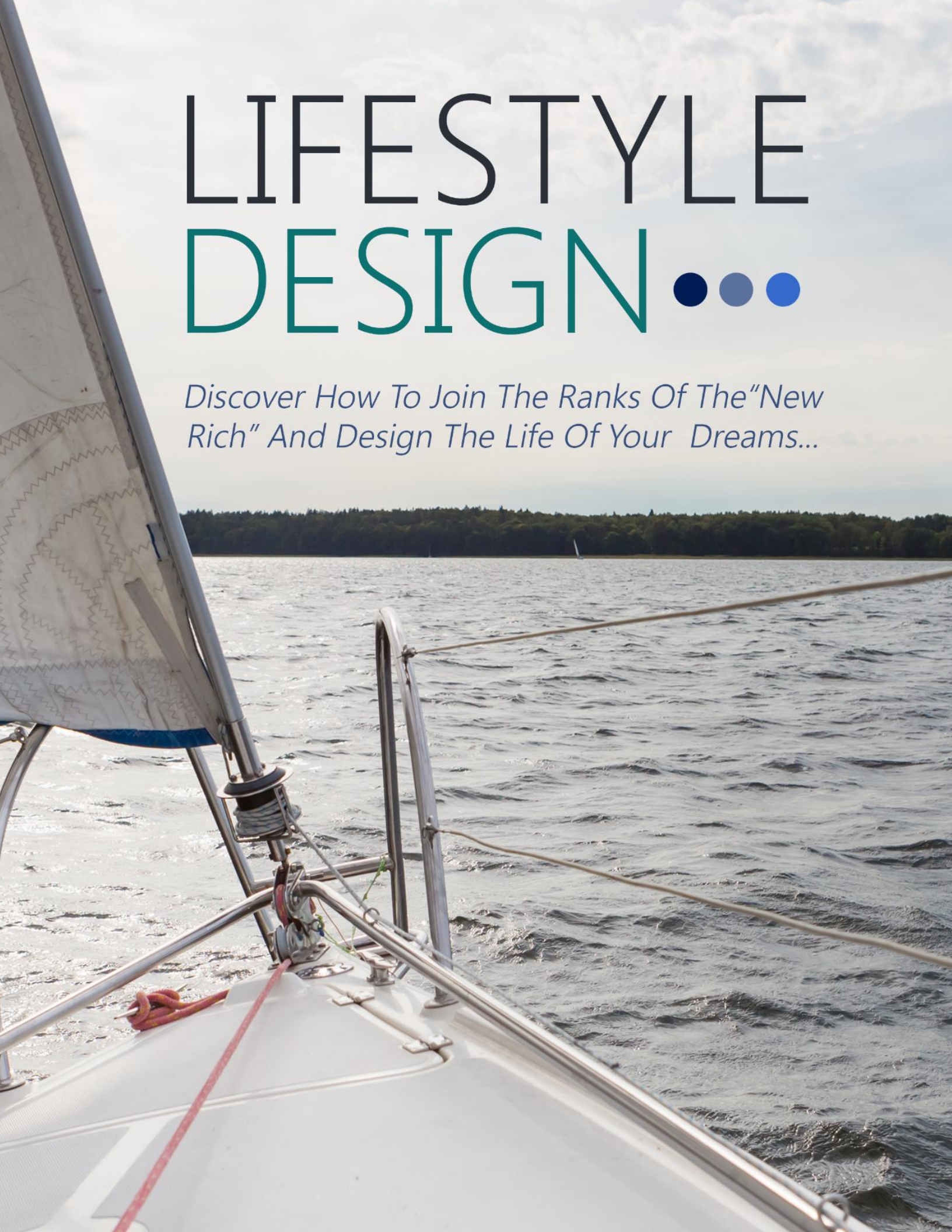


LIFESTYLE DESIGN ●●●

Discover How To Join The Ranks Of The "New Rich" And Design The Life Of Your Dreams...



Lifestyle Design Resource Sheet

This resource sheet contains links and information regarding all the things you need to make lifestyle design that much easier. This includes further reading, tools for working on the move, apps and software that can help you work more productively.

Keep this by you and you should find you can even more quickly transition to the lifestyle you're dreaming of!

Further Reading

The Four Hour Workweek

This book by Tim Ferriss is the original primer on lifestyle design. This kicked off the movement in a big way and introduced the world to the idea of choosing a job to fit your lifestyle rather than doing the opposite. It also includes tips to help you work online and be more productive. This is a must read for anybody interested in the subject and a great starting point.

