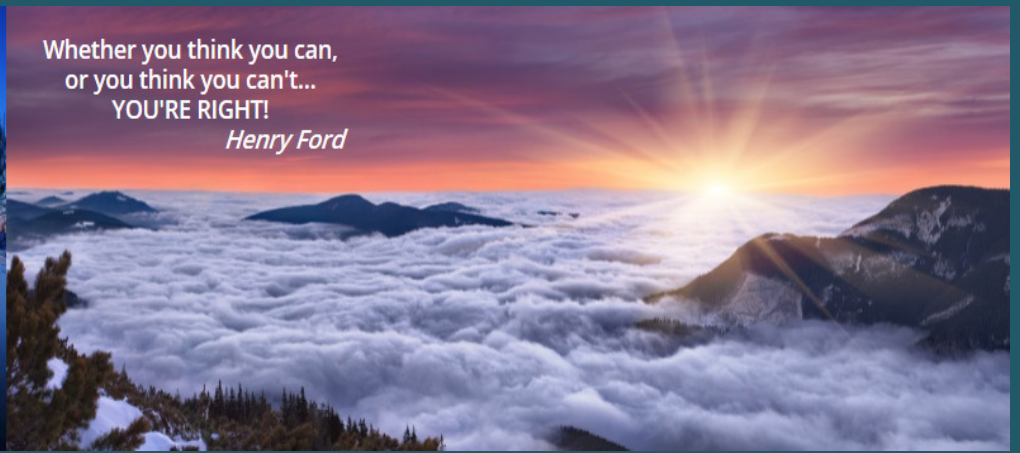


Whether you think you can,
or you think you can't...
YOU'RE RIGHT!
Henry Ford



How To Improve Your Confidence

How confident we are with who we are and what we do plays a big role in how successful you are in life.

**"BE HUMBLE IN
YOUR
CONFIDENCE
YET
COURAGEOUS
IN YOUR
CHARACTER."**

~melanie koulouris

Don't mistake confidence with for arrogance. Being confident just means you believe in yourself and your abilities. It does not mean you go around pushing your confidence in other people's faces.

Confidence isn't walking into a room with your nose in the air, and thinking you are better than everyone else, it's walking into a room and not having to compare yourself to anyone else in the first place.

Confidence doesn't come when you have all the answers. But it comes when you are ready to face all the questions.

Confidence is something you create within yourself by believing in who you are. It may not bring success but it gives you power to face any challenge. Believe you are good enough because you are and will be.

CONFIDENCE IS LIKE A MUSCLE:
THE MORE YOU USE IT, THE
STRONGER IT GETS.

Do you get the idea? Describe in detail what your perfect day would be like. Feel it, smell it, taste it and mostly importantly, **believe it.**

Self-confidence is the most attractive quality a person can have. How can anyone see how great you are if you can't see it yourself?

People with low self-esteem are more likely to sabotage themselves when something good happens to them, because they don't feel deserving. Lack of confidence can put you in an emotionally bad place, believe in yourself. Believe you deserve it because you do. We all do!

i am WHO
i am
and YOUR opinion
isnt needed

It is not what others think of you that will determine your success. It is what you think of yourself and your abilities. You are in control of your success and failure so be sure to take control of the right attitude which is...SUCCESS!

sucess comes in
cans.
and not
cant's

Adopt a “This is who I am. Nobody said you had to like it” attitude and live your life with confidence the way you want to live it!