

Stephenson County Health
Department
10 W Linden Street
Freeport, IL 61032

Public Health Family Services
Director, Julia Marynus, RN,
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Call 815-235-8394
For more information!

**Doula
Program!**

We are excited to announce the addition of “Doula Staff” to the programs at the Stephenson County Health Department. This program is funded by the Ounce of Prevention and Illinois Department of Human Services.

A Doula is a non-medical, labor and delivery support person who works with mothers beginning in their 3rd trimester. Home visits are conducted; birth assistance is provided; and follow-up is done through 3 months post partum.



Doula Services

Community based doula services provide support during the pregnancy, at delivery, and once your baby comes home. Doula's work with the family, the nurses, and the physicians at both FHN Memorial Hospital and Monroe Clinic/hospital.