Vagabonding

Vagabonding is the book that inspired Tim Ferriss. This isn't so much about lifestyle design as simply travelling and living life. This teaches the importance of making every day an adventure and shows you how to think about travel in terms of 'mini retirements' instead of something you do for two weeks at a time at the end of the year. By Rolf Potts.

How to Save An Hour Every Day

How to Save An Hour Every Day is a book by Michael Heppell and is one that does exactly what it says on the tin. This book shows you plenty of ways to save time but what's interesting is that it's not all about 'productivity'. Rather, this book discusses a lot of ideas that help to make life a little easier by just reducing work and friction. This includes things like tidying – which surprisingly has a huge impact on your free time and your lifestyle.

The Personal MBA

The Personal MBA by Josh Kaufman is a book about business that discusses some of the same productivity concepts that Tim Ferriss does. This includes advice on how to cut communication overhead and how to plan for contingencies.

Websites and Resources

Hashtag Nomads

<https://hashtagnomads.com/>

This is a website/online community for digital nomads. It's an excellent place to meet other digital nomads, to find business partners, people to travel with and even business opportunities. It costs to join but if you're serious about becoming a digital nomad then it will more than pay for itself.

Smart Passive Income

www.smartpassiveincome.com

This blog from Pat Flynn is all about earning 'passive income' as the name suggests. Passive income is any type of income that you earn while you're not actually working. This means creating a virtual business that can generate revenue even while you're asleep or travelling the world. Pat is a nice guy who describes how he earns money online in simple terms.

Apps and Software

World Time Buddy

www.worldtimebuddy.com

One of the biggest challenges of working online is dealing with the different time zones you'll be forced to work with. When your clients are on one time zone and you're on another, this can make it very difficult to meet for online meetings etc. World Time Buddy solves this with a website as well as an app.

Asana

www.asana.com

If you're working alongside colleagues or partners, then this creates a whole new problem: how do you collaborate on projects? Asana makes this a lot easier and is ideal for large teams working on joint projects.

Google Drive

<https://drive.google.com>

Google Drive and its office suite of apps is another incredibly useful tool. Not only is it convenient to back up files online when you're constantly on the move and never sure if you might lose your hardware... but it also makes collaboration easier again by letting multiple people access and edit the same documents.

Freelancing Sites

Freelancing sites include:

- UpWork (www.upwork.com)
- Elance (www.elance.com)
- People Per Hour (www.peopleperhour.com)
- Fiverr (www.fiverr.com)
- Freelancer (www.freelancer.com)

All these sites are perfect for finding work, advertising your skills or even finding business partners and white label agencies for service arbitrage.

Email Game

www.emailga.me

This is a popular tool that can help you reduce the time you spend on answering email, meaning more time to get work done so you can finish work quicker!

Tools For Working on the Move

Whether you're travelling the world or just working in coffee shops and near local landmarks, there are numerous items of hardware that can help you a great deal to be more productive wherever you are.

Microsoft Universal Folding Keyboard

This keyboard is absolutely fantastic for working on a phone or tablet when your main PC is too big or has run out of battery. The folding keyboard is thin enough to be stowed in a pocket, has a long battery life and is even slightly water resistant in case you spill beer on it down the pub.

Microsoft Arc Mouse

The perfect companion for the folding keyboard is the arc mouse, which can fold completely flat to be stowed in a top pocket!

Surface 3

While we're on Microsoft, the Surface 3 is an excellent choice of computer for people working on the move. This is small, thin and light but it also runs full Windows 10 and supports all legacy Windows software. This is a full computer in the convenient form factor of a tablet.

Charging Brick

Getting yourself a charging brick can bail you out of countless situations – whether your phone is out of charge and you need to call someone or load up maps, or your tablet is dead and you need it to work from. You can get small bricks that fit in a wallet and large ones that can provide multiple charges for most devices.

Microfiber Towel

A microfiber towel is a towel made from – you guessed it – micro fiber. This lets it be stowed effortlessly in a bag because it's thin enough to roll into a small ball. Better yet, it dries in a matter of moments but otherwise works like any other full-sized towel!

There are many more gadgets, resources and tips that can help with lifestyle design. But if you start with these you'll find that you quickly start to get more control over how you're spending your time and living your life.