



PATHWAYS
for change

changing lives • reducing crime • building futures

Our Mission...



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A Brief History...

Pathways for Change grew from the desire of people who dared to offer new ways of life to others caught up in drugs and crimes.

It started in 2003 when Connie Bookman, L.C.S.W., developed a program offering a faith-based curriculum and psychotherapy to female inmates at the Escambia County Jail.

Bookman, executive director of the Christian Counseling Center of Baptist Hospital, teamed with Dr. Janice Crenshaw, director of diversity at Baptist Hospital. They recruited fifty local female professionals who agreed to “adopt” the Pathways For Change participants for one year. Training and support meetings were scheduled bi-weekly. But even with the support of therapy and mentors, the released inmates soon returned to their “old way of living.”

Bookman and Peg Nickelsen, a masters-level intern, traveled to Ohio to study a successful "Therapeutic Community" at the Marysville Reformatory for Women, a maximum-security prison. They returned to Pensacola and approached the Escambia County jail's director, Dennis Williams. He agreed to allow a “Therapeutic Community,” an intensive addictions treatment program housed in its own dorm, away from the general jail population. In February of 2005, Bookman and a team of clinical staff and interns established a daily psycho-educational curriculum and psychotherapeutic milieu for women in the jail's Central Booking and Detention Center.

Mission, Vision and Belief...

MISSION

Changing Lives, Reducing Crime, Building Futures

VISION

To be the best therapeutic addiction recovery program

BELIEFS

Addiction to alcohol and other drugs are complex disorders.

Abuse of alcohol and other drugs is serious and can be life threatening.

Mental illness can impair the quality of life.

Prevention of addiction, abuse, and the spread of communicable infections such as HIV/AIDS, hepatitis and tuberculosis is a critical issue.

Faith-based prevention, intervention, and treatment are effective in deterring anti-social and criminal activities.

Pathways For Change Leadership Team

Chief Executive - Connie Bookman, LCSW

Chief Operating Officer/CCR - Chris Collins

MRT Program Director – John Burke

Director of the Family Center - Dr. Cheryl Perry

Case Management Director – Brittany Austin

Director of Women’s Programming- Margot Doelker

Clinical Director – Rachel Croley

Organizational Developer – Tim Donovan

Admissions Manager – Mark Odell

Senior Accountant – Teresa Garcia

www.PathwaysForChange.org



Pathways For Change Extraordinary Continuum of Care...

Prevention, Intervention, Treatment and Aftercare...

MRT – Men’s Residential Treatment – 18 month drug and alcohol rehabilitation program.

Family Center (FC) – Provides a variety of services to the community to include free counseling, GED training, vocational training, and psychoeducational classes.

Transitions/Clinton Cox Residence: This program is to help men coming out of MRT, long term treatment and prison transition back into society successfully. The Clinton Cox Residence is a 12 unit home with case management and structure for this purpose.

Stepping Stones :3 day a week Substance Abuse Out patient treatment for women. Classes are held at The Family Center.

Everything Outdoors: A landscape and lawn business that hires men and women coming out of prison or long term treatment. ETO’s goal is to teach the employees important soft skills, that employers are looking for in long term employees, by coaching in real work situations.

Christian Counseling: At the Family Center we offer individual, couples and family counseling on a sliding scale for low income and those without insurance. We also take Medicare, Medicaid and will be accepting Insurance.



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The Family Center (TFC)

Prevention, Intervention, Treatment and Aftercare

The Family Center is the hub of Pathways For Change made possible through grants from The Dugas Family Foundation, the Pensacola Bay Area Impact 100, Gulf Breeze United Methodist Church, Destin Charity Wine Auction Foundation and the Northeast Pensacola Sertoma.

It is *"the Place Where Lives Are Changed"*. Lives are changed at TFC through Education, Vocational Training and Counseling. The Counseling is done through the Christian Counseling Center, including our Substance Abuse Outpatient Program for Women.

The Family Center is an integral piece in Pathways For Change's war on poverty and substance abuse.

The Family Center takes a Christian approach to services that emphasizes God's grace, mercy and forgiveness.

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Men's Residential Treatment (MRT)



Treatment... Intervention...

The MRT is a faith-based addictions treatment therapeutic community that helps nonviolent offenders who want to overcome destructive behaviors, attitudes that prevent them from living a life free from crime and incarceration.

The program offers group meetings, therapy and classes that address substance abuse, criminal thinking, anger resolution and life skills.

Clients also have access to GED, technical training and college courses.

Treatment occurs within a Therapeutic Community wherein clients begin building healthy relationships and support systems for their continued recovery after graduation.

MRT is a sentencing option for criminal offenders that judges, prosecutors, public defenders and private attorneys may select as an alternative to traditional sentencing.



The program is well-respected for its 70% success rate among graduates who desist from future crime at much higher rates than those who serve a traditional jail



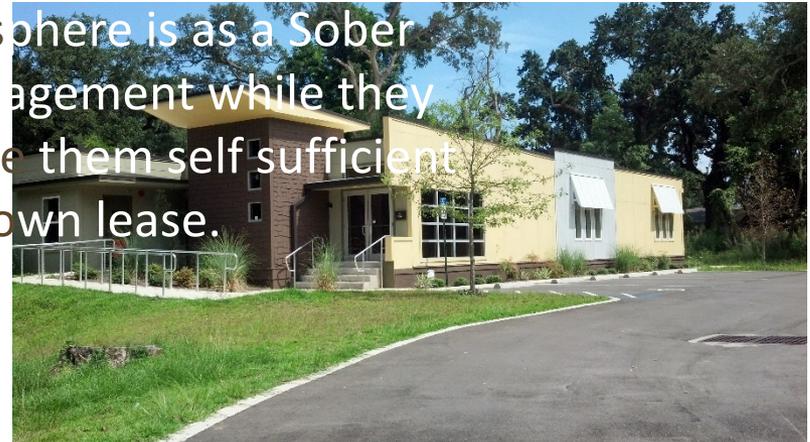
prison sentence.

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The Clinton Cox Residence (CCR)

Aftercare...

The Clinton Cox Residence opened in 2013. It is a 12 unit transitional home. Each room has it's own bathroom. Big deal! Clients come from Prison and long term treatment programs. A prospect must have 4 months clean time. The atmosphere is as a Sober House. Clients receive case management while they are residents. The Goal is to have them self sufficient within a year and signing there own lease.





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Everything Outdoors (ETO)...

Aftercare...

Everything Outdoors is a landscape and maintenance business that began in 2015. PFC has for many years had the idea of running a business that our clients could work for. ETO is that business. The business venture has two goals, to be a revenue stream for the organization and a training tool for clients. ETO will teach clients (employees) the important soft skills, in a real work environment, that are needed for long term gainful employment. Many who struggle with substance abuse or that are coming out of prison have good technical skills but lack the social skills needed to be good employees.



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