

# BLACK BELT FOR LIFE STUDIOS CLASS SCHEDULE

16215 SW 88 ST Miami, Fl. 33196  
305-386-7833

## TAE KWON DO CLASSES

LITTLE DRAGONS AND MIGHTY NINJA PROGRAM	
<b>AGES</b> 4 - 6	Class 1: 4:00PM - 4:30PM MON - FRI Class 2: 6:20PM - 6:50PM MON, TUE, THUR

TAE KWON DO KIDS	
<b>AGES</b> 7 - 9	Class 1: 4:40PM - 5:20PM MON - FRI Class 2: 5:30PM - 6:10PM MON - FRI

TAE KWON DO TEENS & ADULTS	
<b>AGES</b> 10 - Up	Class 1: 5:30PM - 6:10PM MON - FRI Class 2: 6:50PM - 7:30PM MON - THUR

BLACK BELTS	
<b>BLACK BELTS</b>	Class 1: 5:30PM - 6:10PM MON - FRI Class 2: 6:50PM - 7:30PM MON - THUR

## OTHER SERVICES

- SPRING CAMP
- SUMMER CAMP
- BIRTHDAY PARTIES
- PRIVATE CLASSES
- COMPETITION TEAM
- FAMILY DISCOUNTS

- Monday & Tuesday: Forms Training. Wear Full Uniform with school patches.
- Wednesday & Thursday: Sparring Day. Line up with sparring gear.
- Little Dragons and Mighty Ninjas Weapons: Mondays and Tuesdays.
- No gum chewing or jewelry while training in the Dojang (Blue mat area).



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