his exercise in the open air, in unlimited space, he will have to apportion a certain space, no matter how big, for himself with the help of the imagination. There are no bounds for the imagination, neither here nor there. In the same way as the scholar did his exercises with the fire element, he has to work with the other three elements; after fire, he should take up the air, after that the water, and finally the earth.

The termination of the exercises depends on the scholar's time and opportunities. He can deal with one element one day, with the next one the next day, and so on, or he can accumulate one element in the morning, the second at midday, the third in the evening and the fourth element the next morning. Scholars who have plenty of time at their disposal and sufficient willpower can go through all four exercises by turns.

These scholars will make enormous progress in mastering the elements. A scholar who controls all four elements in this direction may continue.

The previous exercise has taught the magician how to accumulate the element inhaled through the solar plexus outwards in space. In the following exercise he will learn how to emit an accumulated element into space not only through the solar plexus, but through the whole body pore breathing, thus producing an accumulation of elements in space.

This has to be practiced with all the elements. The dissolving and scattering into the universe has to be performed in exactly the same manner as described in the previous exercise. As soon as the scholar masters this exercise as well, he will proceed to performing this exercise not only with the whole body, but with parts of the body. Hands and fingers are usually engaged in magic, so the scholar ought to devote his full attention to them. He must accumulate the element by pore-breathing in one hand or both in such a manner that through a sheer motion

of his hand, as if in a flash, he emits the element into the selected space, impregnating it instantly. Repeated practice makes perfect here as well. The scholar should practice this exercise on all the elements and master it. Then he may continue.

Sit in your customary position. Inhale the fire element through the lungs and pores of your whole body and accumulate it there until you get the sensation of heat. Now imagine the accumulated fire element forming a fiery ball with a diameter of 4-8 inches in the solar plexus. This compressed ball must be so fiery and shining as to be very similar to the sun.

Now imagine this all moving out of the solar plexus and floating free in the air. The sun ought to be imagined as white-hot and radiating heat. Stick to this imagery as long as you can. If you come near it with your hands, you ought to feel the heat radiating. Conclude this exercise by dissolving the ball slowly in the universe or by blowing it up by a sudden explosion into nothingness. Both methods should become familiar to you. You have to deal in the same way with the elements of air, water, and finally with the earth element. For the sake of a clearer imagination while dealing with the air element, give it a sky blue color while compressing it. The imagination of water will prove much easier for you, Should you have difficulty with it, however, imagine it in the beginning as a spherical lump of ice Think of the earth element as a lump of clay. When you have practiced this exercise with all the four element balls and have surely mastered it, turn to different shapes of the elements according to the same method.

At first choose simple forms such as cubes, pyramids, cones, etc. The exercise is fulfilled as soon as you manage to condense any element you have accumulated in your body in any form and project it outward.

Only if the previous exercise can be managed perfectly can the next one be taken up, which is dealing with the projection of elements directly from the universe. The practice is as follows:

Sit in your asana position breathing calmly and without any effort. Imagine that you are drawing the fire element from endless space, the universe, and with it fill the room you are in. Imagine the universe in the shape of an enormous ball from which you are drawing the fire element in all directions to your room. Remember that the fire element coming from the primary source is the most etheric and subtle, and the more you pull it to you, the more dense, material and hot it will become. You are bound to feel the heat on your body during this exercise. The more compressed and accumulated the element is condensed in the room, the stronger the heat will grow. You should actually have the sensation of being in a baking oven.

Now dissolve the element into the infinite by your willpower and imagination."

[End of excerpt]

Telekinesis

Telekinesis is the ability of the mind to move objects, through concentration. This is very advanced and you will need a very powerful aura. We all have this ability, but due to centuries of xian generational suppression of the powers of the mind, it is a part of our brain that is now dormant. Like learning a gymnastics maneuver, with getting the *feel* for it and using it, it will become easier and easier with time, dedication and patience.

Everything on this Earth contains an energy field or aura, even inanimate objects. With performing telekinesis, you must connect your aura with aura of the object you intend to move. The strength of your aura will determine your success.

The following exercises help in developing telekinesis. You should be experienced with energy manipulation and have powerful hand chakras. In order to work up to this, the Foundation Meditation, and the hand chakra meditation should be mastered.

