

Monthly Board  
Member  
Interview  
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# DRAC Insider

## Parking Lot Repair

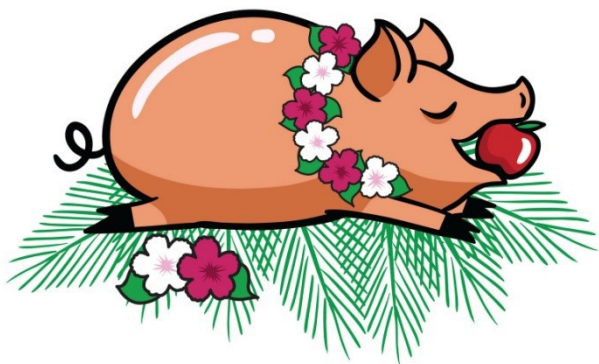
**Our goal for June is to get our parking lot patched and lines painted.**

If each member were to donate: 1(one) \$11.00 bag of Quikrete Commercial Grade Blacktop Repair, we could reach this goal in no time.

We also need striping paint for the lines. These can be purchased at Home depot in a 6 pack for \$20.00, or singly for just over \$5.00 a can.

Anyone who donates these items, or the money needed to purchase one of these items will be entered into a raffle drawing for the following prizes: (entry earned for each item purchased)

- 1 year membership
- \$20 gas card
- Reserved Parking Spot for 3 months.



### Pig Roast Planning Committee Meeting Wednesday, June 8<sup>th</sup> at 7pm

If you want to be involved or have ideas to improve the outcome, please show up for this!  
We only have 2 months, so we need the help!

## Dinner Benefit & Date Auction

Saturday, June 25<sup>th</sup> at  
5:30pm

Dinner will be held from  
5:30pm – 7:00pm

Tickets are \$7.00 advance  
\$10 at the door

Meal includes:

City Chicken, Cheesy  
Potatoes, Greenbean Casserole,  
Rolls; Tea, Coffee or Lemonade  
& Dessert



Auction begins at 8pm sharp

Other activities will be held between 7 & 8pm

## Chairman's Corner

We still need volunteers to help sort through the chimney bricks, and help haul off the ones that are no good. We want to get this done before the events this weekend. If you have wheelbarrows we can use, that would be greatly appreciated!!

-Lanny

## Tee Licious Dessert Creations

**T'Andra Stewart**

tee'liciousdesserts.com

313-465-4506

Gourmet Chocolate Desserts and Treats  
(ask for card at counter)

# From your Board and Committees

## Meet your Board Members

3 year Trustee - Mike H.

Mike H. has been involved actively in AA/NA for 27 years, and a member of the DRAC for the same. He believes he brings a level-headedness in sobriety to the environment. Managerial skills help him in making business decisions. He has the knowledge that helps the club advance within their daily business decisions.

He still goes to meetings on a daily basis. As well as sponsoring others, Mike belongs to a men's recovery group called "Each One Teach One". This group has recovery-based book studies

Mike's favorite thing about the club is the importance of being active in sober living. He feels this can be committed to and achieved for a better way of life. He strives to be a good example for newcomers. Mike enjoys giving back to others what was given so freely to him. The Downriver Alano was here when he became sober and has helped him in his journey. He states he will never forget what this club has given him... Sober life.

-Lynette F

## Trustees Sound Off

Mike H wants to thank everyone who showed up for the Bowling Fundraiser, and to congratulate all the raffle winners!

Mike O wants to thank everyone for their support during this hard time.

## Activities Committee

### Pig Roast Committee Meeting: Wednesday, June 8<sup>th</sup>, 7pm

We have divided the Pig Roast up into Subcommittees. These include:

**Food & Drinks Committee:** Headed up by Nancy S, with the help of Angelia & Diana

**Decoration & Cleanup:** Headed up by Vicki M, with the help of Steve (No War) S.

**Entertainment Committee:** Headed up by Angelia S, with the help of Jeremy N

**Kid's Carnival Committee:** Headed up by Gay H, with the help of Becca

**Hospitality Committee:** Headed up by Becca S, with the help of Mike M, Joe B, and Nancy S

We will still need help from other members, so please help out where possible!!!

