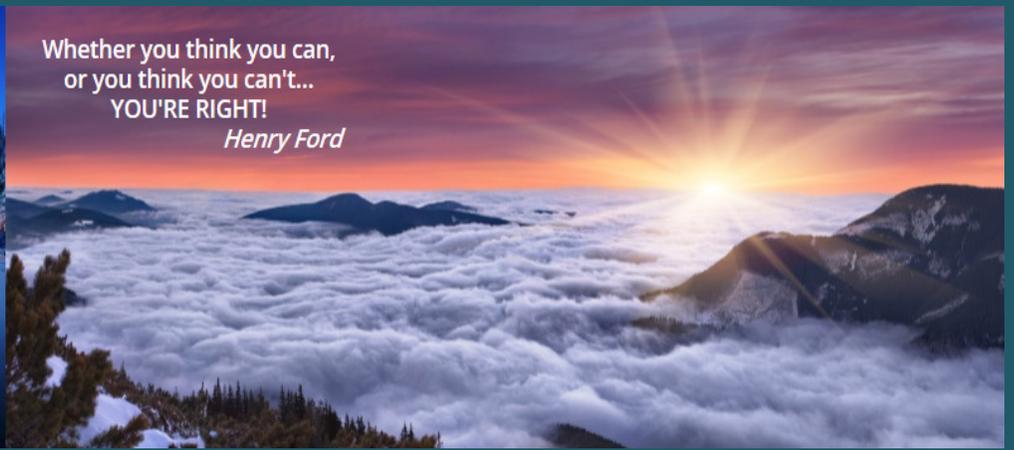




Whether you think you can,
or you think you can't...
YOU'RE RIGHT!
Henry Ford



How To Create Your Vision Story

By now you will have read my guide on **How To Create A Vision Board** (if not you can access it in the “Resource Centre”). It is now time to write a story about your vision.



Having a vision in life give you purpose, meaning and makes you want to get up in the morning and take another step towards either achieving your dream or living your dream.

It can be done but in order for it to be achieved, you have to take **action**.

Think of all the detail of what your dream life would be like. What house? What car? What partner? How is your health? Think of your family and friends. Don't forget about wealth.

So now your vision board is done and you have placed pictures, words and phrases that represent your vision, your dream. So why not write a story on how it would feel to be living your dream? Why not describe **in detail** what your best day ever would feel like?

The secret
of having it all
is *believing*
you already
do...

Here is an example of how your story could start:

I wake up in the morning feeling rested and refreshed and lying next to me in my king size bed is my beautiful wife. I turn and kiss her good morning. We lay in each other's arms for a few minutes admiring the sun shining through our patio as our room is on the top floor.

After sharing a shower in our family sized, on-suite shower we head down to our spacious, fully equipped kitchen where we start to prepare a delicious, healthy breakfast for the family.

It is not long before the smell of a freshly prepared breakfast makes its way to our kids rooms and one by one they come down to join us on our breakfast patio. We are now a complete family of four and we spend some time talking about.....

Do you get the idea? Describe in detail what your perfect day would be like. Feel it, smell it, taste it and mostly importantly, **believe it.**

You are the creator of your present based on what you did in the past. Now it is time to create your future based on your vision, your dream.