This exercise is best done after power meditation when your aura is strong.

1. To begin, suspend a pendulum in front of you. This can be any object from a small pencil or a light ball, like a ping-pong ball. Anything small, light, and even will work. It must be in front of you, preferably over a table, where you can relax and sit. Hang the pendulum, so nothing is touching it or coming into physical contact with it and so it can move easily and freely.
2. Place your hands about an inch on each side of the pendulum, palms facing the pendulum. Direct energy through your palm chakras.
3. Now try pushing and pulling. You will see your aura pushing and pulling the object. One hand pushes, the other pulls. Visualize your aura connecting with the aura of the pendulum. Do not move your hands.

When you are able to move the pendulum, place your hands farther and farther apart.

The next step is to move the pendulum using the energy from your fingertips. At first, try to pull it with the energy from your fingertips.

The key is to keep distancing yourself from the object. The next step, which is extremely advanced, is to begin using the powers of your third eye and move objects by connecting your aura with that of the object and willing them to move.

Do not get frustrated. This takes intense concentration, a strong mind and aura, but with enough patience and practice, the time you succeed in moving the

object will become shorter and shorter. When you learn to use this area of your brain and strengthen it (it will become easier and easier), the first few times are the most difficult. It may take several sessions, sometimes even weeks, but it is not impossible.

Here are some practical tips:

Here are some tips:

It definitely helps to be able to see auras. When we open our third eye, this gives us the ability, but we must learn to use this ability to see. This is analogous to athletics. If one has the strength and flexibility, the potential is there, all one needs to do is the movement to get the feel and to train the movement into muscle memory. It is the same with the mind.

Start out with light objects. Gemstones such as quartz crystals are great, provided they are small and light. These have a stronger aura of their own. Telekinesis is best attempted after power meditation when one's energy is most radiant.

Telekinesis like any other skill should be worked on daily until mastered. Heavier and heavier objects can replace the lighter ones as proficiency is achieved. I have had success with the above method.

Death Spell

If you have access to any personal article of the offender, this will help.

1. Construct an effigy or a poppet, using the article.
2. Go to the cemetery and get some dirt.
3. You need to vent into the poppit, visualizing the victim, all of the hate you possibly can, especially during its construction. It is imperative here to stay focused with intent. Try to do this during a waning moon. When the moon is in Scorpio or Capricorn is good time.
4. Construct a small box. Cardboard is fine.
5. Light a black candle; concentrate intensely upon the death and destruction of the enemy. **DO NOT BE DISTURBED OR LOSE YOUR FOCUS!**
6. Put the effigy into its box.
7. Bury it in dirt inside the box.
8. Save some of the dirt.
9. Take it outside, or back to the graveyard and bury it, placing the reserved dirt on top of the box, *knowing* the victim will meet his/her death.
10. Do not think about the spell, or the enemy, as this will interfere with its working.

To kill using the aura:

This is best done while the offending party is asleep. Put a black aura around the person, as this will prepare his or her own aura to absorb the destructive energy. After doing this, you can vent your hatred. Be sure to visualize over and over again with feeling, exactly how you intend this person to die. Affirm: I am placing a powerful aura of destructive around _____ that is continuously working to kill him/her. This work is best begun on a Saturday or a Tuesday during a waning Moon. Be sure to clean your aura and chakras following each working. This can be done following the above ritual with the poppit and repeated every night during the cycle of the waning moon until the victim meets his/her death.

Advanced Thoughtforms

The elemental has to be given a form corresponding to the desire one wishes to be fulfilled. The form is to be created with intensive imagination. You can shape this out of the ball.

Give the thoughtform a name. This name should be unique and unusual because just saying the name either aloud or in your mind will immediately summon the thoughtform. Obviously, you don't want other people calling out a common name and then here it comes!

You have to impress upon the thoughtform whatever task you wish it to carry out. This must be done with authority and a strong will, with desire.

In working with advanced thoughtforms, you must be specific as to how long the thoughtform has to complete the task. Is it ongoing? or limited to a certain finite time.

