



Three-Day Conference Schedule

The Organizational Wellness Conference
**Leadership/Team Building Health/Wellness
 Promotion 2017**

Day One	Day Two	Day Three
7:00 AM – 4:00 PM Registration (All day)	6:30 AM – 8:25 AM Breakfast (on your own)	6:30 AM – 8:25 AM Breakfast (on your own)
8:00 AM – 9:25 AM General Session Key Note (Group Assignments)	7:30 AM – 8:25 AM Cross Fit Experience	7:30 AM – 8:25 AM Cross Fit Experience
	8:30 AM – 9:55 AM Concurrent Sessions	8:30 AM – 9:25 AM General Session
9:30 AM – 10:55 AM Concurrent Sessions	10:00 AM – 11:25 AM Concurrent Sessions	9:25 AM – 10:20 AM Concurrent Sessions
11:00 AM – 12:25 PM Concurrent Sessions	11:30 AM – 12:25 PM Concurrent Sessions	10:25 AM – 11:20 PM Concurrent Sessions
12:30 PM – 1:25 PM Concurrent Sessions	12:30 PM – 1:25 PM Concurrent Sessions	11:30 AM – 1:30 PM LUNCH <i>(Together)</i> <ul style="list-style-type: none"> • Presentations • Closing Remarks
1:30 PM – 2:55 PM Concurrent Sessions	1:30 PM – 2:55 PM Concurrent Sessions	
3:00 PM – 4:25 PM Concurrent Sessions	3:00 PM – 4:25 PM Concurrent Sessions	
4:30 PM – 5:00 PM General Session – Concluding Activity	4:30 PM – 5:00 PM General Session – Concluding Activity	
Break for Dinner	Break for Dinner	