

ATHLETES' CODE OF CONDUCT

The **Mountain Volleyball Club** supports a philosophy of competition that is guided by the highest standards of good sportsmanship and fair play. To this end, all parties (coaches, chaperones, athletes, parents and spectators) must recognize that our players' participation in volleyball is an extension of society. For this reason, athletes have a duty to conduct themselves in a reasonable and acceptable manner and avoid all conduct and practices that are detrimental to sport. Any action that would reasonably be expected to significantly disrupt or interfere with preparation or participation of an athlete for competition, whether in league, exhibition or tournament play, cannot be tolerated.

Therefore MVC athletes have a responsibility to:

- Maintain and enhance the dignity and self esteem of other individuals by demonstrating respect for fellow athletes regardless of body type, athletic ability, gender, ethnic or racial origin, age, religion, disability, sexual orientation or economic status.
- Refrain from any behaviour that constitutes harassment i.e. comments or conduct directed toward an individual or group, which is offensive, abusive, racist, sexist, degrading or malicious.
- Refrain from participating in (or supporting) behaviour that could be intimidating to team members such as rituals or initiations.
- Refrain from any behaviour that constitutes sexual harassment such as unwelcome sexual comments, advances or conduct of a sexual nature.
- Respect the property of others and not wilfully cause damage. Any expense related to property damaged with intent will be the responsibility of the MVC athlete and/or their parent/guardian.
- Abstain from the use of alcohol, illegal substances and performance enhancing drugs. Failure to comply with this section will result in immediate disqualification from athletic competition with the Mountain Volleyball Club
- Participate and appear on time for all competitions, practices, training sessions, events, activities and projects to which the athlete has made a commitment
- Refrain from unsportsmanlike conduct with any official, coach, athlete or spectator such as taunting, refusing to shake hands or using profane language or gestures.
- Dress in a manner representative of the Mountain Volleyball Club with the focus being on neatness, cleanliness, and discretion.
- Adhere to all additional rules as outlined by coaches, and chaperones of the Mountain Volleyball Club.

MOUNTAIN VOLLEYBALL CLUB ATHLETES THAT ENGAGE IN BEHAVIOR THAT VIOLATES THE ATHLETE CODE OF CONDUCT MAY BE SUBJECT TO SANCTIONS INCLUDING, BUT NOT LIMITED TO, REMOVAL FROM TOURNAMENT AND EXHIBITION PLAY ASSOCIATED WITH THE MOUNTAIN VOLLEYBALL CLUB

I have read and understood **Athlete Code of Conduct** statements and agree to conduct myself in a manner that demonstrates the standards of the Mountain Volleyball Club.

Athlete's Name (Please Print) _____

Team: _____ For the Year: _____ Date: _____

Athlete's Signature:

Parent/Guardian Signature:

The signed document is to be submitted to the parent rep and forwarded to the head coach prior to participation in any practice, tournament or exhibition play associated with the Mountain Volleyball Club