

To prepare for kindergarten, children need to be supported and nurtured in all areas of development. It is also important that your child is physically, socially and emotionally ready to participate in school. This list can serve as a guide as you and your child prepare for the exciting transition to kindergarten!

### Can your child separate from primary caregiver without anxiety?

#### Use self-control?

- Keeping hands to self
- Sharing and taking turns
- Cooperating and playing with other children
- Using classroom supplies appropriately



### Cooperate with adults and authority figures?

- Following directions
- Communicating needs effectively



### Demonstrate self-help skills?

Using the restroom independently  
Putting on and zipping own coat  
Tying shoes



### Use classroom tools and toys efficiently?

Cutting with scissors  
Holding and using a pencil, crayon or marker  
Building with blocks or Legos



### Express self-awareness in a variety of ways?

Knowing first and last name.  
Writing first name.  
Naming the letters in first name.  
Knowing name of primary caregiver(s)