



**EDUCATOR
WELL-HEALTH, INC.**

PRESENTS

The Organizational Wellness Conference

Leadership/Team Building & Health/Wellness Promotion 2016

Galveston, Texas • March 27-29, 2017

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@ <http://www.educatorwellhealth.com/Conferences/index.html>

SESSIONS INCLUDE:

- 🍏 How to Feel Good
- 🍏 Building Healthy Work Cultures
- 🍏 Connection: The Currency of Wellness
- 🍏 Weight Management - Society's Massive Problem with Motivational Interventions
- 🍏 Creating a Conscious Culture of Healthy Relationships
- 🍏 Management Coaching: Healthy Workplace One Conversation at a Time
- 🍏 How To Be the Best Boss
- 🍏 Creating an Ideal Work Environment for Health and Wellness Promotion
- 🍏 How to End Each Day With More Energy Than You Started
- 🍏 Why Are You Here? Discovering Your Personal Mission Statement
- 🍏 The Economics of Your Emotional Balance: Creating a Surplus of Positive Emotions for Overall Wellness
- 🍏 Reaching Your Goal
- 🍏 The Impact of Incentives on Health Assessment Participation
- 🍏 Breaking the Sugar-Stress Cycle
- 🍏 Fitness After 40: Smart Activity Programs
- 🍏 Cross-Fit Experience
- 🍏 How to Lose Weight Without Starving Yourself
- 🍏 How to Make Yourself Irreplaceable
- 🍏 And others by request