## Birthday & Milestone Celebrations

### Belly Button Birthdays

June 1<sup>st</sup> - Steve N & Ed C

June 5<sup>th</sup> - Mary R

June 23<sup>rd</sup> - Kiki G

June 26<sup>th</sup> - Jacqui R & Natasha Z

### Sober / Clean Birthdays

June 1<sup>st</sup> - Mike O. 24 years!

Don't forget to stop in the club  
for your free birthday coffee or soda!

If you have a birthday or sober date to celebrate and aren't listed, please let us know so we can contact you. These dates come from your membership card information

## Summer Cook Outs

With the return of summer, keep an eye out for cook-out fundraisers on Fridays and Saturdays! Our goal is to have these to raise the funds for our Pig Roast.

Although we may have different items weekly, as a rule prices will be:

Hamburger	\$2.00	Steak	\$10.00
Cheeseburger	\$2.50	Pork	\$ 5.00
Bratwurst	\$3.00	Chicken Breast	\$3.00

We'll be switching up menu, so watch for fliers!!

# 12 Step News

## Downriver Unity Group of AA

Mid-day and evening meetings can still use support.

**Don't forget, there is now a Monday meeting at 7:30!**

**The Unity Group will be hosting its annual Father's Day Picnic on Sunday, June 19<sup>th</sup>. Please check with the group to see what help is needed for this!**

## Welcome Home Downriver NA Group

Business Meeting Friday 12<sup>th</sup> at 8-8:40pm

The business meeting is held on Friday before the 2<sup>nd</sup> Sunday each month.

Many days still need support, such as people willing to open. If you have the willingness, please contact Doug T.

Open Speaker Meeting held on the Last Thursday of each month.

## Al-Anon / Nar-Anon / CODA

We have had many calls recently from people interested in attending an Al-anon or Nar-anon meeting. If you know of anyone who would be interested in starting this type of meeting, PLEASE contact us!

## 12 Step Coordinator Needed

The newsletter needs a coordinator for both AA and NA to ensure that events planned will not conflict with upcoming AA or NA events. If you would be interested in helping, please let us know!

Day	Time		Day	Time	
Sunday	10:30 am	AA	Thursday	10:30 am	AA
	12:30 pm	NA		1:00 pm	AA
	6:00 pm	AA		6:00 pm	AA
	7:30 pm	NA		8:00 pm	NA
	10:00 pm	AA		10:30 pm	AA
	12:00 am	AA		12:00 am	AA
Monday	10:30 am	AA	Friday	10:30 am	AA
	1:00 pm	AA		1:00 pm	AA
	4:00 pm	NA		7:00 pm	AA
	7:30 pm	AA		9:00 pm	NA
	10:00 pm	AA		12:00 pm	AA
	12:00 am	AA			
Tuesday	10:30 am	AA	Saturday	10:30 am	AA
	1:00 pm	AA		1:00 pm	AA
	4:00 pm	NA		6:30 pm	AA
	7:30 pm	AA		9:00 pm	NA
	10:00 pm	AA		12:00 pm	AA
	12:00 am	AA			
Wednesday	10:30 am	AA	<p><b>Would you like to start a new meeting? Talk to a member of the board to find out how!</b></p>		
	1:00 pm	AA			
	7:00 pm	NA			
	10:00 pm	AA			
	12:00 am	AA			

Know of an area event happening with a 12 step program?  
Please let us know so we can help spread the message!





# Humor & Tidbits

**“THE HAPPINESS OF YOUR LIFE DEPENDS UPON THE QUALITY OF YOUR THOUGHTS.”**

- MARCUS AURELIUS

**Food for Thought**

**Dawn O'Hara**  
**734-306-4445**  
 dohara22@marykay.com  
 www.marykay.com/dohara22

MARY KAY

**NEW WEBSITE**  
 If you didn't know, the club has a new website. You can find meeting times, Current Events, Upcoming Events, and more. You can even pay dues (through PayPal's secure site using your paypal or credit card) or sign up for events online.  
[www.downriveralano.com](http://www.downriveralano.com)



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 313-989-5768

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 Dearborn Heights, Michigan 48127 mail@StansGarage.net



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**“Be in love with your life. Every detail of it.”**

-Jack Kerouac

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**Bring in this ad for 10% off non-promotional items**

# Volunteer Opportunities

## Activities Committee

One of the easiest ways to help the Club is to become involved in the Activities Committee. Joining this committee does not obligate you to do every part of every event, but it helps expand our pool of volunteers and bring new ideas about.

