

2015-2016 Head Coaches

Teams	
12U	<p style="text-align: center;"><u>Dave Lightfoot</u></p> <p>This is Dave's first year coaching at MVC, and he brings a wealth of experience both as a player and a coach. At the varsity level, he played for McMaster University, and was named an OUAA all star during his year; and then spent four years as a member of the Mohawk College Mens' team, and was named an OCAA all-star for two of his four years there. He also travelled extensively throughout North America as a player with the Hamilton Express Mens' A and AA club teams, winning Eastern Canadians, and competing at Nationals as a member of teams that placed within the top four numerous times. Dave was named to the all-star team twice at this level. He also played on the Canadian Pro Beach tour and was ranked as high as 5th in Canada. As a school coach, Dave has coached Ryerson Middle (elementary) and Westdale High (secondary) to three city championships each. He also coached at Westmount Secondary for three years, with one OFSAA appearance. Dave has also coached at varsity level, as an assistant coach of the McMaster Marauder for one year, and the Marauder women for two. Prior to that, he was a co-coach at Mohawk with the womens' team for five years, and was named Co-Coach of the year.</p>
13U Black	<p style="text-align: center;"><u>Wally Verschoor</u></p> <p>This is Wally's third year as an MVC Coach. Last year, he coached our 13U Black Team. Wally is also an elementary school physed teacher in Dundas. At his school he coaches several sports including volleyball. He has had several school league championships as a coach. Wally has also coached competitive minor hockey in our community.</p>
14U Black	<p style="text-align: center;"><u>Denis Levesque</u></p> <p>Denis is a Level 2 Certified Coach and has coached at all levels of volleyball including elementary school, club, and varsity. He has coached for 15 years at the elementary school level, and has over 15 years of club coaching experience with the Waterdown Raiders, MAC, and MVC. He spent 8 years as an Assistant for the McMaster University Women's Volleyball team; and as a three time Region 3 Head Coach, also won a gold medal at the 2009 Ontario Regional Volleyball Tournament. Outside of coaching, Denis is the President of MVC and the current Region 3 President for the OVA. His sports involvement extends beyond volleyball, including coaching AAA hockey with the Halton Hurricanes (1994 to 2000), and as the Teacher Facilitator and Program Coordinator with the Ontario Educational Leadership Centre (OELC).</p>
15U Maroon	<p style="text-align: center;"><u>Marisa Gabriele</u></p> <p>Marisa is an elementary teacher in Hamilton. She played varsity volleyball at McMaster University before injury and the demands of school took over. Growing up in Hamilton she played club ball for The Hamilton Seekers earning numerous medals and tournament MVP awards. As a member of St. Jean de Brebeuf high school volleyball team she took home 4 city championships, 2 GHAC championships and an OFSAA silver medal. Marisa has been a part of the MVC family for two years, most recently as a parent rep before deciding to join the coaching staff.</p>
15U Black	<p style="text-align: center;"><u>Peter Stratford</u></p> <p>Peter has coached at the school and club levels for many years. He has coached elementary volleyball for the past 21 years, and has won five all Halton championships. He began his involvement with MVC as a coach three seasons ago, and his teams' winnings include multiple tournament titles, two silver medals, and a gold medal at the OVA championships (U12 – U15). Prior to that, he coached with the Waterdown Raiders for five years, culminating in a silver medal at the U15 National Championships. In addition to being the MVC Vice President, he is also the Course Director at the Ontario Educational Leadership Centre (OELC – Elementary Athletics 3). Peter was also recognized for his volunteering and coaching excellence with an OVA Recognition Award (2013) and the Syl Apps Volunteer Achievement Award (2012).</p>

<p>16U Maroon</p>	<p style="text-align: center;"><u>Kelly Entwistle</u></p> <p>In his third year of coaching at MVC, Kelly brings a wealth of coaching experience to the club. He has coaching certifications in skiing, tennis, and volleyball, and has worked with a variety of athletes at numerous camps, organizations, and schools, including the elementary and secondary school levels. In addition, he brings extensive player experience, having played throughout grade school and at the University of Windsor as a setter and power hitter. He enjoys all aspects of volleyball, and continues to play in Dofasco's mixed competitive league.</p>
<p>16U Black</p>	<p style="text-align: center;"><u>Steve Felker</u></p> <p>This is Steve's second year with MVC, and he will be the head coach of our 16U Black team. Originally from Newfoundland, Steve competed in various age divisions as a team member of several school and provincial level championship teams. After moving to Ontario, he became involved with the Hamilton Express Volleyball Club, winning a provincial title. He has been a part of the McMaster University Womens' Volleyball team coaching staff, having won two OUA championships, most recently in 2014. Steve enjoys volleyball year round, and plays within adult beach leagues throughout the summer.</p>
<p>17U</p>	<p style="text-align: center;"><u>Larissa Puhach</u></p> <p>Larissa is Level 1 Certified and this will be her third year as a MVC head coach. Larissa has also works with our summer athletes as a MBC (beach volleyball) coach, and outside of club volleyball is a high school team coach. In 2012, her junior boys' team was a Halton finalist, and in 2014, Larissa was named Nelson High School's Coach of the Year. As a player, she played club volleyball for five years, and was awarded the Akimoto Award (2006) for excellence in volleyball and academics, and was a team member of the 2006 Division 2, Tier 1 National Champions. At the varsity level, she played on the McMaster Marauders Women's team over five years, contributing to three OUA Finalist medals (2007, 2009 and 2010), and a OUA championship medal (2008), culminating in a 6th place finish at Nationals (2008). Also with this team, she was a two time OUA First Team All-Star (2010, 2011); team MVP (2010, 2011); two time CIS Academic All Canadian (2009, 2011); and nominated as McMaster's Athlete of the Year (2011). In 2011, Larissa was also named the McMaster Women's Volleyball Therese Quigley Player of the Year. Recently, Larissa was named assistant coach to the 16U Team Ontario. Her team came back from British Columbia with a Gold Medal!</p>
<p>18U</p>	<p style="text-align: center;"><u>Wayne Felker</u></p> <p>Wayne is a Level 2 Certified Coach who brings over 35 years of player, coach, and administrative experience to MVC. As a player, he played at a high school and rep level, and most recently was a long term member of the Hamilton Mens' Volleyball League. He was also a member of the varsity team at Mohawk College, contributing to a provincial title and 4th place finish at nationals. His roles as key player and team captain were a natural progression to coaching, and he was the Head Coach of the Mohawk Mens' Volleyball Team for several years. He has coached many boys' and girls' elementary and secondary school teams in the Hamilton and Niagara area, and was also a CANUSA games coach. Since 2011, Wayne has coached OVA teams at the 14U, 15U, 16U, and 17U divisions; and also recently coached the Hamilton Steel Cats, 50 Plus Masters to a gold medal at Nationals. Wayne has held several administrative roles within the OVA, and is currently the OVA Region 3 Vice President and Secretary.</p>