



Over the past few years, the patients and friends of **Alliance Chiropractic & Wellness Clinic** ([www.alliancechiroandwellness.com](http://www.alliancechiroandwellness.com)) have generously donated to an *Annual Holiday Season Toy Drive*.

Because of the community's support, the clinic has donated hundreds of toys to various charities throughout Hamilton. This will be the **Mountain Volleyball Club's** second year in partnership with the clinic to collect donations supporting the **Good Shepherd Centres'** annual holiday season programs.

We will be one of several community partners participating, including: *Alliance Chiropractic & Wellness Clinic; Ancaster Ladies Volleyball League, Ancaster Orthodontics (Dr. Melissa Sander); Ancaster Soccer Club; Avalon Music Academy; Entwistle Power Occupational Therapy; and the National Cycling Centre of Hamilton.*

Please consider bringing a new, unwrapped toy or gift item to our annual potluck on December 15<sup>th</sup>. Just look for the donation boxes and table.

Thank you in advance to our **MVC** families for your support.