The procedure is as follows:

1. Go into a medium trance and imagine yourself in a universal ocean of light. White is all purpose, but colors can be used.
2. Use this light to shape an enormous ball of light, compressing, and accumulating it more and more until the ball has the size of approximately 12-20 inches. The ball should be like a brilliant radiating sun.
3. Now, fill the thoughtform with whatever you desire it to do. Desire strongly and feel this deeply while making your affirmations. The affirmations should be a repeated phrase, right to the point and precise.
4. Name your thoughtform and say this name several times.
5. "Having fixed the time, the magician orders the elemental to dissolve in and return to the ocean of light as soon as it has fulfilled its task. Expressing it magically, the birth, and death of the elemental are fixed in exactly the same manner as Man's or any other being's fate is."
6. Breathe in and then blow out with force, sending the ball on its way.
7. Forget about the thoughtform and working. Let it do its job.

An elemental knows neither time nor space. Using external energy is important in workings of black magick and workings where you must be completely detached from the thoughtform as opposed to running the energy through yourself with simple thoughtforms.

"It can work independently in the mental sphere and will not be restricted in any way by the magicians' mind. Now and again it is advisable to reload the elemental to give it a greater power of expansion. This is achieved by calling the elemental by the name given to it, and rendering it more dynamic through a new accumulation of light, and sending it off again. As soon as the elemental has fulfilled the required task, it will dissolve itself in the ocean of light. This example should suffice to give the magician a rule of conduct how to create elementals."

The above is important. You must will the thoughtform to dissolve. Later on, with much more advanced thoughtforms, it will become a powerful entity of its own and harass you if you aren't careful.

"In contrast to thoughts living in their forms in the mental or spiritual sphere, the "elementals" are entities with a certain degree of intelligence deliberately created by a magician. Such elementals are capable of fulfilling certain tasks on the mental plane and obviously, they may be looked at as obedient servants of the magician according to the purpose he aims at. Through the creation of elementals of the so-called elemental magic type, the magician can accomplish everything on the mental plane without any discrimination of his own or a strange sphere. I will quote only a few examples just because of the great variety. With the help of the elementals the magician can influence the mind of any other person optionally, he can strengthen or weaken man's mental and intellectual faculties, he can protect himself or others against foreign influences, transmute friendships into animosities or the other way around, he can produce a favorable atmosphere in associating with his fellow men, and he can bring under his control anybody's will that is not yet developed or profiled. The businessman can enlarge the number of his customers, and the elementals can be helpful to him in many other ways. The genuine magician will always be inspired by good and noble intentions and keep the altruistic motive in mind if he is aiming at the highest level of magical maturity." ¹

Reference:

¹ Initiation into Hermetics by Franz Bardon © 1956

Creating a Fire Elemental Thoughtform

This can obviously be dangerous. You should be adept at controlling and holding the fire element. Out of control, this entity can set anything on fire at random and is not to be toyed with.

Be sure to read the page on Advanced Thoughtforms before attempting this. You should also be adept at creating and controlling basic advanced thoughtforms before working with fire.

1. Get into a trance and visualize you are in the middle of fire. Feel the heat and hear the hissing and crackling of the flames and feel the burning.
2. Now, begin to collect and condense that fire into a sphere in front of you. Draw the fire element from all directions into the sphere in front of you. The more of the fire element you direct into the sphere, the more dense, material, and hotter it will become. You should feel the heat while you are doing this. The more you compress and condense the fire, the more the heat will grow. You should actually have the sensation of literally being in an oven. You can also shape the fireball into any form you wish. The form should correspond with the job.
3. Now fill the fireball with whatever you desire it to do. Desire strongly and feel this deeply while making your affirmations. The affirmations should be a repeated phrase, right to the point and precise.
4. Like any other incendiary, the fire form will burn with the larger fire it creates. You should order the elemental to dissolve with the fire it creates, ending the mission.
5. Name your thoughtform and say this name several times.
6. Breathe in and then blow out with force, sending the ball on its way.
7. Forget about the thoughtform and working. Let it do its job.

The uses for the fire thoughtform are obviously to set something a blaze. I have found when using fire magick, one glows with a warm aura or feels heat when the directed energy or entity is doing its job. The fireball can be directed into the body of an enemy when working black magick. These methods were used by 1920's, and 1930's Satanic Lodges in Germany and used to eliminate enemies in the form of a psychic sacrifice. If the victim is not adept with fire, his/her blood will literally boil. The end result will be a heart attack- death from natural causes.

