



Today's Date: _____

INTAKE FORM

IDENTIFYING INFORMATION

Name _____ D.O.B. ____ / ____ / ____ Gender _____

Address _____

Primary Telephone _____ other _____

email address (optional): _____

Ethnicity _____ Highest Education level _____

Current Employment: _____

Relationship status (*single, married, separated, etc*): _____

Children:

Name	age

Other adults in home:

Name	relationship	time living in home

Emergency Contact Name/Relation: _____ Phone: _____

Who referred you _____

Are you involved in any litigation (lawsuits, divorce, child custody, court proceedings, personal injury) or may be in the future?

COUNSELING GOAL: What do you want to get out of being here? How will we know when counseling goals are met?

HEALTH HISTORY (current physical health and health changes) Last physical/wellness visit: _____

Medication (past and/or current) _____

Prescribing Doctor: _____

ADDICTIONS: including Substances (alcohol, drug, smoking), Behavioral (internet, pornography, gambling) (past, present, sobriety etc.)

PRESENTING CONCERNS: Please identify below any concerning symptoms:

Anger	Crying	Fearful	Low energy	Palpitations	Social issues
Anorexia	Delusions	Hallucinations	Low motivation	Panic attacks	Stomachaches
Anxiety	Depression	Headaches	Low self esteem	Relationship issues	Stress
Appetite changes	Domestic violence	Hyperactivity	Mood changes	School/work issues	Suicidal
Bowel Problems	Drug use	Insomnia	Nightmares	Self doubt	Tension trauma
Bulimia	Gender issues	Irritable	Obsessions	Sexual difficulties	Unfocused
Compulsions	Grieving	Isolation	Overeating	Sleep problems	

Clinical Notes/Initial Session (MSE):