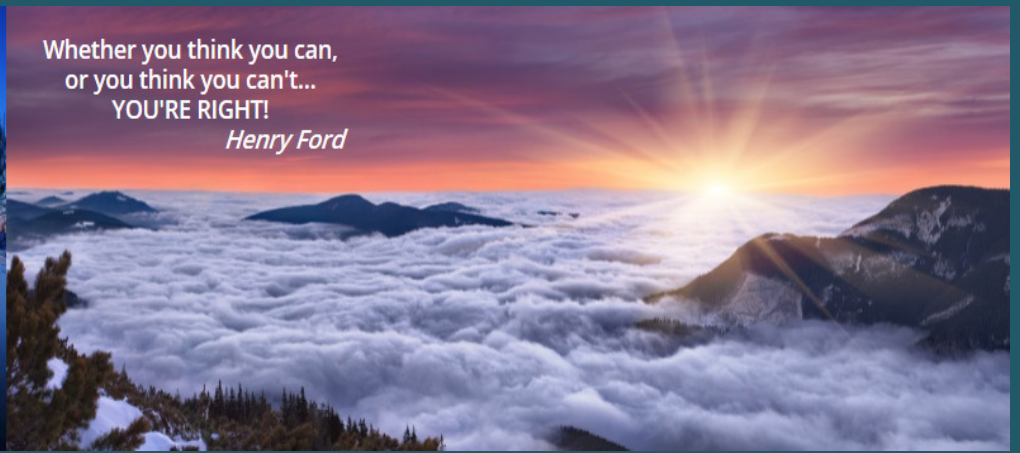


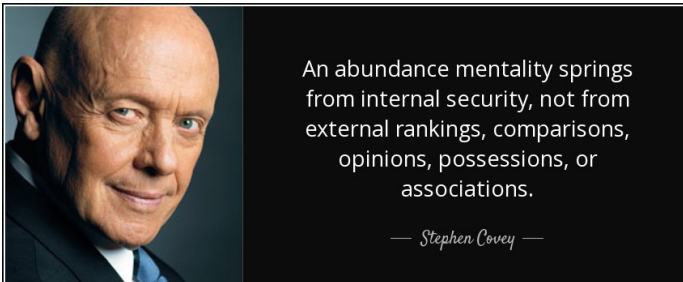
Whether you think you can,
or you think you can't...
YOU'RE RIGHT!
Henry Ford



How To Attract Abundance

Having a vision of abundance is not a sin and is not being selfish. Abundance has different meaning to different people and it does not always have to do with having the most of everything.

You need to decide for yourself what abundance means to you. Is it to do with health, wealth, family, love, giving or material items? It is up to you what abundance means for you.



Abundance is a mental state, an attitude and a way of living your life to the fullest based on what is important to you, based on your passion. In order to ensure you attract abundance you need to be grateful for what you already have. If you are not grateful for what you already have, then why should you get more?

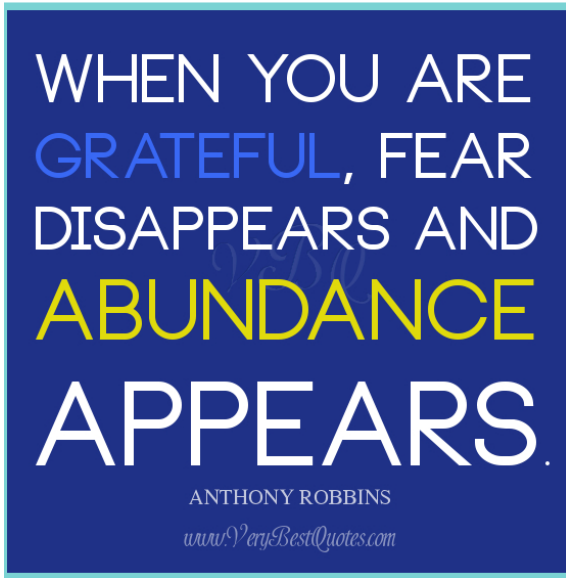
You may have been in a place in your life where you felt like something was missing or it was all going wrong. I know I have been there more than three times in my life but I found that by creating a list of things I had which I was grateful for, put me in the right track of mind to once again visualize and create my vision of abundance at that point in my life.



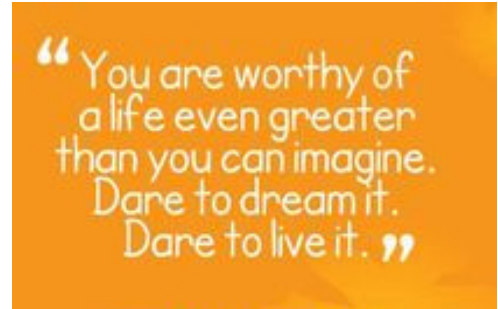
Tune in to the feelings and thoughts of abundance as if you were already living an abundant life which compared to majority of the world's population, you mostly probably already are.

I attended a webinar not long ago where the following facts were presented:

If you have \$10 you can spend today, have a roof over your head, have food to eat, water to drink and an Internet connection...you are better off than 80% of the world's population. A scary fact when you look at it that way. Be grateful for what you have and you will receive more to be grateful for.



Replace any scarcity thoughts or actions you may have in your life right now with abundant consciousness and the rewards will speak for themselves. Don't question or doubt how. Believe it is true and it will be revealed as such.



There is a clear link between gratitude, the law of attraction and abundance. If you do not practice gratitude you will not attract abundance. Well at least not the abundance you are looking for.

You were born with the right to be abundant so do not feel guilty for wanting abundance in your life. Affirm to yourself every day that it is ok to be abundant because you deserve it.

Positive affirmations are a way to get you into the right mindset to attract abundance and to show gratitude for what you already have so use them daily and you will see and feel the positive results that come from these actions.

Abundance Consciousness	Scarcity Consciousness
* Attitude of gratitude	* Worrying mindset
* Receive graciously	* Critical behavior
* Give willingly	* Holding grudges
* Want others to succeed	* Have a sense of entitlement
* Set goals	* Blame others for failures
* Take inspired action	* Fear change
* Develop life plans	* Know it all behavior
* Exude happiness and joy	* Secretly hope others fail
* Embrace change	* Hoarding behavior
* Continuously learn and grow	* Excuse anger
* Forgive past mistakes & others	* Never set goals
* Allow positive energy to flow	* Feeling you don't have enough
* Think positive thoughts	* Blame circumstance for things
* Express positive ideas	* Feel that things can't change