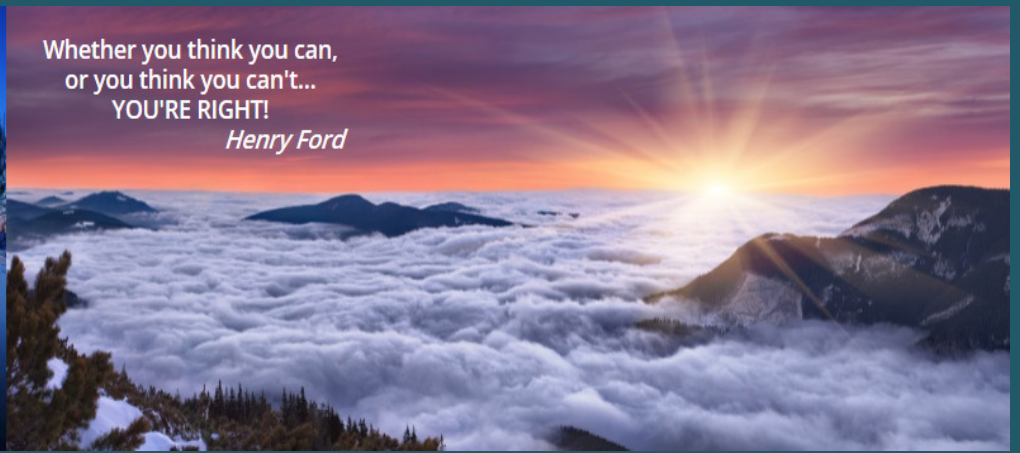


Whether you think you can,
or you think you can't...
YOU'RE RIGHT!
Henry Ford

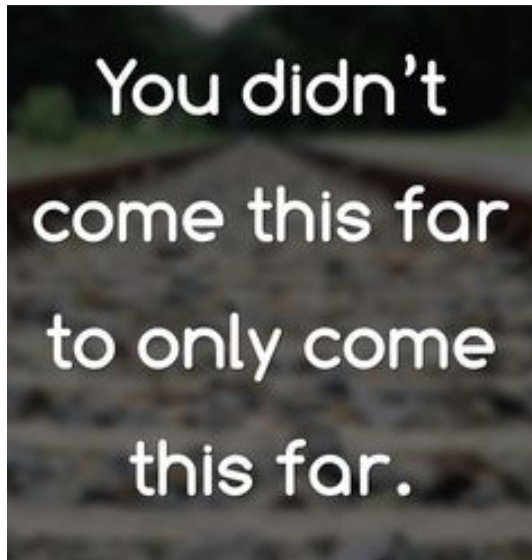


How To Reprogram Your Mind For Success

Up until the age of six your brain is like a sponge taking everything in without questioning or analyzing anything. Your brain accepts it as it is and saves it.

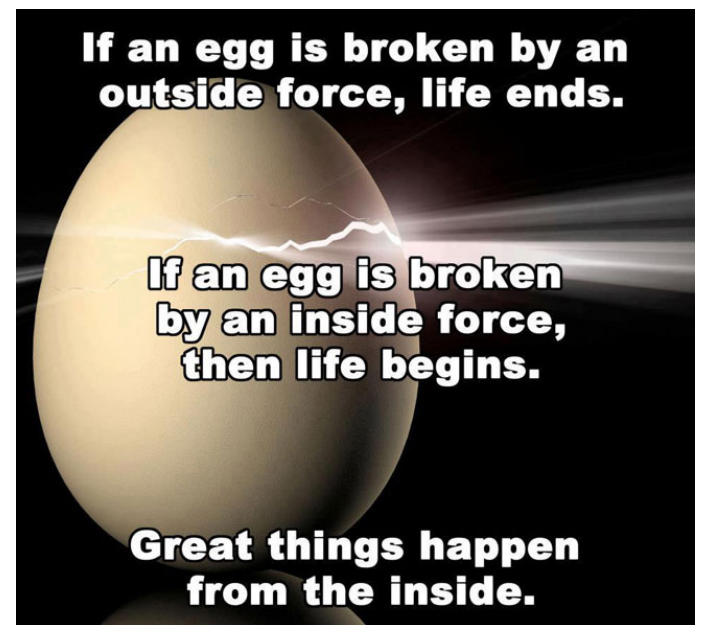
This starts to form the foundation for your beliefs and you will find that the education system we all attended was not prone to feeding your creative mind in order for you to think out of the box.