Throughout the year, we work on many things. From small things like football squares, to larger events, such as our yearly pig roast.

We brainstorm ideas, maintain a calendar of events, and plan a budget. Sometimes we cook, clean, decorate, host events and coordinate with other Alano clubs.

If you feel you can do any of these things, we would love to have you join us. You can do this simply by leaving your name with the counter-help, or attend one of our meetings. There is no minimum clean time required to get involved, and no money needed to help.

-Becca, Activities Chair



## Chairman's Committee

There are currently several issues in the Club that need attention. We have replaced several ceiling lights, fixed a couple faucets, and removed the crumbling chimney from the roof. We still need to build corner shelves for member cups, fix a few faucets, and look at some wiring. If you have skills in any of these areas, please let us know.

-Lanny

## Volunteer Newsletter Staff

As you can see, we are working on updating and making changes to our newsletter. We would also like to be able to make more copies each month, to increase circulation.

Currently, we need volunteers to:

- Check with people who run home based or standard businesses to place ads
- Coordinate with meetings about 12 step news or meeting announcements
- Seek out original poetry, essays or artistry on any aspect of recovery
- Distribute newsletter to other area clubs
- Interview board members for current news or comments

Anyone interested in helping put together future newsletters, find people interested in advertising, or conducting interviews on a variety of topics, please contact me so we can add some variety and spice to our news.

Volunteers need to be willing to commit to at least a three month term, but there's really not a ton of work that has to be done. This generally amounts to a couple hours a month.

- Becca

# Area Alano Club Events

## Macomb County Alano Club

(586-465-3151)

June 25<sup>th</sup> - Karaoke last  
Saturday 8pm free

July 4<sup>th</sup> 2-4 pm Club BBQ  
July - 9<sup>th</sup> 6pm coloring party  
July 30<sup>th</sup> - 8pm free karaoke

## Metro-West Alano Club

(313-286-3622)

*nothing to report this month*

## Eastside Alano Club

(586-757-9123)

*No events to report*

## Serenity Club

(248-738-1374)

### 1<sup>st</sup> Saturday Dance

4<sup>th</sup>: Dinner @ 5pm, bring a  
dish to pass Dance @ 6

## Southwest Alano Club

June 18<sup>th</sup> Annual fundraiser  
dinner.

Located at the UAW Hall  
Local 22. 4300 Michigan Ave,  
Detroit

6pm Doors open

6:30 AA & NA Speakers

Dinner/Dance to follow

Advance tickets \$10.00

\$12.00 at the door.

Tickets available at SW &  
DRAC

## Northwest Alano Club

(734-727-4725)

June 18 46<sup>th</sup> Anniversary Picnic in the park Gowdy Park  
(2 blocks from the club)

1-5pm Picnic items, free to all, bring a dish to pass please

## Oakland County Alano Club

(248-391-8995)

4<sup>th</sup> of July Alcathon the day before and day of  
Horseshoes, volleyball, live band fireworks

## PC Alano Club

June 11<sup>th</sup> Anniversary Dinner  
4-6pm followed by open talk at 7pm

\$10.00 for adults

& kids eat free

Visit our website for other events.

WWW.PCALANO.ORG

## Washtenaw County Alano Club

(734-668-8138)

*No Answer*

## Western Wayne Alano Club (734-941-3941)

We hold a breakfast meeting  
every Sunday at 9:00am  
AA meeting follows at 9:30am

## Alano Club Alliance Information

All Alano Club Alliance  
addresses and phone numbers are  
located on our official bulletin  
board.

If you're out and about, stop in  
and visit these other clubs as well!

## Group Outing

Women's Camping Weekend

July 8<sup>th</sup> - 11<sup>th</sup> @ Brighton Recreation Area

\$25.00 for the weekend & whatever food you will need

For details call Downriver Alano Club (313)381-9782