

MVC ATHLETES SHINE

MVC NEWS FLASH.....Results still coming in...

Four MVC athletes were double medalists at the HWIAC **Track and Field** championships.

The javelin event performances were excellent as Laura Bishop (15U Maroon) won the midget event and a bronze in the discus. Emily Gondar (16U Black) earned a silver in the junior javelin and a gold in the shot put and Kiara Daw (18U) team also won a silver in the senior javelin, a gold in the discus and fifth in long jump.

On the track, Meaghan Boatman (16U Maroon) raced to three silver medals in the Junior Girls 400m, 800m and with her high school 4 x 400m team.

Laura, Emily and Meaghan have all qualified for the South Regional meet.

Other MVC athletes who qualified for the South Regionals include Amy Simunic (15U Black) who came second in midget discus at GHAC throwing it 22.6 metres and finished 5th in discus at the South Regionals throwing 24.56 metres.

Shaelyn Francis (16U Black) also qualified for South Regionals finishing 2nd in discus at GHAC and 9th in regionals. She placed 1st in GHAC for the javelin and then finished 6th at regionals.

Jaiya (16U Maroon) and Meira Morphet (15U Black) won the Junior Girls Doubles **Badminton** City championships and were an integral part of the overall Junior Badminton team that placed first in the city.

Meira was also a member of the City Championship Girls Touch Football team.

Shanelle Olah (18U) and Nat Desjardin (17U) both play on the same high school **Soccer** team that qualified for OFSAA. The pair are OFSAA "A" Soccer Champions!

