

BC Gymnastics "Come Flip, GET FIT"

2016 Fall Schedule of Classes Starting Tuesday, September 6th

Times/Day	Monday	Tuesday	Wednesday	Thursday	Friday
9:15-10:00			<u>Tots age 3</u>		
10:00-10:45	<u>Guided Gym Buddies</u> Walking-age 2		<u>Gym Buddies</u> Age 2		<u>Gym Buddies</u> Age 2
10:45-11:30	<u>Tots age 4</u>		<u>Tots age 4</u>		<u>Tots age 3 & 4</u>
11:00-11:45		<u>Tots age 3</u>		<u>Gym Buddies</u> Age 2	
11:45-12:30		<u>Tots age 4</u>		<u>Tots age 3</u>	
12:30-1:15		<u>Tots age 4</u>		<u>Tots age 4</u>	

Times/Night	Monday	Tuesday	Wednesday	Thursday	Friday
4:30-5:30	<u>Girls Basics</u> Ages 5-6	<u>Boys Basics</u> Ages 5-6	<u>Girls Intermediate</u>	<u>Girls Basics</u> Ages 5-6	<u>Girls Basics</u> Ages 7-9
4:30-5:15 (tots)	<u>Tots Age 3</u>	<u>Tots Age 4</u>	<u>Tots Age 3</u>	<u>Girls Intermediate</u>	
		<u>Girls Basics</u> Ages 7-9	<u>Girls Basics</u> Ages 5-6	<u>Tots age 3 & 4</u>	
5:30-6:30	<u>Girls Basics</u> Ages 5-6	<u>Boys Basics</u> Ages 7-9	<u>Girls Advanced</u>	<u>Girls Advanced</u>	<u>Basic Tumbling</u> Boys & Girls ages 5+
	<u>Girls Intermediate</u>	<u>Girls Basics</u> Ages 5-6	<u>Girls Intermediate</u>	<u>Girls Basics</u> Ages 7-9	<u>Girls Intermediate</u>
New! *Training Track* 5pm-6:30	<u>Tots Age 3</u>	New! *Training Track*	<u>Tots 4</u>	New! *Training Track*	<u>Girls Basics</u> Ages 7-9
	<u>Girls Advanced</u>				<u>Girls Advanced</u>
6:30-7:30	<u>Girls Basics</u> Ages 7-9	<u>Girls Intermediate</u>	<u>Girls Basics</u> Ages 7-9	<u>Girls General Gymnastics 10+</u>	<u>Gym Buddies</u> Age 2
6:30-7:15* (Tots and Gym Buddies)	<u>Tots Age 4</u>	<u>Boys Int/Adv</u>	<u>Girls General Gymnastics 10+</u>	<u>Girls Basics</u> Ages 7-9	<u>Girls Basics</u> Ages 5-6
		<u>FIT Games!</u> Ages 6+	<u>Girls Basics</u> Ages 5-6	<u>Boys Basics</u> Ages 5+	<u>FIT Games!</u> Ages 6+
7:30-8:30	<u>Basic Tumbling</u> Boys & Girls Ages 5+	<u>Intermediate Tumbling</u>		<u>Girls General Gymnastics 10+</u>	<u>Open Gym</u> 7:30-9pm

Times/Day	Saturday	
9:15-10:00	<u>Guided/Gym Buddies</u> Walking/age 2	<u>Tots age 4</u>
10:00-11:00	<u>Girls Basics</u> Ages 7-9	<u>Gym Buddies</u> Age 2
*10-10:45 (Gym Buddies)		
11:00-12:00	<u>Girls Basics</u> Ages 5-6	<u>Girls Basics</u> Ages 7-9
12:00-12:45 (tots)	<u>Tots Age 3</u>	<u>Girls Basics</u> Ages 7-9
12:00-1:00	<u>Girls Basics</u> Ages 5-6	<u>Gym Buddies</u> Age 2
	<u>Girls Intermediate</u>	
1:00-1:45 (tots)	<u>Tots Age 4</u>	<u>Girls Basics</u> Ages 5-6
	<u>Girls General Gymnastics 10+</u>	
1:00-2:00	<u>Girls Intermediate</u>	<u>Girls Advanced</u>
2:00-2:45 (tots)	<u>Tots Age 3 & 4</u>	<u>Girls Basics</u> Ages 7-9
2:00-3:00	<u>Girls Basics</u> Ages 5-6	
	<u>Girls Intermediate</u>	
3:00-4:30	<u>Trampoline & Tumbling</u>	

