

Hello,

You are invited to attend our upcoming 2nd Caregiver 101 Seminar! We have a great lineup of speakers with invaluable personal and professional experience who are excited to share! Please see comments from past attendees at the end of this email.

When: Saturday, January 19, 2019

Time: 9:00 to 2:00 (lunch provided)

Where: Scripps Memorial Hospital La Jolla, Founders Room in the Schaetzel Center
9890 Genesee Ave, La Jolla, CA 92037

Discounted Registration Fee: \$30.00 (\$150.00 value)

Our mission is to inspire family, friends and caregivers to become confident in bringing their loved one, with a severe traumatic brain injury, home. We share our holistic and creative approach, based on personal and professional experience, with a hope-filled focus on creating a sanctuary of healing in the home for your loved one to thrive.

Our curriculum will showcase the following topics led by the following individuals:

Karen Macbeth, Warrior Mom, President of Cheyne's Brain Foundation: Personal Testimony of Hope

Tracy Teregis, M.S., Cognitive Rehabilitation Specialist: Orientation to Brain Injury & Coping Strategies

Susan Singleton, LVN: Basic Needs, Safety & Charting

Allison Di Tommaso, BSN: Caregiving as a Creative Team Process

Guest Speaker: Nastasha Mc Keon: Founder and CEO of Choice Juicery, Nutrition and Healing the Brain

This is an educational seminar designed to enlighten and educate caregivers, family members and professionals on severe traumatic brain injury. Our intention is to be able to recommend caregiving services for those individuals on the severe end of the brain injury spectrum. Below is an excerpt from Karen Macbeth founder of Cheyne's Brain:

I have been caring for my son for over 4 years now and finding quality caregiving has been a huge issue not only for me but for other families I know in the same situation. Families are sent home from the hospital and acute rehab with little or no idea how to set up their home environment and how to create a team of qualified professionals to work with their loved one to get them better. There is little to no ongoing support for most families once someone with a TBI is sent home ~ we are passionate about advocating for families and empowering them to be able to care for their beloved family member at home. My goal is to enlighten, educate and inspire caregivers to work with TBI patients and feel comfortable that I can recommend services to families looking for caregiver help. I am particularly focused on the severe end of the TBI spectrum as that is what is closest to my heart and I know from personal experience that with the right help and therapies in place, change can continue to be progressive and dynamic.

Take a look at some of the feedback that we received from our 1st Seminar last Fall:

"Very informative. Very helpful in any professional practice."

"Next time, please make it a day's workshop."

"Excellent information. Inspiring and hopeful"

"Loved the video at the end showing how far Cheyne has come. Amazing man."

Let us know if we can include you or someone you may know in our upcoming Seminar. For more information please visit our website: Cheynesbrain.org or email us at Karen@cheynesbrain.org.

With gratitude,
Cheyne's Brain Foundation
Karen Macbeth