There are five types of brain waves which are Alpha, Beta, Theta, Delta and Gamma. The state we are interested in which allows you to reprogram your brain is Theta. During Theta state you are in a form of hypnosis when your conscious mind is pretty much turned off, but your subconscious mind is being accessed and influenced.



Our brains are the most powerful, underutilized computer on the face of the planet. Those you stretch their brain power beyond what they have been taught, go down in history and extra ordinary people.

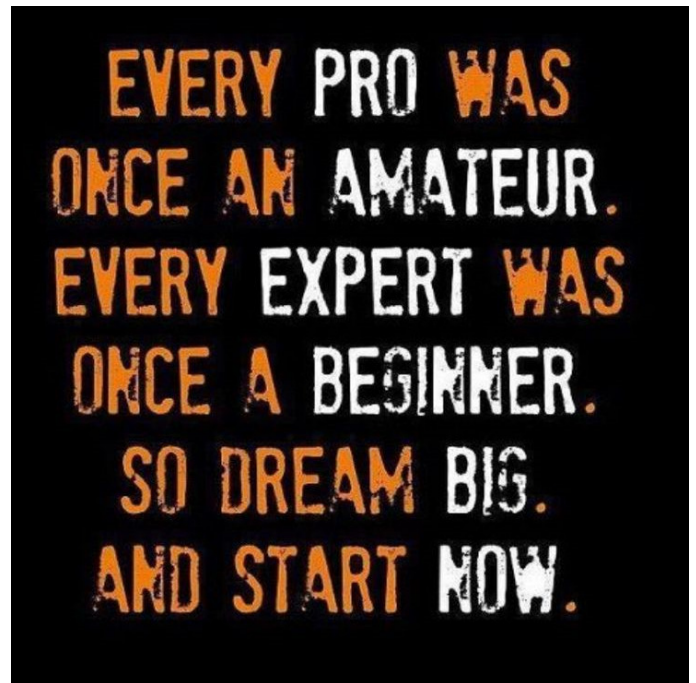
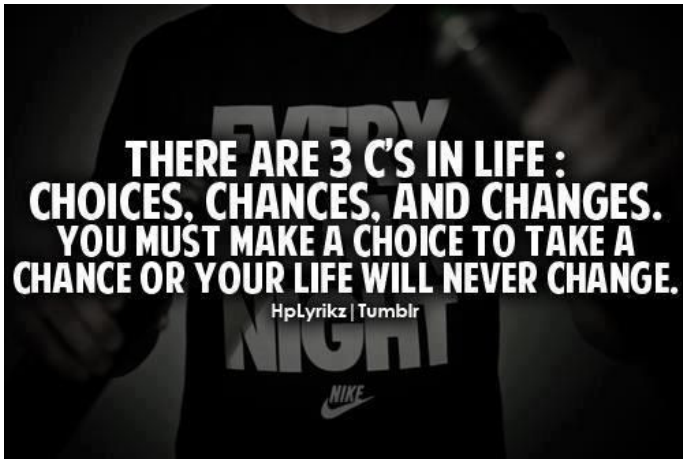
"The difference between ordinary and extra ordinary is a little extra!"



The best way to get into Theta state in order to start reprogramming your brain is through meditation. I have used this many times and I can vouch for its success provided you persist.

No, this does not mean you need to go and see a hypnotist in order to access your brains Theta state. At the end of this guide you will find the name of an audio file that you can download from the Resource Centre.

Use this audio file every day to reprogram your brain for success.



Choose an area of your life that you feel most challenged by right now:

- Money and finances
- Business or career
- Love and relationships
- Health and weight loss

Then use meditation to access your subconscious mind and start planting new seeds that will grow in to your new beliefs with time and persistence.